

Section 4 2026



Kosher for Passover Product lists



Every house contains hundreds of products that do not require Passover certification. However those products should be examined before being used on Pesach. Included now is a basic list to help you get started. **On the following pages we include many products that do not require Passover certification.**

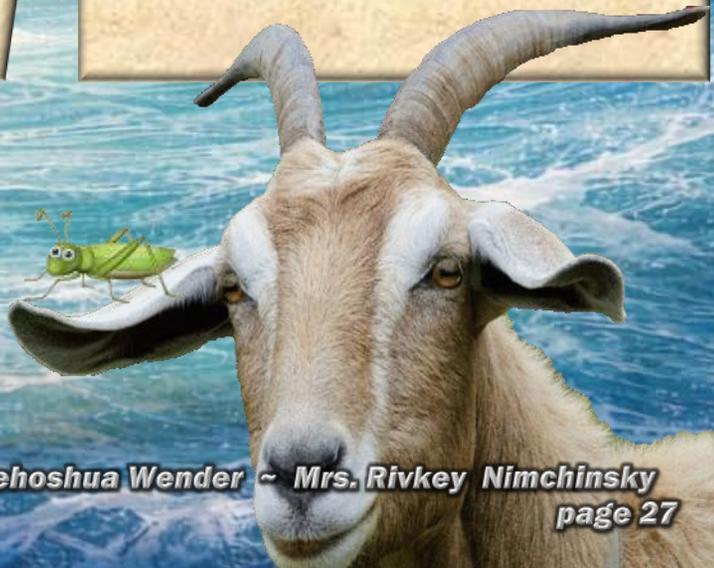
Products that already have Passover certification on the packaging might not be listed here.

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All PROCESSED products WITHOUT SPECIAL PASSOVER SUPERVISION MUST be PURCHASED PRIOR TO PESACH.

Section iv- Products

- BASIC PRODUCTS LIST (28-45)
- EVERYTHING COCONUT (30)
- COFFEE (30-31)
- FISH (33)
- MEAT (36)
- MILK (36)
- EVERYTHING NUTS (37)
- OIL NOTES (38)
- PAPER GOODS (39)
- SODA/WATER NOTE (43)
- VEGETABLES (43)
- KITNIYOS (45)
- BAKING SUBSTITUTES (46)
- IMPORTANT ZMANIM (47)
- PAID ADVERTISEMENT / IN SYNC (48)



ALERT:
Folger's Decaf coffee is NO LONGER KFP!

From the COR:
KFP items sold at Costco not needing KFP symbol:
<https://cor.ca/2026/03/2026-cor-costco-other-retailers-list-for-passover/>

From the OU:
Food item basic products:
<https://oukosher.org/passover/food-items/>

2026 Basic Product List

ACCEPTABLE FOR USE ON PESACH, UNLESS OTHERWISE NOTED.

PLEASE NOTE THAT THE FOLLOWING IS JUST A BASIC LIST TO HELP GET YOU STARTED.



- ☞ **Air Freshener** - All are acceptable.
- ☞ **Alcohol** - All *Isopropyl* may be used.
- ☞ **Aluminum disposable containers & tins** -- See *Paper Goods*.
- ☞ **Aluminum foil** -- See *Paper Goods*.
- ☞ **Ammonia** - All are acceptable for *Pesach*.
- ☞ **Antibacterial Ointment & cream** - Neosporin original ointment; Neosporin cream.
 - ↳ **Neosporin Eczema Essentials** contains *Chametz* ingredients.
- ☞ **Antidepressant** - Sarafem [manufactured by Allergan].
- ☞ **Apple Juice** - All forms of Apple Juice (frozen, bottles and boxes) need special Passover supervision. *Also see Juices*.
- ☞ **Baby Formula** – the following baby formula may be used on *Pesach* (and all year long) without Passover certification, as long as they have OU Kosher certification on the label: 365 Everyday Value; Berkley & Jensen; Bobbie; Bright Beginnings; Byheart Whole Nutrition; Comfort; Cottontails; CVS; Daily Source; Earth's Best; Enfacare [all liquids, all powders]; Enfagrow [all liquids, all powders]; Enfamil [all liquids, all powders]; Enfaport [all liquids, all powders]; Food Lion; Full Circle; Gerber Good Start; Giant; Giant Eagle Baby; Hannaford; Happy Baby; H-E-B; Home 360 Baby; Isomil [all liquids, all powders]; Ketonex; Kirkland Signature; Laura Lynn; Lidl; Little Journey; Meijer Baby; Member's Mark; Mom to Mom; Mother's Choice; Nature's Place; Nestle Good Start; Next Step; Parent's Choice; Premier Value; President's Choice; Price Chopper; Prosobee [all liquids, all powders]; Puramino; Publix; RCF; Rite Aid; Shopko; Signature Care; Similac [liquids, all powders]; Simply Right; Stop & Shop; Sunrise; Supervalu; Target; Tippy Toes by Topcare; Top Care; Topco; True Goodness; Tyrex; Up & Up; Vermont Organics; Walgreens; Wegmans; Well Beginnings; Wellsley Farms; Western Family. *However, they should be served and prepared in separate utensils because they contain kitnyos, which is permitted only to children.*

- ☞ **Baby Food** - requires Passover certification.
- ☞ **Baby Oil** - Any brand is acceptable.
- ☞ **Baby Ointment** - A&D and Desitin do not contain *chametz* ingredients.
- ☞ **Baby Powder** - Johnson's Baby Powder. Also any pure talc, talcum powder, cornstarch, or other ingredients that do not contain pure *chametz* (such as Oat Flour) may be used on *Pesach*.
- ☞ **Baby Wipes** - any brand that is alcohol free.
- ☞ **Bagged Carrots** — See *Vegetables*.
- ☞ **Bagged Salad** — See *Vegetables*.
- ☞ **Bags, Paper / plastic** -- See *Paper Goods*.
- ☞ **Baking Powder** - Requires *Passover* supervision.
- ☞ **Baking Soda** - Arm & Hammer Baking Soda; also any other pure bicarbonate brands may be used on *Pesach*.
- ☞ **Balloons** - Any without powder.
- ☞ **Bamba Snacks** from Osem with Passover certification may only be consumed by those who eat *Kitnyos* on *Pesach*. The OU Passover-Kitnyos symbol must appear on the label for those who eat *Kitnyos* on *Pesach*.
- ☞ **Band-aids** - Any.
- ☞ **Bleach** - All are acceptable for *Pesach*.
- ☞ **Braces, Bite Plates**:
 - ↳ Clean thoroughly when finished eating last *Chametz* before *Pesach*.
 - ↳ Wax used for braces may be used on *Pesach*.
 - ↳ **Orthodontic Rubber Bands**: Elastics and rubber bands used with braces may be coated with corn starch (even though no mention may appear on packaging) and should be rinsed well under cold water before using on *Pesach*.
- ☞ **Brita Water Filter / pitcher** - A separate Brita pitcher and filter may be used on *Pesach*. Any brand of water filter may be used, but it should be a new filter.
- ☞ **Broom & Dustpan** - One should have a separate broom & dustpan for *Pesach*.

גמ"ד



☞ Brown sugar - May have yeast; needs supervision.

↳ The following brands of Brown Sugar

Granulated Only may be used on Pesach with regular OU certification (no "P required") - Bowl & Basket; • Good & Gather.

↳ Domino usually has year-round KFP certification on the packaging from the OK. Check each label to be certain.

☞ Butter - Needs Pesach supervision.

☞ Candles - Any (including scented).

☞ Canned fruit - Canned fruit, even in its own juice, needs certification for Pesach.

☞ Canned Vegetables - Needs Pesach supervision.

☞ Charcoal - All unflavored may be used on Pesach.

☞ Chinet paper products — See *Paper Goods*.

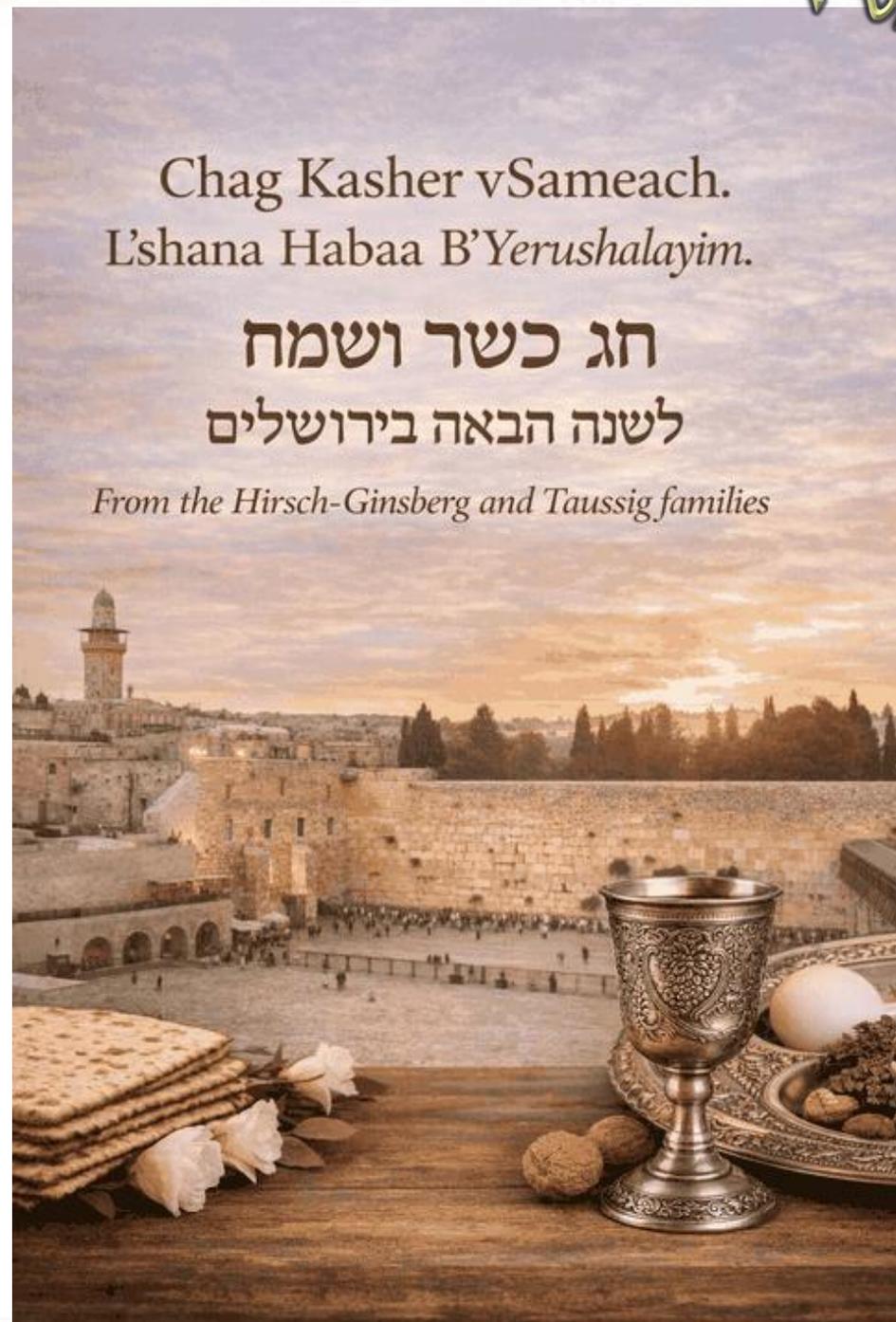
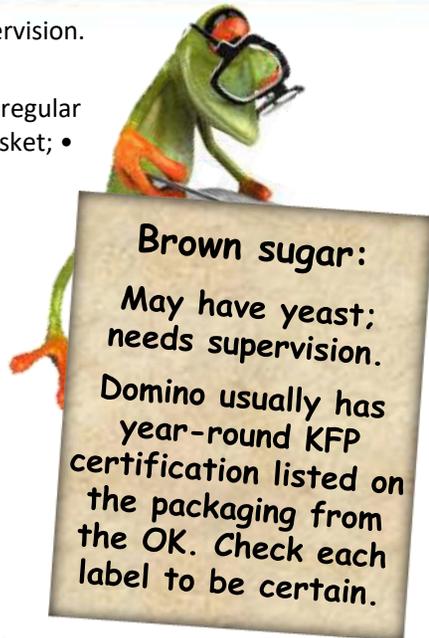
☞ Cleansers - See "Detergents (cleansers)".

☞ Club soda - Needs Passover supervision. Also see "soda".

☞ Cocoa - (1) Any new container of domestically produced 100% pure cocoa may be used. (2) Cocoa produced in Europe needs special Passover certification. (3) If the label states that it was processed in a plant that produces kitniyos or chametz, then Passover certification is also required.

↳ **Hershey's Pure Cocoa Powder** (original regular 100% cocoa) is acceptable for use on Pesach with regular O-U certification.

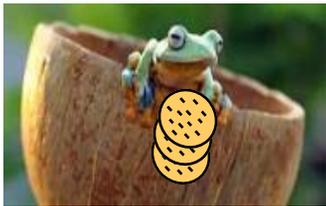
↳ **Hershey's Special Dark Cocoa** is not the same as original regular Hershey's Cocoa, and **SHOULD NOT BE USED** on Pesach unless it has special Passover certification on the label.



Chag Kasher vSameach.
L'shana Habaa B'Yerushalayim.

חג כשר ושמה
לשנה הבאה בירושלים

From the Hirsch-Ginsberg and Taussig families



Everything Coconut

⇒ **Coconut** — Whole in shell may be used on Pesach.

⇒ **Shredded Coconut**— requires Passover certification, unless otherwise noted.

↳ **Shredded Coconut [cRc]** — with regular cRc



certification that is unsweetened and unflavored may be used on Pesach without additional Passover certification.

(However, any shredded coconut that is sweetened or flavored with cRc

certification requires additional Passover certification.)

⇒ **Coconut Flour** — requires Passover certification.

↳ **Miditer Organic Coconut Flour and Miditer Organic Coconut Cake** with regular Star-K certification may be used on Pesach without additional Passover certification.

⇒ **Coconut Sugar** — requires Passover certification.

⇒ **Coconut Smoothie** - Trader Joe's brand with regular Kosher Check Symbol may be used on Pesach.

⇒ **Coconut Water** - Trader Joe's brand with regular Kosher Check Symbol may be used on Pesach.

⇒ **Coconut Oil** - requires Passover certification.

↳ **Virgin Coconut Oil** with regular OU certification may be used on Pesach.

↳ **The following Coconut Oils may be used on Pesach with reliable hechsher without additional Passover certification on the label:**

• **Amazon Grocery Virgin Coconut Oil** with regular OU certification

• **Kirkland Signature brand Organic Virgin Coconut Oil** with regular KLBD certification may be used on Pesach.

• **Miditer: (1)** Organic Refined Bleached Deodorized Virgin Coconut Oil; **(2)** Refined Bleached Deodorized Coconut Oil; **(3)** Virgin Coconut Oil Organic — with regular Star-K certification

• **Organic Great Value Virgin Coconut Oil** with regular OU certification.



• **Trader Joes (label) Extra Virgin Coconut Oil** with the BCK (or Kosher Check) Kashrus symbol the BCK (or Kosher Check) Kashrus symbol.

• **Trader Joes Virgin Coconut Oil** with OU certification may be used on Pesach.

• **Vita : Virgin Coconut oil** with regular OU certification.

↳ **Extra Virgin Coconut Oil, Coconut Water and Coconut Smoothie** that is sold under the **Trader Joes label**, bearing the BCK or Kosher Check Kashrus symbol, may be used on Pesach without additional Passover certification.



Policy Update
– **Virgin Coconut Oil**–
The Orthodox Union (OU) has reverted to its previous policy regarding virgin coconut oil.
Virgin coconut oil is acceptable for Pesach with regular OU certification. Special Kosher for Passover certification is not required.

Alert Update
– **Folgers Decaf Coffee** –
Decaffeinated coffee from Folgers is no longer acceptable for Pesach due to a change in the decaffeination process that occurred over the past year.
However, containers that were purchased before last Pesach and set aside with Pesach products may still be used. Any Folgers decaf purchased after Pesach last year should not be used for Pesach.

Coffee!

⇒ **Whole unflavored coffee beans** that are not decaffeinated do not need certification for Passover.

↳ **Whole coffee beans** intended for Pesach should not be ground in a machine that has been used for grinding flavored coffee, unless the machine has been thoroughly cleaned first.

⇒ All unflavored ground coffees are acceptable for Passover use when bearing an OU, including the following:

The following **Ground & Whole Bean (prepackaged) unflavored coffee that are not decaffeinated** may be used on Pesach without Passover certification:

7-Eleven; Chock Full O'Nuts; Dunkin' Donuts; Eight O'Clock; Essential Everyday; Folger's; Great Value; Green Mountain Coffee; Hill Country Fare; Kirkland Signature; Kirkland Signature International; Kroger; Maxwell House; Nature's Promise; Nescafe; Nescafe Taster's Choice; Nestle; Newman's Own Organic; Parade;

Signature Select; Starbucks; Starbucks VIA Instant; Taster's Choice; Trader Joe's.

⇒ **Decaf Coffee** - Requires Passover certification.

↳ **Folgers Unflavored Decaf—no longer acceptable for use on Pesach!**



Coffee continued on next page →



More coffee!



↳ **Sanka & Maxwell House** – Some varieties have an OK-P for Pesach.

⇒ **Instant coffee** requires KFP supervision, except for the following brands, which are acceptable for use on Pesach without special KFP certification:

↳ **Folgers** – All unflavored regular instant (including Classic Roast)

↳ **Folgers** – All unflavored decaffeinated instant Folgers coffee no longer acceptable for use on Pesach!

↳ **McCafe**—Premium Dark Roast.

↳ **Maxwell House**—Regular Unflavored Ground.

↳ **Nescafé Taster's Choice** – Regular instant coffee [including House Blend and French Roast].

↳ **VIA Instant Coffee** – Regular.

⇒ **K-Cup coffees and teas** - The brewer machines may not be used on *Yom Tov* or *Shabbos*, and the brewer machine itself must be one that is only used for *Pesach*.

↳ K-cups require Passover certification.

↳ The following **unflavored not decaffeinated**

K-cups, Vue cups, Bolt Packs, and Single Serve Coffee with an OU may be used on Pesach without any Passover certification from several brands including: Amazon Fresh • Chock Full O’Nuts • Dunkin’ Donuts • Eight O’Clock • Folgers • Great Value • Kirkland Signature • Krispy Kreme Doughnuts • Kroger • McCafe • Nescafe Taster’s Choice • Newman’s Own Organic • Staples • Tim Hortons.

⇒ **Coffee filters** – Any brand.

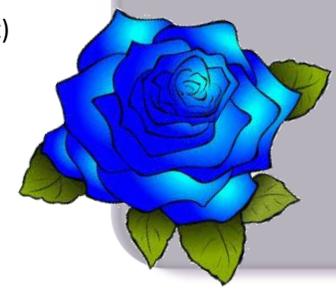
⇒ **Coffee substitutes** — such as Postum & Teeccino, often contain *chametz* and should not be used on *Pesach*.

⇒ **Confectioners sugar** - Real confectioners sugar may not be used because it contains corn starch. Imitation confectioners sugar, when available, Needs reliable “non-Kitniyos” Passover certification.

⇒ **Contact Lenses** - All contact lens solutions, cleansers, enzymers, etc. are acceptable for *Pesach*.

⇒ **Contact Paper** -- See *Paper Goods*.

⇒ **Copper & Silver Cleaner** - Hagerty and Goddard’s brands may be used on *Pesach* with regular OU Kosher certification.



In honor of Rivkey Nimchinsky,
for her many many years of
dedication
to YI and the
Pesach Planner.

And to our friendship.

☺ Janice Kusin

⇒ **Crock Pot Liners** -- See *Paper Goods*.

⇒ **Cupcake holders**-- See *Paper Goods*.

⇒ **Cups: Plastic, Styrofoam** , Paper-- See *Paper Goods*.

⇒ **Cutlery, Plastic**-- See *Paper Goods*.

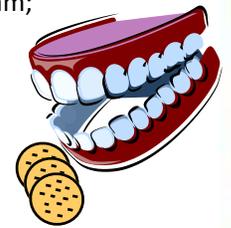
⇒ **Dates** - Needs Passover supervision. (Also see *Dried Fruit*.)

⇒ **Dental Floss or Dental Picks** - Any unflavored brand, including waxed.

⇒ **Denture care** -

⇒ Clean dentures thoroughly when finished eating *Chametz* before *Pesach*.

⇒ **Denture Adhesive & Cleansers** - Denture-Fit Adhesive; **Efferdent Denture** [Adhesive; Cleaner Tablets; Fresh Guard Soak; Power Clean Crystals]; **Fixodent** [Complete, Control, Cream; Denture Cleanser w/Proguard; Powder Adhesive; Complete Original; Complete, Control, Cream; Denture Cleanser w/Proguard; Powder Adhesive; Ultra Max Hold]; **Polident** [Denture Cleaner Tablets; Overnight Denture Cleaner; Partial; Smokers Denture Cleaner]; **Super Poli-Grip** [Adhesive Cream, Ultra Fresh; Extra Care w/Poliseal Adhesive Cream; Original, Powder].



☞ **Deodorants - All powder and solid stick powders are acceptable.**

The following sprays and roll-ons may also be used:

Arm & Hammer Essentials Deodorant; **Arrid** [Aerosol; Gel; Solid; Spray Deodorant]; **Irish Spring** Deodorant & Antiperspirant [all]; **Lady Speed Stick Deodorant** [all]; **Mennen Speed Stick** Antiperspirant [all varieties]; Deodorant [all varieties]; **Old Spice** Deodorant [Aluminum-Free Pure Sport; Gentle Man's Collection; High Endurance stick; Red Zone Solid; Red Zone Swagger Invisible Solid; Total Body Deodorant Stick]; **Right Guard** Antiperspirant/Deodorant [stick]. **Right Guard Sport** Antiperspirant/Deodorant [stick]. **Right Guard Stealth** [clear stick]. **Right Guard Xtreme** Antiperspirant/Deodorant [stick]. **Secret** [Aluminum Free Deodorant]. **Sauve** Anti Staining [Invisible Solid Antiperpirant Deodorant-Sweet Pea & Violet]; **Sauve Fresh** [Anti Staining 48-Hour Antiperspirant & Deodorant]; **Sure** Deodorant. Antiperspirant [all]. **Ultramax** [Gel, Solid].



☞ **Detergents / Cleansers - All O-U are acceptable for Pesach when bearing a regular O-U or other reliable Kosher certification, without special Passover certification. Included is an additional list:**

(Note: all bleach are acceptable for use on Pesach) Ajax; Clorox; Easyoff; Fantastik; Hagerty; Lysol; Mr. Clean; Murphy's; Pine-Sol; Soft Scrub; Windex.



☞ **Detergents (laundry) - Any with reliable Kosher certification may be used on Pesach. Included is an additional list that may also be**

used on Pesach: Arm & Hammer [liquid & pods]; Xtra [liquid & pods]; All Proctor & Gamble Brands of detergents & cleansers.

☞ **Detergents (dishes) All O-U and cRc are acceptable. Included is an additional list:**

Ajax; Cascade; Dawn; Ivory; Palmolive.

☞ **Dramamine-** [Less Drowsy Tablets; Nausea; Nausea Long Lasting; Original Formula; For Kids; Original,] manufactured by Prestige Brands, *may all be used on Pesach.*



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☞ **Dried Fruit** - needs Passover supervision.

↳ Kirkland [Costco] Sunsweet Dried Plums / Pitted Prunes with a Triangle K-P is acceptable for use on Pesach.



⇒ **Dried Fruit & Nuts locally purchased:**

Houston Pecan has a very large variety of HKA Passover certified dried fruits and nuts. HKA Passover certification must be on each package. Check out their Passover selections here: <https://houstonpecan.com/pages/passover>. (Also see Nuts.)



☞ **Eggs** - Should be purchased before *Pesach* when possible.



☞ **Ensure - All Shakes, all liquids, all powders, all flavors [with the exception of "bars"] may be used on Pesach.**

↳ Also see *Glucerna*.

☞ **Fabric Softeners** - Any.

☞ **Fabric Protectors**- Any.



Fish FACTS:

Fresh Fish:

⇒ If purchasing **fresh fish** for Pesach from the store, you must bring your own Kosher for Passover fish knife and cutting board, unless the fish area in the store has been *kashered* specifically for Pesach.

Frozen Fish:

⇒ During the year raw frozen unseasoned fish without Kosher certification may be used only if you can see the skin and scales on each piece.

⇒ **Passover certification is required on frozen fish for Pesach, unless otherwise noted.**

Frozen Salmon vs. all others:

⇒ Frozen Salmon should not be used on Pesach without proper Passover Certification because it may have been soaked in corn syrup or corn starch before being frozen. **This information will not appear on the package!**

Exceptions:

The following Fish may also be used on Pesach with a regular OU on the label, and does not require additional Passover certification.:

- ⇒ Costco: Tilapia
- ⇒ Kirkland Signature: Boneless Farmed Atlantic Salmon;
- ⇒ Kirkland Signature: Salmon Portions, Skinless;
- ⇒ Kirkland Signature: Skin-On Boneless Wild Sockeye;
- ⇒ Kirkland Signature: Portions, Tilapia Loins
- ⇒ Members Mark: All Natural Tilapia.



Frozen Fish from the Kof-K

Unfortunately, due to a change in production methods in some companies in Chile involving citric acid (which is Kitniyos), the Kof-K can no longer make a blanket statement regarding fish for use on Pesach that is under their supervision.

Therefore, frozen fish under Kof-K supervision requires Passover certification on the packaging.

There are a few brands of Kof-K supervised frozen Whiting and Salmon that do not require special Passover certification. *We will post the information on our updates page when it becomes available to us.*

Processed Fish:

- ⇒ Gefilte fish (frozen, jarred, etc.) requires Passover supervision.
- ⇒ Lox requires Passover supervision.
- ⇒ All prepared Fish & Fish Salads require Passover supervision.



Kosher Fish locally purchased in Houston:

- All HKA certified Kosher fish must ALSO include Kosher for Passover indicators on the packaging in order to use on Pesach.

Pesach Egg Substitute Option

If you're baking on Pesach and need an egg substitute, use 1/4 cup of unsweetened KFP applesauce per egg. For a lighter texture, you can add an extra 1/2 teaspoon of KFP baking powder to the dry ingredients.

The Ratio: 1 egg = 1/4 cup applesauce.

Use unsweetened applesauce so it doesn't throw off the sweetness of your recipe!





Whole Cranberries!

☞ **Food Coloring** - Needs Passover certification.

☞ **Foot Care - Eucerin**
Advanced Repair Foot Cream; **Gold Bond** [Diabetic Skin Relief Foot Cream; Foot Cream; Healing Foot Cream; Healing & Hydrating Cream; Medicated Foot Powder; Ultimate Softening Foot Cream]; **Gordon's No Five Spray** foot powder.

☞ **Frozen fruit** - whole, sliced or formed frozen fruit may be used (without added syrup, ascorbic acid, citric acid, or vitamin C) without special KFP supervision. Frozen fruits that are prone to infestation (such as strawberries) requires a reliable Kashrus symbol year-round. (Also See Fruit.)

☞ **Frozen fruit juices** - all unsweetened frozen concentrate 100% orange and 100% white grapefruit juices with **no** sweeteners, additives, preservatives, or enrichments (such as calcium) may be used on Pesach, even without regular Kosher certification. **They do not need to be "Grade A"**. All other Frozen juice requires Passover certification. (Also see Juices.)

☞ **Fruit** - All fresh fruit are acceptable.
(Also see Canned fruit, Frozen fruit & dried fruit.)

☞ **Fruit peeled or cut - As a general rule, all peeled or cut fresh fruits need to have Kosher for Passover certification.**

☞ **Furniture Polish** - Any.

☞ **Garbage bags** -- See **Paper Goods**.



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☞ **Garlic** -

- ↳ **Fresh garlic** should be purchased prior to *Pesach*.
- ↳ **Peeled garlic** needs Passover supervision.
- ↳ **The following Peeled Garlic may be used on Pesach with regular Star-K certification, no "P" required provided that it has no additives**
 - ▶ 365 Organic peeled garlic [must say "product of USA or Mexico" on the packaging]
 - ▶ Little Salad Bar (Aldi's) peeled garlic [must say "product of USA or Mexico" on the packaging]
 - ▶ Spice World peeled garlic [must say "product of USA or Mexico" on the packaging]
 - ▶ West Creek: Bulk Garlic, Whole; & Peeled Garlic [must say "product of USA" on the packaging]



☞ **Gelatin** - Most "Kosher gelatin" is made from non-kosher animals and its' *kashrus* is very questionable. Many products containing this questionable "kosher gelatin" have unacceptable supervision and therefore their purchase is strongly discouraged all year. Unless

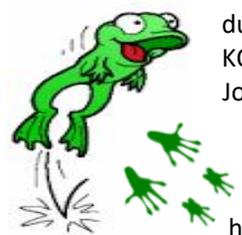
there is proper Kosher certification on the packaging, products containing Gelatin should be avoided and not considered to be *Kosher*.

↳ Jell-o, "kosher marshmallows", and many brands of yogurt which carry a "K", contain gelatin and should not be used.

↳ Joyva products are normally under the supervision of the KOF-K during the year. However, the KOF-K **DOES NOT** supervise any Joyva products for Passover because they may contain *Kitniyos*.

↳ **Additionally, Joyva products are NOT recommended for Passover use even when marked Kosher for Passover.**

↳ Marshmallows with proper *Kosher* certification still need to have Passover certification in order to be used on *Pesach*.



From the OU
"A few – not all – of the Ensure, Glucerna, Pediasure and Jevity products contain oat fiber; the OU has determined that the fiber is not chametz, and the products are permitted to be consumed on Passover."



☞ **Glass Cleaner** - See "Detergents / Cleansers".

☞ **Glucerna** - All Shakes, all powders, all flavors [with the exception of "bars"] may be used on Pesach, **ONLY if product of the USA.** (Also see Ensure.)

Note from the OU "A few – not all – of the Ensure, Glucerna, Pediasure and Jevity products contain oat fiber; the OU has determined that the fiber is not chametz, and the products are permitted to be consumed on Passover."

☞ **Glue** - All are acceptable for Pesach.

↳ All Elmer's & Krazy Glue products are *chametz free*.

↳ **Elmer's Finger Paints** contain *chametz*.

☞ **Hand Cream & Lotions** - **Aquaphor** Healing Ointment; **Eucerin** [Advanced Repair Cream; Advanced Repair PM Scented Light Lotion; Daily Hydration; Intensive Repair Very Dry Skin Lotion; Original Healing Smoothing Repair Crème, Lotion; Professional Repair Extremely Dry Skin Lotion]; **Gold Bond** Healing & Hydrating Cream; **Pretty Feet & Hands** Rough Skin Remover.

↳ **Some Eucerin Eczema Relief treatments contain chametz ingredients.**



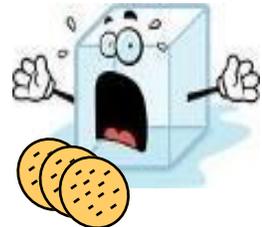
☞ **Hand Sanitizers** - Any without alcohol or ethanol. If the only alcohol it contains is isopropyl, then it may be used on Pesach.

↳ The following hand sanitizers are *chametz free* and may be used on Pesach: **Purell** Advanced Hand Sanitizer [foam, gel, wipes, instant foam].

☞ **Hand Soaps** - See Soap (Body & Hand).

☞ **Honey** - Needs Passover supervision.

↳ Kirkland brand (Costco house-brand) Honey usually has an OU-P on the label. Verify the label on each bottle.



☞ **Household Cleansers** - See "Detergents (cleansers)".

☞ **Hydrogen Peroxide** - Any brand.

☞ **Ice** - All plain water bagged ice may be used on Pesach.

☞ **Insect/Rodent Traps & Sprays** - Bait traps may contain *chametz* and should be sold along with your *chametz* during Pesach, unless it can be confirmed to be non-*chametz*.

↳ **All insecticide sprays may be used.**



☞ **Itch relief** – **Eucerin** Itch Relief Intensive Calming Lotion; **Itch-X** Spray/Gel; **Monistat** [Care Itch Relief Spray; Complete Care Gel, Chafing Relief; Miconazole Nitrate Suppository, Cream]; **Tinactin** [cream; powder spray].

☞ **Joyva products** - See Gelatin.

☞ **Juices** - All juices in bottles, boxes, cans or containers need Pesach supervision. (Also see **Apple Juice, Orange Juice, Frozen Juices, Lemon & Lime Juice.**)

☞ **Lactaid** - See Milk.

☞ **Lemon & Lime Juice** - "ReaLemon" (Lemon Juice) and "ReaLime" (Lime Juice and Lime Juice Concentrate) may be used on Pesach with Regular OU Kosher certification. Other brands should have Passover certification. (Also see Juices.)

☞ **Lip Therapy** - **Aquaphor** [Lip Protectant + ; Lip Repair Stick].

Chapstick Classic [Original; Strawberry Stick. **Burt's Bees** Beeswax with vitamin E & Peppermint. **CVS** (All Natural Beeswax.; **Lip Moisturizer** [Stick, Tube]; Lip Relief SPF 20].

☞ **Lysol** - All are acceptable on Pesach, including Disinfectant Spray.

☞ **Maple syrup** needs Passover certification.



From the COR:
Link here for items sold at Costco in the U.S. & Canada that are acceptable for Passover with regular kosher certification (no special Passover certification required).
<https://cor.ca/2026/03/2026-cor-costco-other-retailers-list-for-passover/>

From the OU
Food Items
Check the OU Passover product search for the most up-to-date product listings.
<https://oukosher.org/passover/food-items/>

Meat and Poultry:



- ⇒ Ground meat & ground poultry requires Passover certification.
- ⇒ From the OU: unless otherwise noted, all unseasoned OU raw meat and poultry in their original OU packaging is *Kosher for Passover* all year round.

However, ground beef and ground poultry that comes with an OU must have Passover certification.

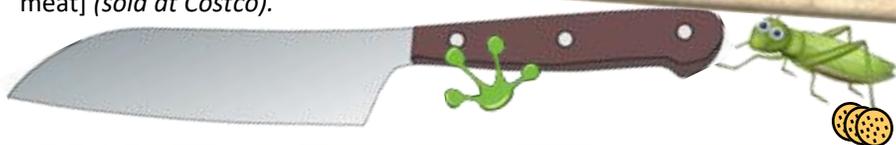
⇒ The OU also stated to us that nowadays liver is *Kashered* before being sold. The *Kashering* process for liver involves broiling. As such, liver requires Passover certification because it is a partially prepared food.

⇒ Turkey Burgers, corned beef, precooked meats, meats with sauce, frankfurters and deli all require Passover certification.

The following products in their original manufacturer packaging, are Kosher for Passover all year, without any special notation.

- ⇒ A. A. Rubashkin & Sons Beef & Poultry, raw unprocessed [including ground].
- ⇒ A. D. Rosenblatt Beef raw unprocessed [including ground, Diced beef, Ground beef, Raw lamb].
- ⇒ Aaron's Best Beef & Poultry, raw unprocessed [EXCLUDING ground].
- ⇒ Alle Beef, Lamb, Poultry & Veal, raw unprocessed [EXCLUDING ground].
- ⇒ David Elliot Poultry raw unprocessed.
- ⇒ Empire Poultry raw unprocessed [including ground but EXCLUDING 10 lb tube].
- ⇒ KJ Poultry Poultry, raw unprocessed [including ground].
- ⇒ Shor Habor Beef & Poultry, raw unprocessed [EXCLUDING ground].
- ⇒ Solomon's Glatt Kosher Beef & Lamb raw unprocessed [EXCLUDING ground].
- ⇒ Teva Beef raw unprocessed [including ground, raw beef, ground hamburger, raw meat] (sold at Costco).

NOTE:
THE ONLY HKA CERTIFIED MEAT AND POULTRY THAT SHOULD BE ASSUMED TO BE ACCEPTABLE FOR USE ON PESACH IS MEAT THAT IS PRODUCED DURING THE LAST FEW WEEKS BEFORE PESACH AND LABELED WITH A KFP STICKER.



Meat & Poultry - locally produced in Houston:

The only meat and poultry certified as *Kosher l'Pesach* by the HKA is produced in the weeks leading up to Pesach and labeled with a KFP sticker.

↳ Kosher for Passover meat, chicken, fish [with HKA KFP labels] are available at HEB [Meyerland Store] and Harova Market.



Milk:

Kosher for Passover milk will not be produced in Texas this year.

↳ **The best option is to buy ALL the milk needed for the ten days of Pesach before Wednesday, April 1st by 1:25 PM**

↳ This option only applies to unflavored white milk (and not for chocolate milk or any flavored milks). The reason the purchase of milk is allowed before Passover is that any trace of *chametz* from the vitamins or equipment will become nullified **ONLY** prior to Passover. Therefore, buying white milk after that time is not considered approved for kosher for Passover use!

↳ Note: You might want to freeze half of your milk for the later days of Pesach. A frozen gallon of milk takes about 20 hours to defrost at room temperature.

- ⇒ Vitamins added to milk may contain *chametz*.
- ⇒ Powdered milk with an OU-D may be purchased prior to Passover and used on Pesach.
- ⇒ Half & Half needs Pesach certification.
- ⇒ In case of need, Lactaid Milk can be used but it must be purchased before Pesach.
- ⇒ Lactaid Caplets may contain *chometz* and may NOT be used on Pesach.
- ⇒ Lactaid Drops - For those who add Lactaid to their milk, the Lactaid drops should be added to their container(s) of milk before their *chametz* is sold on Wednesday, April 1st. The rest of the unused Lactaid drops should be sold with their *chametz*.
- ⇒ Mineral Oil - All may be used.
- ⇒ Mineral Water - Any unflavored, non-carbonated, without added vitamins or other sensitive additives may be used on Pesach.





⇒ **Mouthwash - Arm & Hammer Truly Radiant** [Bright & Strong Mouth Rinse; Clean & Fresh Mouth Rinse]; **Listerine** [Cool Mint Antiseptic; Cool Mint Zero Alcohol; Fluoride Defense Anti Cavity; Freshburst; Original Antiseptic; Sensitivity Alcohol Free; Total Care Anticavity; Total Care Zero; Ultra Clean Antiseptic]; **Orajel** [My Little Pony Anticavity Fluoride Mouth Rinse; SuperMario Anticavity Fluoride Mouth Rinse].

⇒ **Nori** (seaweed sheets used for sushi) needs Kosher supervision all year long, and additional Passover certification for *Pesach*.

Everything Nuts:

⇒ **Nuts - Raw and no longer in their shell:**

⇒ **Walnuts, Almonds, Pine, etc:** Whole or chopped *raw* without any added preservatives or other additives [such as BHT or BHA] are approved for Passover.

Please note that if the label states that the nuts were processed in a plant that processes kitniyos or chametz, then it requires a reliable KFP certification (unless on an approved list).

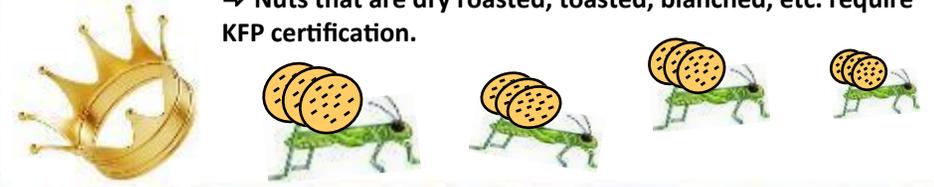
⇒ **Pecans:** Whole & half raw pecans that are no longer in their shell are similar to any raw nuts mentioned above as acceptable for use on *Pesach* if they are *raw* without any added preservatives or other additives [such as BHT or BHA].

↳ However, any pecan pieces, midgets, ground, meal, etc, must have KFP certification.

⇒ All whole nuts (still in shell) that are not legumes (such as peanuts, which are *Kitniyos*), may be used on *Pesach* without any Kosher certification.

⇒ Nut Products with BHT or BHA should not be used on *Pesach*.

⇒ Nuts that are dry roasted, toasted, blanched, etc. require KFP certification.





HOUSTON PECAN COMPANY
- EST. 1942 -
Selling a Full Selection of Nuts, Seeds & Dried Fruit

חג כשר ושמה!

We have a full selection of
Kosher for Passover
Nuts, Dried Fruit & Chocolates

7313 Ashcroft, Suite 212 Monday 8:30am-6pm
Houston, TX 77081 Tues - Friday 8:30am-5pm
nuts@houstonpecan.com 713-772-6216

<https://houstonpecan.com/pages/passover>

↳ The following OU certified *nuts* that do not contain any added ingredients or preservatives [such as BHA or BHT] may be used on *Pesach* if it has regular OU certification, without additional Passover certification— **Diamond** [Almonds, Chopped Pecans, In Shell Pecans, Pecan Chips, Shelled Pecans]; **Diamond Heirloom** [Pecans]; **Great Value** [Almonds, Chopped Pecans, Pecan Halves, Whole Pecans]; **Hillcrest** [Walnuts]; **Kirkland** [Whole Pecans, Half Pecans]; **Kirkland Signature** [Almonds, Walnuts, Whole Pecans, Half Pecans]; **Kroger** [Pecan Halves, Whole Pecans]; **Trader Joe's** [Almonds, Cashews]; **Trader Joe's Organic** [Almonds].



⇒ **Almond Milk** - Requires Passover certification.

⇒ **Almond Flour** requires Passover certification.

↳ **Kirkland Almond Flour** with either a Kof-K or KorcP on the label is acceptable for use on *Pesach*.

↳ **Barney Bakery Almond Flour** with regular OU certification, may be used on *Pesach* without additional Passover certification.

⇒ **Houston Pecan Company** has a large selection of Kosher for Passover nuts, dried fruit, and chocolates. HKA Passover stickers must be on each bag. All nuts are raw, except pistachios. <https://houstonpecan.com/pages/passover>. Call 713-772-6216 to place your Passover order.

OU Policy on nuts, clarified

The OU states that even the addition of salt to packaged, shelled nuts is considered an "added ingredient" and requires proper Passover certification for use on *Pesach*.

Why is salt a concern if non-iodized salt is already known to be acceptable? Because salt alone does not adhere to nuts without the addition of another substance. Therefore, the OU's policy is that shelled nuts must be free of all added ingredients or preservatives to be acceptable for *Pesach* use without proper Passover supervision.

In short : Unsalted, Unroasted, No Additives!

Also Note: raw nuts that are still in their shells are acceptable for use on *Pesach* without certification.

Oil Notes:



- ☞ **Regular Oil** - Needs *Pesach* supervision.
- ☞ **Avocado oil** - Needs Passover certification.
 - ↳ **Virgin coconut oil** is acceptable for *Pesach* with regular OU certification. Special Kosher for Passover certification is not required.
 - ↳ **Chosen Foods Avocado oil** and **Pure Avocado oil Spray** (with regular OU certification) may be used on *Pesach* without Passover certification.
 - ↳ **Pompeian 100% Avocado Oil, Non-Stick Cooking Spray** with regular **Star-K** certification may be used on *Pesach* without additional KFP certification.
- ☞ **Coconut Oil** - requires Passover certification.
 - ↳ **The following Coconut Oils may be used on Pesach without additional Passover certification on the label:**
 - **Amazon Grocery Virgin Coconut Oil** with regular OU certification
 - **Kirkland Signature brand Organic Virgin Coconut Oil** with regular KLBD certification may be used on *Pesach*.
 - **Miditer: (1)** Organic Refined Bleached Deodorized Virgin Coconut Oil; **(2)** Refined Bleached Deodorized Coconut Oil; **(3)** Virgin Coconut Oil Organic — with regular Star-K certification
 - **Organic Great Value Virgin Coconut Oil** with regular OU certification
 - **Trader Joes (label) Extra Virgin Coconut Oil** with the BCK (or Kosher Check) Kashrus symbol the BCK (or Kosher Check) Kashrus symbol
 - **Trader Joes Virgin Coconut Oil** with OU certification may be used on *Pesach*.
 - **Vita : Virgin Coconut oil** with regular OU certification

From Kosher Check for 2026
<https://www.koshercheck.org/trader-joes-kosher-for-passover-2026/>

- **Extra Virgin Coconut Oil** bearing the BCK Symbol (Kosher Check former Kosher Symbol, still in use by some companies)
- **Coconut Water** bearing the Kosher Check Symbol
- **Coconut Smoothie** bearing the Kosher Check Symbol



Look for our "updates page", to be used in conjunction with our *Pesach* Planner.

Our updates page may be adjusted throughout *Pesach*. You can find the updates on our *Pesach* Planner website:

<http://PesachPlanner.org>

- ☞ **Grapeseed Oil** requires *Pesach* supervision unless otherwise noted.
 - ↳ **Pompeian Grapeseed Oil** with regular **Star-K** certification may be used on *Pesach* without additional KFP certification.
- ☞ **Mineral Oil** - All may be used.
- ☞ **Olive Oil** - Regular olive oil requires KFP certification for use on *Pesach*.
 - ↳ **Extra Virgin Olive Oil** with Kosher Certification from the OU or cRc that is unflavored may be used on *Pesach* without additional KFP supervision.
 - ↳ **Light Extra Virgin Olive Oil, Pure Olive Oil, and Olive Oil Sprays** need to have Passover certification for use on *Pesach*.
 - ↳ **Pompeian Extra Virgin Olive Oil; 100% Spanish Extra Virgin Olive Oil; Pompeian Organic Extra Virgin Olive Oil spray** may be used with regular star-K certification on *Pesach* without additional KFP certification.
- ☞ **Orange Juice - Fresh Orange Juice** needs to have Passover supervision. Some of the national brands that are available in Houston (for example, Tropicana and Minute Maid) will have Passover certification printed on some of their varieties shortly before *Pesach*. **Remember to check each container before purchasing.** (Also see Frozen Fruit Juices.)
- ☞ **Orthodontic Rubber Bands:** See *Braces & Bite Plates*.
- ☞ **Oral pain care** - See *Toothache / mouth-ache..*
- ☞ **Oven Cleaner** - See *Detergents / Cleansers*.



Paper Goods:



- ⇒ **Aluminum disposable containers & tins** - Any brand, wash before using the first time.
- ⇒ **Aluminum foil** - All may be used on *Pesach*.
- ⇒ **Bags:**
 - ⇒ **Paper bags** - Any, for cold use only.
 - ⇒ **Plastic bags** - All may be used.
- ⇒ **Chinet® paper products** - Often have an OK-P (for Passover) on the packaging. *Check each package.*
- ⇒ **Coffee filters** – Any brand.
- ⇒ **Contact Paper** - All may be used.
- ⇒ **Crock Pot Liners** - All are acceptable. (Note: A separate crock pot unit is necessary for *Pesach*.)
- ⇒ **Cupcake holders:**
 - ⇒ **Foil cupcake holders** - All are acceptable.
 - ⇒ **Paper cupcake holders**- Require Kosher Passover certification because they may contain starch.
- ⇒ **Paperchef** with regular Star-K certification (no P required) may be used on *Pesach*.
- ⇒ **Cups:**
 - ⇒ **Plastic & Styrofoam cups** - Any plastic or Styrofoam.
 - ⇒ **Waxed Paper cups or Plastic Coated Paper cups** - For cold use only.
- ⇒ **Cutlery, Plastic** - All may be used.
- ⇒ **Garbage bags** - Any plastic can be used for food storage.
- ⇒ **Paper Napkins** - All may be used.
- ⇒ **Paper towel rolls** - Any brand may be used as follows: The first three sheets and the last sheet attached to the cardboard should not come into direct contact with food since a corn starch based glue may be used. The rest of the roll may be used with hot or cold.
- ⇒ **Parchment Paper** - Parchment paper needs year-round Kosher certification, and additional Passover certification for *Pesach* use, unless otherwise noted. Check each label. Many already have the "P" next to the *hechsher*.



↳ The following parchment paper are *Kosher for Pesach* without KFP symbol, when bearing regular Star-K Kosher certification — Amber Paper, Carnation, Chef Elite, H-E-B, Kirkland Signature, Papechef.

↳ **Geula & Gefen brands of parchment paper require OU-P for Passover.**



From Star-K Kosher:

Pesach Shiurim for Matzah & Wine - For healthy individuals and for diabetics / those with food allergies.

<https://www.star-k.org/articles/articles/seasonal/15813/pesach-shiurim/>

- ⇒ **Plastic wraps** - Any.
- ⇒ **Plates:**
 - ⇒ **Paper plates** - May have starch, **must** have KFP supervision.
 - ⇒ **Plastic coated paper plates** – For cold use only.
 - ⇒ **Plastic & Styrofoam plates** - All.
- ⇒ **Straws** - Any plastic.
- ⇒ **Tablecloths:**
 - ⇒ **Plastic tablecloths** - All clear plastic (non-powdered only) may be used. (For those that are pre-cut, ensure that the plastics are not attached to avoid *Shabbos* and *Yom Tov* problems.)
 - ⇒ **Paper tablecloths** May be used as long as hot food is not placed directly on it.
 - ⇒ Also see "Towels & tablecloths" in "*Kashering*" section.
- ⇒ **Wax Paper** - Should have *Kosher* certification all year, with additional Passover certification for *Pesach*. Check each label. Many already have the "P" next to the *hechsher*.
 - ↳ The following are *Kosher for Pesach* without KFP symbol, when bearing regular Kosher certification — Cut Rite; Essential Everyday; Reynolds.



Any plain STEEL WOOL, SCOURING PADS AND SPONGES WITHOUT SOAP MAY BE USED ON PESACH.



☞ **Paste** - May be *chametz*. (Also see *Glue*.)

☞ **Pet food** - Most pet foods contain *chametz* and cannot be owned or used during *Pesach*. Some canned foods are usable. Check the ingredients to make sure there are no grain by-products. Examples of Pet foods that would be considered to be *chametz* are those containing wheat (cracked, flour, germ, gluten, ground, grouts, middling, starch), barley (cracked, flour), oats (flour, grouts, hulled); pasta; rye; xanthan gum and brewer's dried yeast. Animal food with soy or corn and no *chametz* ingredients is acceptable for use on *Pesach*.



☞ **Note: animal foods which contain both meat and milk should not be used all year.** To learn about *Kosher* pet food restrictions please see the following article from the Star-K:

<http://www.star-k.org/articles/articles/seasonal/375/feeding-your-pet-barking-up-the-right-tree/>

☞ The following link includes *Pesach* pet food information from the cRc:

https://www.kashrut.com/Passover/pdf/crc_passover_2026_pets.pdf

☞ The following link includes pet foods approved for 2026 from the Star-K:

<https://www.star-k.org/articles/wp-content/uploads/pet-food-list.pdf>

☞ **Petroleum Jelly - Vaseline Petroleum Jelly** (original).

☞ **Plastic wraps** -- See *Paper Goods*.

☞ **Plates, all kinds** -- See *Paper Goods*.

☞ **Play-Doh** - Play-Doh is *chametz*.

"Knock offs" of Play-Doh are probably also *chametz*.

☞ **Postum** - See *Coffee substitutes*.

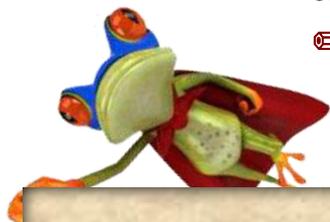
☞ **Quinoa** – Requires *Passover* certification, unless otherwise noted.

☞ Kirkland Brand Organic Quinoa 2.04kg (4.5 lb bag) Available on the West Coast (USA) and in Texas with a Star-K symbol and production code 049U, no P required.

☞ Quinoa is neither *chametz* nor *kitniyos*. However, since it grows in close proximity to other grains that are not permissible for use on *Pesach*, it requires *Passover* certification for use on *Pesach*.

☞ **Raisins require *Passover* certification.**

☞ The following raisins may be used on *Pesach* with regular *Kosher* certification (KFP not required) **provided that it is not oil treated (or that oil does not appear in the ingredient panel):** Gefen; Glicks; Great Value; H-E-B; Kroger; Signature Select; Sun Valley Raisins; Trader Joe's.



Some Raisins are treated with oils that are not permissible on *Pesach*. Only untreated raisins may be used without KFP certification. You must check the raisins on the adjacent list to make sure it is not treated with oils.



☞ **Roach control** - See *Insect / Rodent traps*.

☞ **Rubber Gloves** —

☞ Any without inner powder coating may be used.

☞ If packaging does not state whether there is a coating, then turn gloves inside out. If powder is not evident, then rub on dark fabric to confirm. If there is evidence of powder, then do not use near food.

☞ Disposable hospital gloves may contain oatmeal. If the packaging states that it contains oatmeal, then it should be sold and put away with the *chametz*.

☞ **Salad in bag** - See *Vegetables*.

☞ **Salt** - Any brand **without** iodine, dextrose or polysorbates. Magnesium carbonate or sodium silicate are fine for use on *Pesach*.

☞ The following brands of salt may be used on *Pesach* with regular *Kosher* certification (KFP not required) **if it is Non-Iodized:** • Artisan Salt Co. • Badia; • Kirkland Signature; • Morton; • Remarkable.

☞ **Scouring pads & Sponges:**

☞ Any plain steel wool (without added soap) may be used.

☞ Any Scouring Pads & Sponges without soap may be used.

☞ Any OU certified Scouring Pads and powders may be used without additional *Passover* certification.

☞ Sponges should not be used on *Shabbos* or *Yom Tov*, but may be used on *Chol Hamoed*.

☞ **Seltzer** - Unflavored seltzer does not require any *Kosher* certification during the entire year. On *Pesach*, any unflavored seltzer that does not list citrates as an ingredient may be used. All flavored seltzer requires KFP certification.





⇒ Shampoo & Conditioner—The following list of Shampoos & Conditioners do not contain *Chametz* ingredients:

Aveda Pure Abundance Volumizing Lotion; **Head & Shoulders** [Active Sport [2 in 1; Shampoo; Shampoo and 2 in 1]; Classic Clean [2-in-1; shampoo; conditioner]; Deep Clean [2 in 1; Conditioner; Shampoo]; Dry Scalp Care [2 in 1; shampoo; conditioner]; **Herbal Essence** Bio Renew Flexible Airspray Alcohol-Free. **Johnson's** [Baby Shampoo— Calming Lavender; Head to Toe Wash & Shampoo; No More Tangles [Conditioner; Detangling Spray]' **Pantene** Classic Care [Solutions shampoo; conditioner); Daily Moisture Renewal Nourishing shampoo; Dry Shampoo Spray; **Pantene Pro-V** Classic Clean (shampoo, conditioner); Daily Moisture Renewal (shampoo, conditioner); Flexible Hold Air Spray; Sheer Volume Shampoo; Smooth Airspray Alcohol Free Hair Spray. **Prell** — Classic Clean; **Selsun Blue** Full & Thick Shampoo; 2-in-1 Shampoo; Moisturizing Shampoo; Medicated Shampoo; **Suave** [Almond & Shea Butter Moistening Shampoo; Deep Moisture Hydrating Shampoo; Essentials Tropical Coconut Shampoo, Conditioner]; **Suave Kids**— Watermelon Wonder; 3 in 1 Watermelon Wonder Shampoo, Conditioner, Body Wash. **Tresemme** [Beauty Full Strengthening Shampoo; Moisture Rich Shampoo with Vitamin E; Rich Moisture Hyaluronic Plex shampoo].

⇒ **Shoe Polish** - Any brand.

⇒ **Silver Polish** - Any brand. (Also See "Copper & Silver Cleaner".)

⇒ **Soap (body & hand)** —The following list of body & hand soaps do not contain *Chametz* ingredients: **Coast Bar Soap** [all]. **Dial** Bar Soap [all]. **Dial** Body Wash [All except Oatmeal]. **Dial** [Foaming Hand Wash (all); Liquid Hand Soap (all)]. **Dove** [Bar Soap (all)]; **Dove Body Wash** [Cucumber & Green Tea; Deep Moisture body wash]; **Irish Spring** [Bar Soap (all); Body Wash (all)]; Ivory Bar Soap [Regular; Aloe]; Ivory Body Wash; **Palmolive** bar soap (all); **Softsoap** (bar soap; liquid soap).



⇒ **Soda** - All soda, diet soda and seltzer needs to have Passover supervision, and should be noted on each bottle or cap.

⇒ **Sodastream™** - Carbon dioxide cylinders and Carbon Dioxide Gas Filling may be used on *Pesach* without additional Passover certification. See "Appliances" in section 1 of this guide for more info on Sodastream™.

⇒ **Spices** - All ground spices need Passover supervision. Any whole (unground) spices do not need KFP supervision. Ashkenazim should be mindful of whole spices that are *Kitniyos*, such as mustard.

⇒ **Sponges** - Any without added soap. Also see "Scouring pads & Sponges".

⇒ **Straws** -- See *Paper Goods*.

⇒ **Sugar - Sugar - White Granulated:**

↳ The following **White Granulated Sugar** may be used on *Pesach* with regular OU certification: 365 Whole Foods Market; H-E-B Organics; Kirkland Signature; Trader Joe's; Whole Foods - Bulk Goods.

↳ Any brand of regular granulated sugar without additives that carries the CRC symbol, may be used on *Pesach* without a special Passover marking.

↳ Any brand of pure cane or beet sugar without added dextrose, that carries the Star-K symbol, may be used even without a special Passover marking.

↳ Domino sugar is usually *Kosher for Passover*, and has a Passover symbol on the packaging.

↳ *Brown Sugar and Confectioners Sugar* both require Passover certification. Please see those sections in this guide for more information.

⇒ **Sweeteners** - Artificial and other sweeteners need *Pesach* supervision.



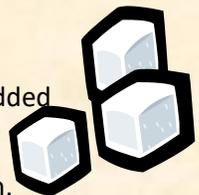
Sugar on Pesach?

⇒ **REGULAR GRANULATED SUGAR** without dextrose added may be used, even without a Passover symbol.

⇒ **BROWN SUGAR** may have yeast so it needs supervision.

⇒ **REAL CONFECTIONERY SUGAR** may not be used because it contains corn starch. It would need to have reliable "non-Kitniyos" Passover certification, if available.

⇒ **SWEETENERS** - Artificial and other sweeteners need *Pesach* supervision.



Click HERE for PASSOVER INFORMATION FROM THE JEWISH DIABETES ASSOCIATION
http://www.jewishdiabetes.org/article.asp?sivug_r=18&sivug_m=142
Click HERE for A Diabetic's Guide To PASSOVER
<http://www.kashrut.com/Passover/pdf/FriendsWithDiabetes.pdf>

☞ **Suntan Lotion & Sunscreen** - Cetaphil [Sheer Mineral Sunscreen; Sun Tinted Face SPF 40]; Eucerin [Advanced Hydration SPF 50 Sunscreen Spray; Age Defense SPF 50 Sunscreen; Baby Sensitive Mineral SPF 50 Sunscreen; Oil-Control SPF 50 Sunscreen; Sensitive Mineral Sunscreen Lotion SPF 50]; Neutrogena [Sheer Zinc Dry-Touch Sunscreen SPF 50; Ultra Sheer Dry Touch Sunblock SPF (30; 70)].



☞ **Tablecloths, paper & plastic** -- See *Paper Goods*.
 ➔ Also See "Towels & tablecloths" in "Kashering" section.
 ☞ **Tea - Flavored Tea Bags, Instant Teas and Herbal Teas** need special Passover supervision.



➔ All unflavored regular tea bags (not decaf) are acceptable for *Pesach* without special Passover supervision.
 ➔ All unflavored regular Pure black, green & white tea bags (not decaf) are acceptable for *Pesach* without special Passover supervision.

➔ **Lipton Decaffeinated teabags are no longer Kosher for Passover.**

↳ Lipton regular teabags that are unflavored, not decaf and not herbal are usable for *Pesach* without a "P".

➔ Instant tea requires Passover certification, unless otherwise noted.
 ➔ **Swee-Touch-Nee** makes a 97% caffeine free tea and an herbal tea for *Pesach*. Look for Passover certification.

☞ **Tonic water** - requires *Kosher* certification throughout the year, and additional Passover certification for use on *Pesach*.

☞ **Toothache / mouth-ache** – Baby Orajel [Naturals Teething Gel, Nighttime; Naturals Teething Tablets; Teething Gel(all), tablets]; • Orajel Denture Pain relief Gel; • Orajel Cold Sore Cream; • Orajel Mouth Sore [Gel; Rinse (all); swab]; • Orajel Maximum Strength [Gel; Toothache Liquid]; • Orajel Medicated Teething [Gel, Nighttime; Swabs]; • Orajel Severe Pain [Formula Cream; PM]; • Orajel Severe Toothache Cooling [Gel; liquid]; • Orajel Single Dose Cold Sore Treatment; • Orajel Teething Gel • Orajel Toothache Pain Relief [Max strength, Severe].

☞ **Toothpaste-** • Aim [all]; • Arm & Hammer [all]; • Baby Orajel Tooth & Gum Cleanser [all]; • Close Up [all]; • Colgate [all] **uses Vege Glycerin**; • Colgate Optic White • Colgate Optic Whitening Pen • Colgate Sensitive Pen • Crest 3D White [Advanced Vivid Invigorating Mint; Refreshing Mint]; Vivid Radiant Mint; Glamorous White, Fresh Mint]; • Crest Baking Soda Peroxide; Protection Gel & Paste; Clinical Sensitivity [all]; Complete Multibenefit [all]; for Kids [all]; Pro-Health; Tarter Protection; Whitestrips); • **Orajel** (Anticavity Fluoride; Complete Protection; Elmo Tooth & Gum Cleanser [all]; Fluoride-Free Training; My Way Boys Fluoride; My Way Girls Fluoride; Sensitivity Relief; Toddler Training [All]; Toothpaste [All]); • **Pepsodent** (all); • **Prevident** (Varnish [Prescription only]; 5000 Plus; 5000 Plus/ Brush on Gel [Prescription only]; Brush-On Gel, Mint / Prescription only)]. **Ultradrite** (all).



↳ **Sensodyne** [Clinical White-Enamel Strengthening & White Intensive Clean; Pronamel; Sensitivity & Gum Clean & Fresh; Sensitivity & Gum Whitening]) contain chametz ingredients.

MUST BE A NEW TUBE OF TOOTHPASTE AND A NEW TOOTHBRUSH.

- ☞ **Toothpicks** - Any Wood or Plastic that are unflavored.
- ☞ **Tuna** - needs *Pesach* supervision.
- ☞ **Vaseline Petroleum Healing Jelly** [Original].



Note to self... Pesach cleaning is NOT Spring cleaning.
 Stay focused on the job at hand!
 Read page 12



White Granulated Sugar & Brown Sugar with OU certification:
 Due to the increasingly common use of Passover questionable processing aids used in the manufacture of sugar, OU Kosher has decided to limit the brands recommended for Pesach use, to those with the OUP symbol, except if it is on their specific list of approved sugars that do not need special Pesach certification.

VEGETABLES

⇒ All raw vegetables are acceptable.

⇒ Pre-peeled vegetables should not be used on Pesach without Passover supervision.



⇒ **Bagged salads** need Passover supervision. Look for Passover certification or a "P" on each bag. This usually appears next to the regular Kosher symbol.

↳ Look for the Star-K-P & OK-P symbols on bags of Dole & Fresh Express Salads.

⇒ Carrots do not need Passover supervision.

⇒ **Baby carrots** (raw in plastic bags without additives) also do not need special Passover supervision, but should be rinsed first before using on Pesach.

⇒ **Precut bagged carrots** need to have Passover certification.

⇒ **As a general rule, all peeled or cut fresh vegetables need to have Kosher for Passover certification.**

⇒ **Canned vegetables** need Pesach supervision.

⇒ When using romaine lettuce it must be checked thoroughly for insects.

⇒ **There are fewer salads available these days with a proper hechsher.**

⇒ **If you are planning to use romaine lettuce, it must either have a hechsher or must be cleaned meticulously for insects.**

⇒ The cRc produced a very informative video entitled "How To Check Romaine Lettuce and Other Leafy Vegetables". It can be found in the cRc video library at <https://crckosher.org/videos/how-to-check-romaine-lettuce-and-other-leafy-vegetables/>

or on youtube at: https://www.youtube.com/watch?v=P_wobTUx4k0&t=343s.

⇒ **Frozen vegetables** need Pesach supervision.

↳ Due to the proliferation of frozen pasta mixtures, frozen vegetables, which are produced on the same machinery, may not be used for Pesach. All frozen vegetables without Passover certification should be sold with your chametz.



נס"ך

Notes Pertaining to Processed Water, Soda, etc.

⇒ **BOTTLED WATER** - Unflavored spring or distilled water, without added citrates, may be used on Pesach including those with fluoride or minerals.
Water that lists any type of citrate (such as calcium citrate, sodium citrate, potassium citrate, etc.), or citric acid, are not recommended for Pesach use.

⇒ **Club soda** - Has additives so it must have Passover certification for use on Pesach, but does not need any Kosher certification during the rest of the year.

⇒ **MINERAL WATER** - Any unflavored, non-carbonated, without added vitamins may be used on Pesach.

⇒ **SELTZER** - Unflavored seltzer does not require any Kosher certification during the entire year. On Pesach, any unflavored seltzer that does not list citrates as an ingredient may be used. All flavored seltzer requires KFP certification.

⇒ **Soda** - All soda & diet soda needs Passover supervision.

⇒ **TONIC WATER** - Requires Kosher certification throughout the year, and additional Passover certification for use on Pesach.

⇒ **ENHANCED WATER** - Although the OU approves bottled and distilled water without Passover certification, when it comes to enhanced water, an OU-P is required. This is due to the fact that the enhanced water may contain sensitive ingredients such as citric acid, which may be derived from corn starch or amylase.



⇒ **Ashkenazic Jews** do not eat vegetables that are **Kitniyos**. See Kitniyos section on [page 45](#) for a detailed list.

⇒ **Vegetable Wash** - Needs Passover certification.

↳ The cRc recommends using "Seventh Generation Non-Fragrance Natural Dish Liquid Soap for those who are concerned about a 'soapy aftertaste'."





👉 **Vinegar** - Vinegar may be *chametz*. *Kosher for Pesach* vinegar is available. Mayonnaise, ketchup, pickles and horseradish, salad dressings and all products which contain vinegar also need special supervision.

👉 **Vitamins** - Often are *chametz Pesach* supervision is needed.

↳ **Please note that not all Freeda brand vitamins are Kosher For Pesach.**

👉 **Water** - Unflavored spring or distilled bottled water, without added citrate or zinc lactate, may be used on *Pesach* including those with fluoride or minerals.

↳ Water that lists any type of citrate (such as calcium citrate, sodium citrate, potassium citrate, etc.), or citric acid, are not recommended for *Pesach* use.

↳ One should try to buy all of their bottled water before *Pesach*.

↳ As per our continued discussion with the OU, Kirkland Purified Water (with minerals added for taste) is acceptable for use on *Pesach* this year (2026), *provided that it is purchased before Pesach.*

↳ The following brands of bottled water may be used on *Pesach* with an OU without additional *Passover* certification when it is unflavored and contains no added minerals: 365 By Whole Foods Market; Adirondack;

Amazon Fresh; America's Choice; Aquafina; Aquaviva; Arizona; Foodtown; Fry's; Gerber; Great Value; Hill Country Fare; Kirkland; Kirkland Signature; Kroger; Member's Selection; My Essentials; Naked; Nature's Place; Office Depot; Ozarka; Parade; Poland Spring; Polar; Pure Life; Signature Select; Trader Joes.

↳ The following brands of Unflavored water, with minerals added, may be used on *Pesach* with regular OU certification (KFP not required): Dasani; Glaceau Smart Water.

👉 **Water Filters** any.



👉 **Wax Paper** See *Paper Goods*.

👉 **Wine** - Some Manischewitz wines are not *Kosher for Passover*. Check for **OU-P on EACH bottle**. The "blackberry wine" is not wine. It's *bracha* is *Shehakol*.

👉 **Yogurt** - Requires *Passover* certification.



Most other products require special supervision. These include milk products, liquors, candy, spices and all canned and processed foods.

Sometimes *Kosher* but not for *Passover* food items erroneously find their way onto the shelves in the "Kosher for *Passover* section" of the supermarket. Remember to check each label carefully for the appropriate *Passover* certification !!





Kitniyos

Ashkenazic Jews do not eat any foods on Pesach that contain Kitniyos.

The following are considered to be Kitniyos:

- Anise • Aspartame • Beans • Buckwheat
- Canola oil • Caraway • Cardamom
- Chickpeas • Coriander • Corn, • Corn oil
- Corn syrup/Glucose syrup • Cumin
- Edamame • Fennel • Fenugreek • Flax s (Linseed)
- Green Beans • Kasha • Kimmel • Lentils
- Licorice • Linseed • Lucerne • Lupine • Millet • MSG
- Mustard • Peas • Popcorn • Poppy seeds • Rapeseed
- Rice • Saffron • Sesame • Sorbitol • Soy (Soybean)
- String beans • Sunflower seeds • Tofu
- Vetch.

From the cRc: Dill Seeds are considered to be Kitniyos, however Dill Leaves are acceptable for use on Pesach without Passover certification.

The following may be Kitniyos and are therefore not used by Ashkenazim on Pesach: • Amaranth • Peanuts

The use of **peanut oil** is questionable for use by Ashkenazim on Pesach.

Cottonseed oil with Passover certification is permitted by Ashkenazim and Sefardim alike.

Tahini (made from sesame seeds) and **Humus** (made from chickpeas & tahini) are both Kitniyos and should not be used by those who do not eat Kitniyos on Pesach.



Ashkenazim Beware!

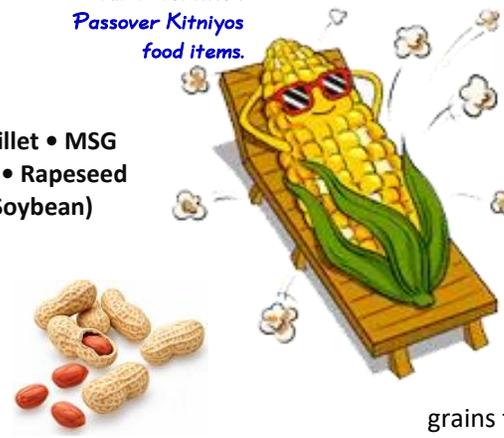
There are many products on the market for Passover that contain Kitniyos, especially those imported from Israel, France and other European countries. Many of these products may



O-U symbol for O-U certified Passover Kitniyos food items



Star-K symbol for Star-K certified Passover Kitniyos food items.



also have Kitniyos certification from the O-U or the Star-K. However, it is possible that some imports may not have the Kitniyos symbol. Many of these products are candy and will say "**LeOchlay Kitniyos**" on the packaging. **Check the ingredients. Please note that dextrose and glucose are generally corn derivatives.**

Passover Certified Kitniyos

The O-U and the Star-S (a division of the Star-K) each have Kashrus symbols (shown on this page) to mark those Passover products that may be used only by Kitniyos users during Pesach. Those who do not eat Kitniyos may own those products over Pesach, but should not eat from it until after Pesach. **Those who do not eat Kitniyos on Pesach that realize they accidentally purchased a Kitniyos product and discover it on Pesach do not need to throw it out. It's not Chametz, just put it away for the week.**

Quinoa Notes

Many Rabbis have determined that Quinoa is not Kitniyos. The previous controversy existed because quinoa bears some distinct similarities to grains that are chametz or Kitniyos. Additionally, quinoa can often be found growing in close proximity to those chametz or kitniyos grains. However, under supervised conditions, the cRc, the Star-K, and the OU all agree that quinoa is acceptable for Pesach when bearing special Passover certification. Several different brands of Passover certified quinoa are available in the national marketplace.

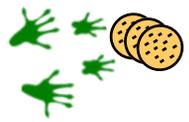
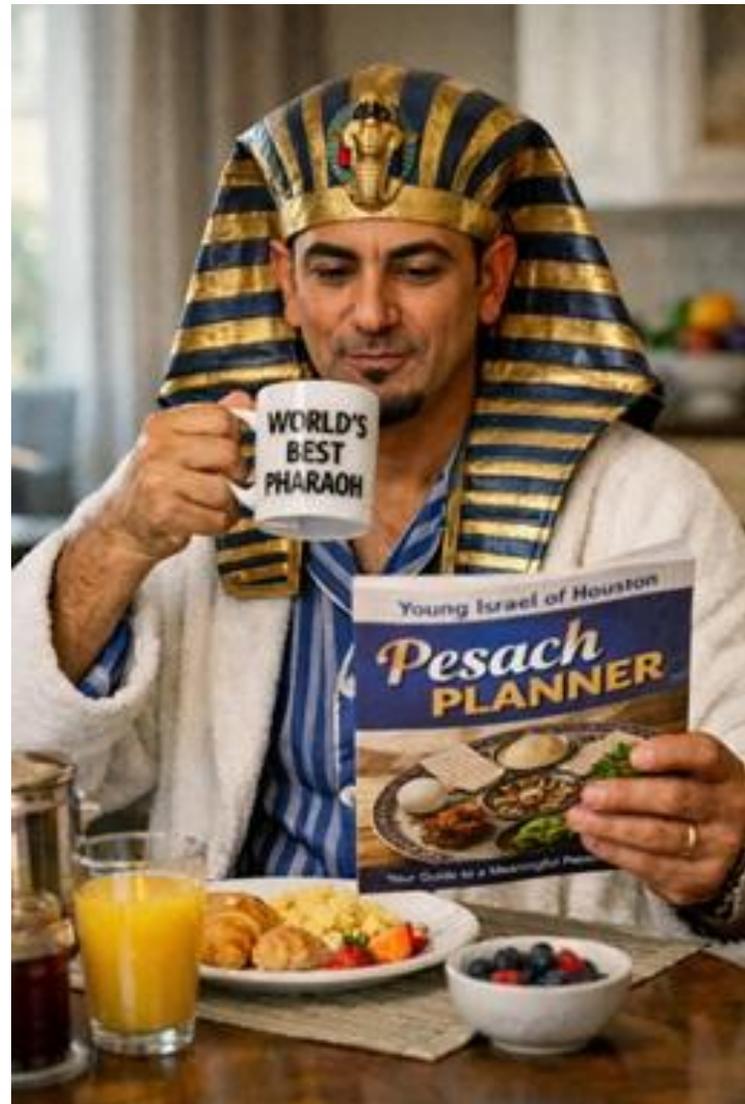
The following article from the Star-K offers more details regarding how quinoa is prepared and what the problems in the past were all about: <https://www.star-k.org/articles/articles/seasonal/13692/quinoa/>



Passover Baking Substitutes

copied from: <http://www.cor.ca/>

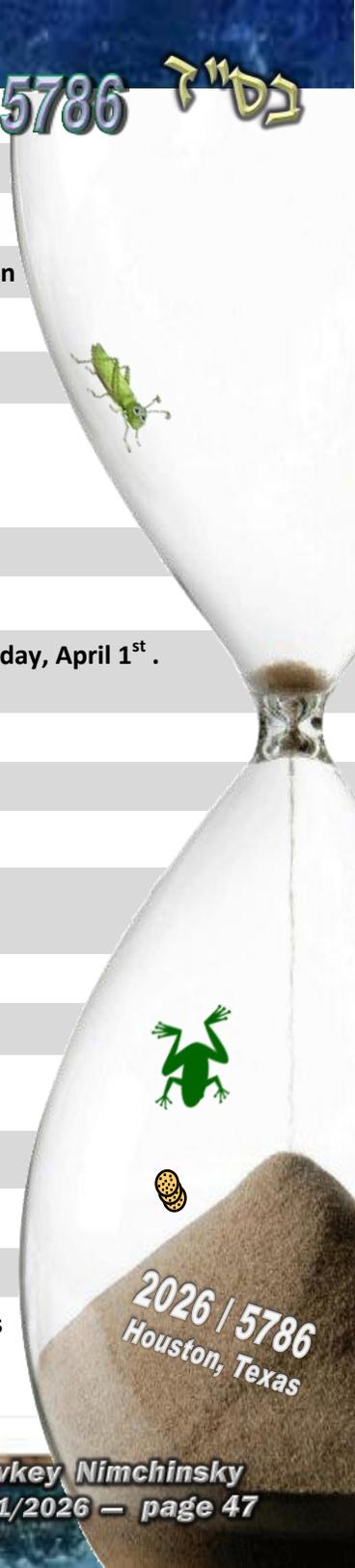
YEAR ROUND RECIPES:	FOR PASSOVER USE:
½ cup (125 mL) flour (all purpose)	2 tbsp (30 mL) Cake Meal + 6 tbsp (90 mL) potato starch
1 cup (250 mL) flour (all purpose)	½ cup (125 mL) Matzo Meal + ½ cup (125 mL) potato starch sifted together
1 cup (250 mL) flour (cake or pastry)	¼ cup (50 mL) Cake Meal + ¾ cup (175 ml) potato starch
1 tbsp (15 ml) flour	1½ tsp (7 ml) potato starch
1 tbsp (15 mL) corn starch	1 tbsp (15 mL) potato starch
1/3 cup (75 mL) icing sugar	1/3 cup (75 mL) granulated sugar + ½ tsp (2 mL) potato starch processed in blender or food processor
1 oz baking chocolate (unsweetened)	3 tbsp unsweetened coca powder + 1 tbsp oil or melted margarine
1 cup honey	1¼ cup granulated sugar + ¼ cup water
1 cup graham cracker crumbs	1 cup matzo meal
1 cup matzo meal	3 whole matzos ground in a processor
1 cup wine	13 tbsp water + 3 tbsp lemon juice + 1 tbsp sugar. Mix together and let set for 10 minutes.



Remember to periodically check PesachPlanner.org for updates to this guide.

Houston, TX Pesach Schedule ~ Important Zmanim 2026 | 5786 בס"ז

Rabbi Wender's pre-Pesach Class	Sunday, March 22 nd @ 8:15 PM — YIH, in the small Beis Medrash
Sale of Chametz	Weekday evenings March 24 th to March 30 th before mincha and after 9 PM maariv
HKA Pre-Pesach Kashering	Sun. March 22 nd @ Torah VaChessed (5925 S.Braeswood Blvd.) / 10:30 AM-12:00 noon
Rabbi Wender's Shabbos HaGadol Drasha @ YIH	Shabbos afternoon, March 28 th / 6:20 PM
Bedikas Chametz / Search for Chametz	Tuesday night, March 31 st after 8:20 PM
Ta'anis Bechorim	Wednesday, April 1 st : Ta'anis Bechorim begins at 6:20 AM Shachris: 6:10 & 7:15 AM // Siyum following both Minyanim. There will be 2 more minyanim , TBA.
Finish Eating Chametz	Wednesday April 1 st / by 10:57 AM
Finish Burning Chametz	Wednesday, April 1 st / by 12:11 PM
Sale of Chametz Binding	Chametz sales done through Rabbi Wender will be binding by 12:00 PM on Wednesday, April 1 st . All Chametz that you are selling must be in the designated spot by that time.
Finish Kashering	Wednesday, April 1 st / by 1:25 PM
Make Eruv Tavshillin — DON'T FORGET! —	Wednesday, April 1 st / See Section 3 in Pesach Planner for details & explanation.
Erev Yom Tov - Candle Lighting	First Seder Night :: Wednesday, April 1 st / 7:22 PM
Candles & Cooking (second Seder night)	Thursday night, April 2 nd / candles & cooking after 8:26 PM — Count #1 Sefira
Second Day Yom Tov / Erev Shabbos	Friday, April 3 rd / Finish cooking by 7:10 PM, Light candles by 7:23 PM
Havdalla Chol Hamoed	Saturday night, April 4 th / 8:27 PM
Erev Yom Tov Candles (second days)	Tuesday, April 7 th / 7:26 PM
Candles & Cooking (for last day of Pesach)	Wednesday, April 8 th / candles & cooking after 8:31 PM
Yizkor, last day of Yom Tov	Thursday morning, April 9 th / before musaf
Yom Tov Ends	Thursday night, April 9 th / 8:32 PM
Buying back Chametz	If you sold your <i>chametz</i> through Rabbi Wender prior to <i>Pesach</i> , the Rabbi expects to purchase back any <i>chametz</i> sold by 9:00 PM on Thursday night, April 9 th . If you do not hear from us, then you can assume the buy-back went through.





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