

בס"ד

לזכר נשמות:

פייבל ראובן בן דוד לייב ז"ל * זעלדא בת הרב משה זליג ז"ל * משה ישראל בן אליעזר דוד ז"ל * דינה בת משה אברהם ז"ל

Pesach Planner

תשפ"ה
2025

Rabbi Yehoshua Wender
Mrs. Rivkey Nimchinsky

30th
Annual
Edition!

ONE

עם ישראל
ה' 

Acknowledgements:

We are grateful for the cooperation of the following (alphabetically listed) Kashrus organizations with whom we have cross-checked some of the product information that is listed in this Guide:

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Chicago Rabbinical Council (cRc)
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March/April 2025

Dear Friends,

For three decades, Young Israel of Houston has proudly published and distributed our meticulously researched Pesach Planner. This essential guide provides halachic insights, practical Passover tips, and an updated list of "Kosher for Passover" products—making holiday preparations easier for the entire Houston community and beyond. Hundreds of people rely on our Planner each year, often bringing it along while shopping at local stores.

Now fully digital, the Pesach Planner is easily accessible on your computer or mobile device, ensuring you have the information you need at your fingertips.

We invite you to use our **2025 / 5785 Pesach Planner** throughout the season. While zmanim (times) and local supermarket details are specific to Houston, the halachic guidelines and nationally available product lists are relevant to all. We have carefully cross-checked this information with major Kashrus organizations to ensure accuracy and reliability.

Stay up to date with our **real-time updates page**, which will be adjusted as needed throughout Pesach. Simply visit <http://PesachPlanner.org> and click on the "Updates" page for the latest information.

Wishing you a happy, healthy, and Kosher Pesach!

Rabbi Yehoshua Wender
Mrs. Rivkey Nimchinsky

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Section 1

2025

Kashering & Cleaning for Pesach

The laws of kashering for Pesach are very extensive. If anyone plans on kashering pots, pans or utensils they should contact the Rabbi.

The purpose of cleaning is to find recognizable pieces of chametz. It is not necessary to clean toys or scrub areas that are not used with food.

All ovens should be cool and unused for 24-hours prior to Kashering.

Your stovetop needs to be fully Kashered before you can start heating water to Kasher your sink.

If you have a hot water dispenser on your sink....
...it should not be used during Pesach.

Before kashering any range or stovetop, it should not be used for 24-hours.

Prior to kashering, nothing hot may be poured or placed into the sink for 24-hours.

All Kashering **MUST** be finished before Shabbos on Friday, April 11th.

בס"ד



Section 1 — KASHERING & CLEANING

— KASHERING (4)

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PESACH PLANNER 5785


Rabbi Yehoshua Wender  Mrs. Rivkey Nimchinsky


Kashering

The laws of *kashering* for *Pesach* are very extensive. If anyone plans on *kashering* pots, pans or utensils they should contact the Rabbi.





 Only metal or wood utensils can be kashered. Since Erev Yom Tov falls on Shabbos this year, all kashering must be completed before Shabbos begins. In Houston candle lighting on Friday, April 11th, will be at 6:26 PM for early Shabbos, and 7:38 PM for regular time.


 Plastics, china, stoneware, porcelain, Pyrex or enamel articles **cannot** be kashered.

 The prevailing custom is not to *kasher* glassware. In a case of great necessity, one may *kasher* glassware by soaking it for three consecutive 24-hour periods.

↳ **Pyrex is not considered to be glass and cannot be kashered.**

 One may *Tovel* (not *Kasher*) dishes, pots, etc. anytime on Erev Yom Tov or *Chol Hamoed*. However one should not *Tovel* those items on Shabbos or Yom Tov.

 **Tables** that are normally used with *chametz* during the year should be cleaned well and covered for *Pesach*. There is a *minhag* (custom) to use four table coverings over a *chametz* table during *Pesach*.

 **Towels** and **tablecloths** that are laundered well may be used for *Pesach*. It is preferable not to *kasher* a terylene tablecloth. Starch should not be used on any tablecloth. **Plastic tablecloths** which were used for *chametz* cannot be used for *Pesach*.



HKA Pre-Pesach Utensil Kashering

As a service to the community, the HKA will once again be kashering utensils before *Pesach*.

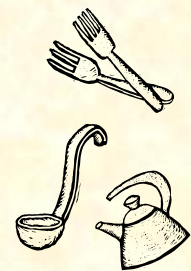
Sunday April 6th @ Torah VaChessed
10:30 AM—12:00 noon
5925 S. Braeswood Blvd., Houston TX 77096

- ▶ Utensils cannot be used for 24 hours prior to Kashering.
- ▶ Utensils must be cleaned thoroughly prior to Kashering.
- ▶ Any stickers and labels must be removed.
- ▶ Only METAL UTENSILS that are in good condition may be Kashered.
- ▶ No strainers, graters, frying pans and baking pans will be Kashered.
- ▶ The process of Kashering includes dipping the utensils in boiling water to cleanse it.

Suggested donation: non-members \$20 / HKA members, \$10.

For more information about the HKA Pre-Pesach Utensil Kashering Program, please contact Tzivia Weiss @ 832-477-2406 / tzivia@kosherhouston.org

For more information about the HKA, you may visit online at: <http://kosherhouston.org/>





Ranges/Stovetops



Before *kashering* any range or stovetop, it should not be used for 24-hours.

☞ An **electric range** is *kashered* by first cleaning all areas well. The range is then turned on high for fifteen minutes.

☞ A **gas range** differs only in that the tripods should be covered when *kashering* so that the heat should be distributed.

☞ All the other areas of the range, including the bibs, should be cleaned and covered with foil, or replaced for *Pesach*.

☞ **Glass cooktops:** Most *poskim* hold that glass cooktops cannot be *kashered* for *Pesach*. For more information see <http://www.star-k.org/articles/articles/kosher-appliances/2931/kashering-glass-corning-halogen-or-ceran-cooktops/>

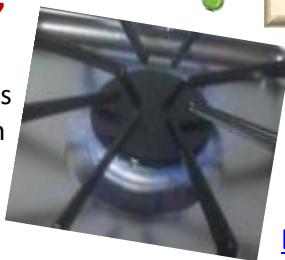
☞ While the area directly above the heating elements get hot enough to be considered *Kashered* through the *Libun* process, the area between the burners is not *Kasherable* according to the Star-K. The Star-K has also determined that it is unsafe to try and cover the area between the burners. Therefore, the Star-K recommends the use of a metal disk that is an 1/8 of an inch thick, if you want to use your glass cook-top on *Pesach*. A readily available product that fits this requirement is an Induction Disk. Click link here for examples of what an Induction disk is:

<https://www.magneticcooky.com/best-induction-cookware-converter-disks/>

☞ **Oven Hoods & Exhaust Fans** should be cleaned well and made devoid of all food residue.

Your burners need to be kashered first before you can heat water for kashering any other part of your kitchen that requires *Irui* (pouring water).

So Kasher your burners first, and then move on from there.



ON **PAGE 8** WE DISCUSS **HOW TO KASHER YOUR OVEN** FOR **PESACH**, AND THE REST OF THE YEAR TOO!



Countertops



☞ **Countertops** that cannot be *kashered* should be cleaned well and covered.

☞ The Star-k discusses *kashering* many different countertop materials here: <http://www.star-k.org/articles/articles/kosher-appliances/2937/kashering-countertops/>

Granite Countertop Notes

There have been many questions about kashering granite countertops.


☞ The Star-K says that only pure granite can be *kashered* - not granite composite.

☞ The CRC does not differentiate in its allowance.

There are 2 methods for kashering granite.

☞ A. Pouring boiling hot water from a kettle that was heated on the fire directly on every single spot of the counter. If you use this method then after the counter is *kashered* hot pots should not be placed directly on the counter.

☞ B. Using an iron or a steamer. If an iron is used one must first put water on the counter. The iron or steamer must be held on every spot on the counter until the steam or water in that spot is boiling in place.

☞ It is probably better to just cover granite counters for the one week of *Pesach*, due to the complexity involved in *kashering* them. 



Please click here for *Kashering* Safety Tips from the Star-K & Hatzalah of Baltimore.

<https://www.star-k.org/articles/wp-content/uploads/PesachBookPosterWeb.pdf>



Sinks



בס"ד

PORCELAIN Sinks AND YOUR Pesach kitchen:

Porcelain sinks cannot be kashered for Pesach because the porcelain itself cannot be kashered.

To RENDER YOUR PORCELAIN sink USABLE FOR PESACH:

(1) The faucet & handles should not be exposed to hot water for 24 hours prior to kashering, nor should you put anything hot into the sink for the 24 hours prior to kashering.

(2) Clean all areas of the sink.

(3) Pour boiling water over the faucet & handles first. *(The boiling water should have been heated in a Pesach pot. Therefore your stove-top needs to be Kashered before you can deal with your sink.)*

(4) Then repeat the process for the entire inside (walls, base, and drain) of the sink.

(5) After you pour the boiling water over each section of the sink, pour cold water over those same areas.

(6) Then cover your porcelain sink with contact paper.



How to KASHER YOUR STAINLESS STEEL Sink:

Stainless steel sinks can be kashered. (1) Prior to kashering, nothing hot may be poured or placed into the sink for 24-hours. (2) You may not even set a hot pot down into the sink during the 24-hour period prior to Kashering.

(3) Additionally, the faucet & handles should not be exposed to hot water for 24 hours prior to Kashering.

⇒ Before the 24-hour period begins, it is advisable to clean your stainless steel sink well with hot water and scouring powder, making sure to clean well around the drain using a toothpick.

⇒ It is also a good idea to shut off the hot water under your sink for the 24-hours before kashering.

⇒ Tip: if possible lay a large towel across your sink as a reminder not to put anything hot directly into the sink during this time period.

⇒ Just before you are ready to Kashere your sink, clean the entire sink well with cold water and scouring powder (especially if the sink was used after you cleaned it the day before). Remember to use a toothpick to clean around the drain.

⇒ You must also clean your faucet & handles very well. Calcium and

lime buildup should be cleaned off with a calcium and lime buildup cleaner, like CLR. If your faucet is the pull-out sprayer kind, please see the next page for -"Sprayers that are on your sink, or a part of your faucet."

THE PROCESS OF KASHERING YOUR STAINLESS STEEL Sink:

⇒ Your stove must have been kashered already in order to use a Pesach pot or Pesach kettle to Kashere your sink. (See rules on previous page for kashering your "Range or Stovetop".)

⇒ To Kashere your sink you will need to pour boiling water (עירוי רותחים) over the faucet, handles, and entire surface (walls, base and drain) of your sink. This will necessitate the boiling of several kettles or pots of water until boiling water has been poured over every part of your sink. — **The hot pot should not be placed directly in the sink.**

⇒ You may fill your Pesach pot with cold water from your chametz sink to boil for kashering.

⇒ It is preferred to Kashere from the top down. Therefore, starting with the faucet & handles, pour the first boiling water that you heated in your Pesach pot or kettle all over the faucet and handles. **Do not put the hot pot directly down in the sink.** Once that section is complete, pour cold water over the faucet and handles to complete the Kashering process of the faucet and handles.

⇒ Now repeat the process for the other sections of your sink. Since the process will take several pots of boiling water, break them down into sections — walls, base, drain. Working your way from the top down—(a) Boil water in your Pesach pot. (b) Pour the boiling water all over the next area of your sink that you are Kashering. (c) Once that section had boiling water over all parts of it, then pour cold water over that area to complete the Kashering process of that section of your sink. (d) **And REMEMBER not to put the hot pot directly down in the sink!**

⇒ Once your sink has been properly kashered for Pesach, it is important to note that you should not place a hot pot directly into the sink until after Pesach. This is because the method used to Kashere your sink was by pouring (עירוי כלי ראשון) and not immersion (הגעלה).



**Kashering your Sink—
Sprayers, Faucets, and Gadgets,
Continued on next page.....**



Spayers that are on your sink, or a part of your faucet:

Spayers that are on your sink are usually made of plastic and should not be Kashered for Pesach.

⇒ Built-in spray hose, which means we can pull out the faucet and spray water all around our sink. How do we *kasher* that faucet for Pesach?

The first step in *kashering* any item is to remove all residual chametz. The Rama states that any utensil which has small cracks and crevices where food might get caught should not be *kashered* for Pesach because of the difficulty in getting the utensil perfectly clean. This poses a concern for many pull-out faucets because the hose is made of a ribbed material where bits of food can get trapped, and then fall out into the Pesach food. Accordingly, any faucet with this type of hose cannot be *kashered* for Pesach.

The main concern is if the faucet is pulled out, thereby exposing the ribbed portion of the hose. Therefore, one may use the faucet on Pesach if (a) the hose is not pulled out, and (b) the rest of the faucet is *kashered* in the typical manner. However, be aware that many of these hoses have plastic which we do not *kasher* for Pesach.

If you have any of these issues, check your manual to see if you can get a replacement faucet to use every year for Pesach.



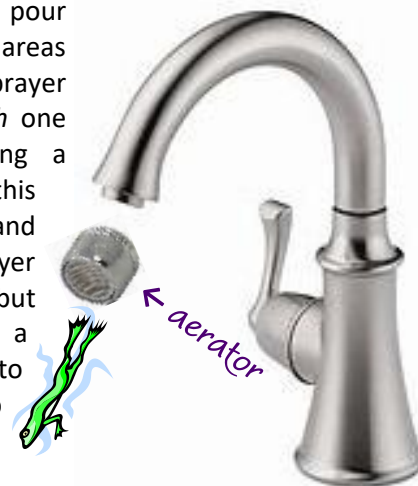
(Above) Sink SPRAYER: ATTACHES TO THE SIDE OF YOUR SINK.



(Below) Pullout FAUCET SPRAYER: Is usually made of a COMBINATION of plastic AND METAL.



⇒ When you are *Kashering* your sink, pour boiling water over the sprayer and all areas around it. If you have a replacement sprayer for Pesach, switch it out for the Pesach one after your sink is *kashered*. Getting a replacement spray head for Pesach for this kind of sprayer is usually inexpensive, and can be done if you want to use the sprayer on Pesach. Otherwise, clean it anyway but do not use on Pesach. (Covering it with a plastic bag held on by a rubber band to hold the bag in place is an easy way to remember not to use it during the holiday).



⇒ If your faucet itself is a pull-out sprayer, you will need to determine if it is plastic or metal. Most are a mix of plastic & metal.

↳ If it is entirely metal, then you can *Kasher* it. However, usually only the industrial ones are entirely metal.

↳ If it is not entirely metal, then it would be best if you can replace the sprayer part of your faucet with a separate one that you would reuse every year on Pesach. Contact the manufacturer of your faucet to find out how to acquire a replacement faucet. If this is not possible or too costly, then please speak with the Rabbi.

Sink Gadgets & Accessories

⇒ If you have a **hot water dispenser** on your sink, you should pour hot water all over it while you are *Kashering* your sink, **but it should not be used on Pesach**. If possible, unplug it 24 hours before *Kashering* your sink, and do not reconnect it until after Pesach once you change back your kitchen for chametz.

⇒ A separate **aerator** is required for Pesach. (That's the thing that gets screwed onto the spout of your kitchen sink.)

⇒ Kosher for Pesach **drain covers** and **dish racks** are also required.

....And remember, your stovetop needs to be fully Kashered before you can start heating water to Kasher your sink.








How to Kasher your Oven





(for Pesach and all year long)


REGULAR & CONTINUOUS-CLEANING OVENS


SETTING IT UP:

-  Before *kashering* any oven, it should be cool and unused for 24-hrs.
-  Before *kashering* your oven, all areas must be perfectly clean.
-  Special care should be taken to clean the door area of your oven **BEFORE** *kashering*.
-  Special care must be given to the racks, particularly where the spokes meet. If the racks are not totally clean, they cannot be *kashered*.
-  Cleaning is best accomplished with an oven cleaning caustic like "Easy Off". Remaining dirt should be removed with a razor blade.


 **FINAL STEP FOR KASHERING A REGULAR OVEN:** After cleaning a **regular oven**, fill a clean disposable aluminum pan with water, place it in the oven and turn the oven on high for one hour. If the oven has two coils (such as a top coil for broil and a bottom coil for bake), **each one** should be on for an hour each. After this step, your regular oven will be *kashered*.


 A **continuous-cleaning** oven should be treated like a regular oven.

 **Convection ovens** are very difficult to *kasher*. If necessary, please speak to the Rabbi.

 **Broiler pans** cannot be *kashered* for Pesach. If you wish to *kasher* the broiler part of your oven, a new or disposable pan should be purchased. Even if you are not *kashering* the broiler, it must be cleaned thoroughly.

Self-Cleaning Ovens

 A **self-cleaning** oven is *kashered* by running a 3-hour self-clean cycle.

 Before *kashering* your **self-cleaning** oven, it should be cool and unused for 24-hours.



Special care should be taken to clean the inside of the door area and the inside of the seal on your *self-cleaning* oven **BEFORE** *kashering*.



It is recommended to thoroughly clean the area beyond the seal, both on the door and on the outside of the oven prior *kashering*.



After you run a self-clean cycle for 3 hours, your oven should be *kashered*. The dirt inside your oven should be reduced to ash and carbonized residue. If any stains are left on the door, clean the remnants manually.




If you have an older oven and the interior surface of your oven is damaged or the coils do not function properly, you may have a problem *kashering* your oven effectively.





REMEMBER - All ovens should be cool and unused for 24-hours prior to *kashering*.


Microwave Ovens

As the technology of microwaves has changed over the years, more and more *Poskim* agree that they should not be *kashered* for Pesach. However, if you must *kasher* your microwave, this is the procedure:

 To *kasher* a microwave oven, it should first be thoroughly cleaned and not used for 24-hours.

 A clean utensil filled with water is then placed in the oven and the oven is turned on. The water should boil for 15 minutes.

 The floor of the microwave should then be changed or covered with plastic wrap.

 If your microwave has a glass (usually Pyrex) turntable, before *Kashering* your microwave the *chametz* turntable should be removed and put away until after Pesach, as it is not *Kasherable*.

REMEMBER - All *kashering* MUST be finished Before Shabbos on Friday, April 11th!!





Kitchen Kashering

Recommended order of procedures



- (1) Clean & scrub your sink, counters, and range/stovetop prior to Kashering.
- (2) Turn off the hot water in your sink 24 hours before you plan to Kasher your kitchen, and stop using anything hot in the areas that you plan to Kasher.
- (3) After 24 hours of "cold", Kasher your range/stovetop first! Do this **first** because you will need a Pesach burner to heat your Pesach pot of water for Kashering purposes.
- (4) Once your stovetop is Kashered, you can then use a Pesach pot and proceed to boil the necessary water to pour on other areas of the kitchen that are to be Kashered.

Follow the detailed Kashering guidelines in this section.



Ⓢ The motor of a **blender** or **food processor** may be used if the other parts are changed or **kashered**.

Ⓢ **Broilers** cannot be kashered.

Ⓢ A separate Pesach **crock pot** should be used for Pesach. Separately sold "**crock pot liners**" are acceptable for Pesach.



Why would I need a toaster on Pesach??!!

Ⓢ A **mixer** or **Kitchen-Aid** that is used during the year should not be used on Pesach, even with new blades and bowls.

Ⓢ A separate **Shabbos blech** should be purchased.

Ⓢ **Toasters** and **toaster-ovens** cannot be kashered.

Ⓢ **Warming Drawers** cannot be Kashered for Pesach. They should be cleaned, sealed, and not used during Pesach.

Ⓢ **Warming Trays:** If you wish to use your regular warming tray on Pesach, it must be clean and covered well with aluminum foil. Be certain that you are not creating a safety hazard.



Appliances, Gadgets & Accessories



Cooking & Baking Appliances:

NOTE: SEE PREVIOUS PAGES FOR COOKTOPS, RANGES, OVENS & MICROWAVES.



Barbecue: One may use a new or kashered barbecue during the week of Pesach. If you wish to kasher your BBQ that is normally used for chametz to be used during Pesach, please contact the Rabbi for more information. All kashering must be completed along with the rest of your kashering on erev Pesach.




Wishing the
greater Houston Jewish
Community a Happy and
Kosher Pesach.
Thank you for being here!



BEVERAGE APPLIANCES & ACCESSORIES:

NOTE: All **gadgets** that are used with only cold water may be cleaned and used for *Pesach*. This includes **water fountains**, **filtered water & spouts**, and the **ice & water dispensers** on a refrigerator. (Also see *Refrigerators & Freezers*.)


 **Brita** — A separate **Brita Water Filter Pitcher** may be used on *Pesach*. **Some models also have electronic indicators for monitoring the filter status and should be avoided on Shabbos and Yom Tov.**


 **Coffee Accessories:**

↳ Coffee Grinder— If used for grinding flavored coffee during the year, the coffee grinder must be cleaned thoroughly before using for *Pesach*. Flavored coffees require Passover certification. Coffee Grinders should not be used on *Shabbos* or *Yom Tov*, but may be used on *chol HaMoed*.

↳ Coffee K-Cup Brewers — Cannot use the same K-cup machine on *Pesach* that is used during the year. See Coffee Section in this guide for more information on the K-cups themselves.

↳ Coffee Makers— A separate coffee maker should be used for *Pesach*.

 A separate **hot water urn** should be purchased for *Pesach*.

 **SodaStream™** seltzer is Kosher for *Pesach*. The **Carbon Dioxide cylinders and the Carbon Dioxide Gas Filling are Kosher for Pesach** even without a Passover symbol. The unit itself can be wiped clean and used for *Pesach*. Separate **SodaStream** soda bottles need to be purchased for *Pesach*, as you cannot use the same plastic bottles that you use during the rest of the year. Unless otherwise noted, **SodaStream** flavorings **may not** be used on *Pesach*.


↳ Please note that many of the newer SodaStream models have electronic indicators that turn on when filling bottles. Those models may not be used on *Shabbos* or *Yom Tov*, but may be used on *Chol Hamoed*.



IN MEMORY of
BATSHEVA ROCHEL DAS NACHMAN HAKOHN,
BENITA COHEN,
FROM THOSE WHO LOVE & MISS HER.



Other Appliances:

 **Dishwashers** cannot be *kashered* for *Pesach*.


 **Refrigerators and Freezers:**

⇒ Wash well, with special care given to the shelves and racks. Covering the shelves is **not** necessary.

⇒ The automatic ice maker box should be washed well before use. Ice from the icemaker may be used on *Pesach* after the unit has been cleaned.


⇒ **Ice & cold water dispensers** on the refrigerator door may be cleaned and used for *Pesach*.

⇒ **Ice cube trays** should be put away with your *Chametz* dishes.


 If it is very difficult to clean **behind your refrigerator and freezer**, it need not be moved.

BATHROOM ACCESSORIES ON PESACH:

 **Bathroom sinks** need not be *kashered*.

 **Toothbrush holders** should be cleaned and not used.

 New **toothbrushes** should be used.

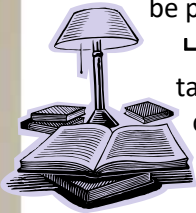
 **Electric toothbrushes:** Put away the *chametz* heads. Kosher for *Pesach* heads are required. Wipe down the electric handle, which may be used on *chol hamoed Pesach*.



CLEANING FOR PESACH:

Books:

- ↳ **Benchers** from the rest of the year should be put away for *Pesach*.
- ↳ **Seforim** that are brought to the table during the year should be checked for crumbs before you bring them to the table on *Pesach*.



Floors:

- ↳ All **floors** must be washed or vacuumed well.
- ↳ Your **vacuum bag** should be emptied before Shabbos on **Friday, April 11th**.
- ↳ One should have a separate **broom & dustpan** for *Pesach*.



High Chairs:

- ↳ **Plastic high chair trays** should be cleaned well & covered.
- ↳ **Metal & wood high chair trays** may be *kashered* by using the procedure for a stainless steel sink.
- ↳ The **high chairs** themselves should be cleaned well, eliminating all traces of *chametz* food and grime.

Shelves, drawers, cabinets:

- ↳ **Kitchen drawers** should be cleaned well and relined.
- ↳ All **kitchen cabinet** shelves that you normally use during the year should be cleaned and then covered with some kind of paper or shelf liner before using for *Pesach*.
- ↳ All **shelves & drawers** should be cleaned well before using them for *Pesach*. As a general rule, areas that are used for food or dishes during the year should be relined if using on *Pesach*.



Trash:

- ↳ **Garbage Cans inside the house:** Clean to make certain that there is no *Chametz* on the inside or outside of the cans. (Having a child hose them out in the backyard can be a helpful time saver.)
- ↳ **Garbage Cans outside the house:** This is a good time of year to hose out the inside and outside of those big garbage cans that the city has provided for our homes. Remember to make certain to eliminate any *Chametz* that you may come into contact with on those cans. It is not necessary to over-obsess while cleaning the big cans, as they are owned by the city. Garbage that is placed in the city garbage bin can stay on your property.



- ↳ **Recycling Cans:** While you are hosing the garbage cans, remember to clean your Recycling Cans. These are in danger of having recognizable *Chametz* "drippings" on them from containers that may not have been totally clean when they were disposed of. Recyclables that are placed in the city recycling bin can stay on your property.



Other items:

- ↳ **Candlesticks/Tray:** Clean thoroughly. They should not be put under hot water in a *Kosher for Pesach* sink.
- ↳ **Jewelry:** Jewelry that comes in contact with food (like rings) should be cleaned before the holiday.
- ↳ **Toys:** It is not necessary to clean toys or scrub areas that are not used with food.
- ↳ Remember to check storage areas within your toys to make sure that your kids didn't "store" any *chametz* there.
- ↳ **Vases** that are on the table during the year may be used on *Pesach* if they are washed inside and out.
- ↳ **Washing cup used in kitchen** – metal can be *kashered* and plastic should be put away with *chametz* dishes.
- ↳ **Water pitchers** that are used during the rest of the year should be put away with your *chametz* dishes.



In general, the purpose of cleaning is to find recognizable pieces of chametz. It is not necessary to clean toys or scrub areas that are not used with food.

Notes:



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TO OUR
2025 PESACH PLANNER



Clean For Pesach & Enjoy The Seder

Edited by Rabbi Moshe Finkelstein / Kiryat Matteredorf, Jerusalem
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These notes are based on the responsa of
Moreinu v'Rabbeinu HaGaon HaRav Chaim Pinchas
Scheinberg, z"l, former Rosh Yeshiva Torah Ore, to questions posed
by women attending his regular chizuk talks. They have been
compiled by a group of his Talmidim.

Preface:

In former times, wealthy people who had large houses also had many servants who did their every bidding, while poor people, who could not afford servants, lived in small homes with one or two rooms. Understandably, the pre-Pesach chores of the rich were performed by the servants, while the poor, who had only their one or two rooms to clean, a few pieces of furniture, a minimum of utensils, and some clothing, took care of their needs themselves. In those days, the cleaning was hard. Tables were made of raw wood, requiring them to be scrubbed or even to be shaven to ensure that no pieces of food were hidden in the cracks. Earthen or wooden floors also needed to be thoroughly cleaned and scrubbed.

Today, we seem to be caught in a trap. The average modern home is larger



than formerly. Furniture, utensils and clothing are much more plentiful. The average home today could compare with the more affluent homes of previous generations. However, we do not have the servants that they had, so that, today, all the chores fall on the housewife. At the same time, she feels obligated to clean and scrub as they did formerly, even though she has laminated furniture and tiled floors, making this type of cleaning unnecessary.

As a result of this, the pressure of pre-Pesach cleaning has reached unnecessary and overwhelming levels. The housewife often becomes overly nervous, unable to enjoy the Simchas Yom Tov of Pesach and unable to perform the mitzvahs and obligations of the Seder night.

Introduction:

Pesach, like every other Yom Tov, must be enjoyed by every member of the family, including women. This is an obligation clearly defined in the Torah as explained by Chazal zt"l. We can understand a person dreading Tisha B'Av but Pesach is to be looked forward to and anticipated with joy. Every woman should be well rested, relaxed, and alert at the Seder table so that she can fulfill all the Torah and Rabbinical obligations and follow the Hagadah with the rest of the family. Clearly, the performance of her pre-Pesach duties must be balanced against her Pesach obligations.

Pre-Pesach cleaning is required to avoid the danger of transgressing any Torah or Rabbinical prohibition of having chometz in the house on Pesach. It is evident from the responsa of the Rosh HaYeshiva, shlita, that this need not be excessive.



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Section 2

2025

Pesach Prep



&

Wrap-Up



What to Know Before & After

All Kashering and counter covering should be completed before Shabbos begins on Friday, April 11th.

Matzoh may NOT be eaten on Shabbos Erev Pesach!

We do not make an Eruv Tavshillin this year.

Shmura Matzoh must be used for both sederim.

Chametz sold through Rabbi Wender can once again be used on Sunday night April 20th after 9:00 P.M.

For those planning on selling their Chametz through Rabbi Wender, one should meet with the Rabbi in person BEFORE Wednesday evening, April 9th.

If you have an ongoing order that contains chametz, make sure to cancel or suspend it prior to Pesach.

Don't forget to give Ma'os Chittim through Jewish Family Service.

Get ready to start counting Sefira!



Section ii—Pesach Prep & Wrap-Up

— Shopping; selling; Searching (15)

— Tevilas Kailim (15)

— LEAVING; CHAMETZ ORDERS (16)

— Ma'os Chittim (16 & 21)

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Section ii: Pesach Prep & Wrap-Up



Buying For Pesach

When buying items for *Pesach*, please make sure the item is marked "Kosher for Passover" or "כשר לפסח". Some stores may erroneously display *non-Pesach* food as *Kosher* for the holiday.

Mechiras Chametz

Selling Chametz

In the past, before refrigeration and preservatives, it was natural to eliminate all *chametz* from one's home before *Pesach*. Today, with those food saving amenities, many people choose to retain their *chametz* for after *Pesach*. Accordingly, a legal mechanism has become popular that allows you to sell your *chametz* to a non-Jewish person for the duration of the holiday.

Rabbi Wender will be available for *Mechiras Chametz* most nights before *Mincha* and after *Maariv* during the two weeks before *Pesach* (except for Friday & Saturday nights). Please let the Rabbi know where your *chametz* will be stored.

For those planning on selling their *Chametz* through Rabbi Wender, one should meet with the Rabbi in person BEFORE Wednesday evening, April 9th. For your convenience, we've included a blank "Sale of *Chametz* Form" in this Planner that you can fill out in advance and bring with you when you arrange with the Rabbi to sell your *Chametz*.

All *chametz* which is sold must be stored away in cabinets or closets by the time of the sale, and tape should be applied there to remind us not to open them. The *chametz* should not be locked up. Food that is sold by Rabbi Wender must be in their designated locations by 12:20 PM on Friday, April 11th.

***Chametz* sold through Rabbi Wender can once again be used on Sunday night April 20th, after 9:00 PM.**



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Bedikas chametz

On Thursday night April 10th after 8:30 PM, *Bedikas chametz* is performed. After reciting the *bracha*, a candle or flashlight should be used to check the entire house. **This is not a symbolic search**

or only a game to find the pieces of bread which were scattered around the house. All areas which may have contained *chametz* should be searched. After the *bedika*, one should make a verbal nullification of *chametz* in a language that one understands.



Tevilas Kailim



Kosher Cook and similar companies:

Please be aware that utensils sold from companies [such as "Kosher Cook" etc.] that state on the packaging "*Ein Tzurich Tevila*" ("does not need to be *toveld*") is only relevant if purchased in a Jewish owned store. All utensils that are purchased in non-Jewish owned stores require *Tevilah*.

Shopping Alert for 2025

Hashgachah agencies across the country are reporting a concerning trend: non-KFP items are mistakenly packaged alongside KFP products, often bearing striking resemblances to each other. Additionally, there's been a surge in new *kitniyos* products this year.



It's crucial for consumers to exercise caution and thoroughly inspect everything they purchase for Pesach.

Rabbi Yehoshua Wender | Mrs. Rivkey Nimchinsky

Going Away for Pesach

If you are going away before Thursday night April 10th and nobody will be staying in your house over Pesach:



- △ Pick one small room in your house for your *bedikah*.
- △ Make a *bedikah* the night before you leave, without a *bracha*.
- △ Note on your chametz form that you are going away early.

If others will be staying in your house:

- △ You must clean all of the rooms that will be used.
- △ Any room you did not clean must be closed off (with tape or closed doors).



If you are going away on Thursday night April 10th OR during the day on Friday, April 11th:

- △ Make a *bedikah* with a *bracha* on Thursday night before you leave.
- △ Burn your *chametz* at the proper time by taking it with you to burn or giving it to somebody to burn for you.

Chametz Orders



If you have an ongoing order that contains *chametz*, make sure to cancel or suspend it prior to *Pesach*.



One may not order *chametz* before *Pesach* or on *Chol Hamoed* to be delivered after *Pesach*.

Ma'os Chittim

It is a custom to give *tzidaka* to the poor before *Pesach* to help prepare for the holiday. This *mitzvah* is referred to as *Ma'os Chittim*. **Jewish Family Service** collects money for their Passover Assistance Campaign to help local families make *Pesach*. [Please see page 21 for more details.](#)



Ta'anis Bechorim



Ta'anis Bechorim takes place this year on Thursday, April 10th. All male firstborn or fathers of young male firstborn must fast or attend a siyum. The fast will begin at 5:49 AM. There will be Siyumim following the 6:10 Minyan and the 7:05 Minyan at Young Israel.



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Erev Pesach

Special Note for this year

This year *Pesach* falls out on a Saturday night, so there are many special *halachos* that one needs to know.

As far as food preparation is concerned, there are several possible options. Below are the easiest and most practical ways to deal with these unusual circumstances.

The house should be cleaned for *Pesach* before *Shabbos*. All *kashering* for *Pesach* must be completed before *Shabbos* begins. This includes the sink, oven and stove. It is recommended that all food be cooked in *Kosher for Pesach* pots and served on *Pesach* dishes. The only *chametz* left in the house should be the bread which must be eaten on Friday night and *Shabbos* morning. One suggestion would be to use *challah* rolls so that no crumbs are made by cutting *challah*. Each person should have one roll per meal. Another suggestion would be to eat the entire meal outside (patio), weather permitting.



PLEASE SEE [PAGES 19-20](#) FOR AN EXCELLENT ARTICLE FROM THE STAR-K, ABOUT WHEN EREV PESACH OCCURS ON SHABBOS, by Rabbi Dovid Heber.

3 - On Friday morning, April 11th, we burn the *chametz* as usual before 12:20 PM. No *Bitul* is said at this time. All *Chametz* that you won't be eating or selling should be eliminated or burnt by then.

Chametz that you will still be using on Friday or until 11:14 AM on *Shabbos* morning, obviously need not be destroyed.

4 - *Chametz* sales done through Rabbi Wender will be binding by 12:20 PM on Friday, April 11th. All *Chametz* that you are selling should be in the designated spot by that time. (One may still buy *Chametz* for immediate use or *Shabbos* consumption.)

5 - Preparations for the *seder* should be done before *Shabbos*. These include: roasting of the egg and bone, grating the horseradish (store it in an airtight container to retain sharpness), checking the romaine lettuce for bugs, mixing the saltwater, and making *charoses*.

6 - All *kashering* and covering of counters should be done before *Shabbos* begins. Regular candle lighting on Friday, April 11th will be at 7:38 PM.

7 - After *Kiddush*, we wash and eat the *challah* rolls. They should be eaten over disposable paper to catch any crumbs. After eating all of the *challah*, flush the paper down the toilet together with any stray crumbs. Proceed with your *Pesachdik* meal and *bentch* a regular *Birkat Hamazon*. Another suggestion would be to eat the entire meal outside (patio), weather permitting.

8 - On *Shabbos* morning we will have minyanim at YIH 6:40 AM & 8:00 AM. One should *daven* and return home quickly. After *kiddush* we again eat the rolls in the same way (or have the entire meal outside). **The bread must be finished and disposed of by 11:14 AM on *Shabbos* morning, March 27th. *Chametz* may no longer be eaten at that point.**

- Flush away the paper and any remaining bread.
- One should rinse their mouths at this time.



Matzah may not be eaten on Shabbos.

However, baked goods made with matzah meal may be eaten on Friday night but not during the day on Shabbos.



Step-by-Step Plan for Managing Erev Pesach This Year – Including Houston Zmanim

1 - *Ta'anis Bechorim* is moved up to Thursday, April 10th. *Shachris* will be at 6:10 & 7:05 AM, with a *Siyum* following both *Minyanim*.

2 - *Bedikas Chametz* is performed on Thursday night, April 10th after 8:30 PM. The regular *Bitul* is said at this time.

Special note for this year continued on next page...



...Special note for this year continued:

- In addition, one should brush their teeth with a **dry chametz** toothbrush or floss with pre-cut floss. (Note: if flossing, do not floss too hard, so as to avoid causing one's gums to bleed.)

- At that time say the 2nd bitul found in the Hagada (the one we usually say after burning the chametz).

- We then eat the rest of our meal and bentch.

9 - In the afternoon, we eat *seuda shelishis*. This should include some fish (since we are not washing, fish is the most chashuv thing to "upgrade" the meal). Obviously no bread or Matzah may be eaten. Potato Starch without Matzah Meal may be used as an ingredient.

10 - The seder begins anytime after 8:32 PM. No preparations, including setting the table or warming food, should be done before that time. If one has not davened Maariv, they should say *Baruch Hamavdil Bein Kodesh Le'Kodesh* before starting to prepare. (Please also note below "Cooking on Yom Tov".) Havdalla is made together with Kiddush during the Seder, as it appears in the Hagadah.

PLEASE SEE **PAGES 19-20** FOR AN EXCELLENT ARTICLE FROM THE STAR-K, ABOUT WHEN EREV PESACH OCCURS ON SHABBOS, by Rabbi Dovid Heber.



פסח מצה מרור



Shmura Matzoh **must** be used for both *sedarim*. Egg matzohs, grape matzohs, chocolate covered matzohs, and Passover Tam Tams are kneaded with "Mei Perot" (fruit juice) and may be used **only** by children or the elderly who cannot eat regular matzoh. Naturally all matzoh must have Pesach supervision, since regular matzohs are chametz..

🍴 Cooking on Yom Tov 🍴

It is forbidden to prepare on one day of Yom Tov for the next day of Yom Tov. Therefore, no food preparations for the meal on Motzai Shabbos April 12th may take place for the Saturday night Yom Tov meal (first Seder) until after Shabbos ends, after 8:32pm / 9:00pm (Rabbeinu Tam). If one has not davened Maariv, they should say *Baruch Hamavdil Bein Kodesh Le'Kodesh* before starting to prepare. Additionally, no food preparations should be started on Sunday night, April 13th for that night (second Seder) until after lighting candles at 8:33pm / 9:01pm (Rabbeinu Tam).

The following week no preparations for the meal on Saturday night April 19th may begin for the Saturday night Yom Tov meal until after Shabbos ends, at 8:36pm / 9:01pm (Rabbeinu Tam).

As was the case the week before, if one has not davened Maariv, they should say *Baruch Hamavdil Bein Kodesh Le'Kodesh* before starting to prepare.

🕯 Eruv Tavshillin 🕯

We do not make an Eruv Tavshillin this year.



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A GUIDE TO EREV PESACH THAT OCCURS ON SHABBOS

Rabbi Dovid Heber, STAR-K Kashrus Administrator

Many of us are quite familiar with the regular Erev Pesach routine: The *bechorim* go to a *siyum*, the chometz is burned, and we prepare for the Seder. However, every so often,¹ Erev Pesach occurs on Shabbos and we must modify our routine. Let us review the *halachos* of Shabbos Erev Pesach. (After this year, it will not occur for another twenty years. The next occurrences will be in 2045, 2048, 2052, and then not again until 2072.)

Thursday – Taanis Bechorim/Bedikas Chometz

On a regular Erev Pesach the first-born males (*bechorim*) are obligated to fast. This year the fast is pushed back to Thursday. Those *bechorim* who do not wish to fast should attend a *siyum*. Thursday night after *tzeis hakochavim* (when it gets dark), one should immediately perform *bedikas chometz*. A *bracha* and *Kol Chamira* (same as usual) are recited.

Friday – Erev Shabbos

Chometz which is necessary for Friday night and Shabbos morning meals should be placed in a disposable container away from all Pesach food. Although chometz may be purchased and eaten all day Friday, the custom is to sell and burn the chometz before the *sof zman biur chometz* (i.e., end of the 5th *halachic* hour of the day) corresponding to when that time occurs on the actual day of Erev Pesach.² Burning it later could lead to confusion in subsequent years. *Kol Chamira* is not recited at the time of burning. All *keilim* should *l'chatchila* be *kashered* by this time. *Bedieved* one could *kasher keilim* until candle lighting on Friday.

The following preparations for the Seder should be made on Erev Shabbos: Roast the egg and *z'roa*, check and clean lettuce leaves, chop the nuts for the *charoses*, and grate the horseradish. Food cooked for Shabbos and Yom Tov should be *kosher l'Pesach* and cooked in Pesach pots.

After *chatzos* (midday) on a regular Erev Pesach, one may not perform various *melachos* (e.g., shaving, doing laundry).³ These *halachos* do not apply this year since Erev Shabbos is not actually Erev Pesach.

1 This occurs on average once every nine years, as frequently as every three years (e.g., 2005 and 2008), and as infrequently as every 20 years.

2 *Bedieved*, it can be burned or sold all day Friday until Shabbos begins.

3 See "The Busiest Day of the Year: The Laws of Erev Pesach" available at star-k.org.

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Friday Evening and Shabbos Day

Except for *Hamotzi*, all meals should be eaten on *Pesachdig* utensils. These utensils should not be brought to the table until after all crumbs have been cleared away. Alternatively, one may use disposable utensils.

The procedure for *Hamotzi* for all Shabbos meals is as follows:

- Place the *lechem mishneh* on tissues or paper napkins on the table. No *Kosher l'Pesach* utensils should be on the table with the rolls.
- Eat the rolls carefully over tissues/napkins, so that any remaining crumbs can be wrapped in the tissues and flushed or shaken out of the napkins and flushed.
- It is advisable to use small fresh rolls for *lechem mishneh* (fresh rolls make fewer crumbs).
- Clear the table of all chometz.
- Discard all disposable items (e.g., plastic tablecloth, plates) used with chometz into a trash can.
- Serve the rest of the *Kosher l'Pesach* meal on *Pesachdig* or disposable dishes.
- For children who may leave crumbs, egg matzah may be substituted. Because the *bracha* on egg matzah is a matter of dispute, adults should use rolls for *lechem mishneh*.
- After making *Hamotzi* and eating more than a *kebe'la* (i.e., more than two *kezeisim*) of the roll, adults may eat egg matzah until the *sof zman achilas chometz*.
- On Shabbos Erev Pesach, regular matzah may not be eaten by anyone except children under six.

If one is concerned with eating any bread indoors, one may eat outdoors on the porch or in the backyard (if it is permissible to carry – i.e., within a *reshus hayachid*). Recite *Hamotzi*, eat the rolls, then sweep the crumbs off the table and off the porch. One may not sweep the crumbs into the wind or out of an *eruv*. Alternatively, eat over tissues or napkins and flush as above. One may finish the meal inside. *Birchas Hamazon* should *l'chatchila* be recited where the bread was eaten.

Shabbos Morning Meal

Shacharis on Shabbos morning should be scheduled earlier than usual because one must recite *Hamotzi* on *lechem mishneh* and finish all bread before the *sof zman achilas chometz* (i.e., end of the 4th *halachic* hour of the day).

After disposing of all chometz, one must recite the same *Kol Chamira* that is usually said when burning the chometz. This must be done before the *sof zman biur chometz* (end of the 5th *halachic* hour). It is recited even if it was already recited by mistake on Friday at the time of *biur chometz*.

One may continue his *Kosher l'Pesach* meal and recite *Birchas Hamazon* after these times.

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This article is continued on [the next page](#). →

Shabbos Afternoon Meal

During *Seuda Shlishis* on an ordinary Shabbos, one must have *lechem mishneh* and *l'chatchila* eat more than a *kebe'ia* (i.e., more than two *kezeisim*) of bread after the time of *Mincha Gedola* (1/2 halachic hour after *chatzos*/midday). On this Shabbos, one may not eat bread or matzah at this time. What is the solution?

One should eat "other foods" during the afternoon meal, such as fish, fruits or *Shehakol* cakes (cakes made only from potato starch) any time between *Mincha Gedola* and sunset. However, if one eats these foods *after* the beginning of the tenth hour, one should be especially careful not eat too much thereby diminishing his appetite for the Seder.

For those who follow the custom of eating *gebrochts* on Pesach, cooked products containing matzah meal (e.g., *kneidlach*) may be eaten if they are consumed *before* the 10th hour of the day. Baked matzah meal products, including cake, may not be eaten anytime during the day.⁴

Splitting the Morning Meal

If time permits, it is preferable to "split the morning meal" by doing the following:

- Recite *Hamotzi* and eat more than a *kebe'ia* from the rolls.
- Recite *Birchas Hamazon* and take a walk outside.
- Then, wash for *Seuda Shlishis*⁵ and recite *Hamotzi*.
- Be careful to finish the bread and dispose of the crumbs by the times indicated above.

If one "splits" the morning meal in this way, one must still eat something after *Mincha Gedola* as described above to fulfill the mitzvah of *Seuda Shlishis* in the prescribed time according to most opinions.

Motzei Shabbos and the Seder

All preparation for Yom Tov and the seder may not begin until Shabbos is over (*tzeis hakochavim*). As previously indicated, some preparations should be done before Shabbos. One may also wish to set the Seder table before Shabbos and eat in the kitchen on Shabbos to allow the Seder to begin as early as possible after Shabbos.

Kiddush and *Havdalah* (*yaknahaz*)⁶ are recited together at the Seder as printed in the *Haggadah*. One should recite *Borei Me'orei Ha'ish* using the Yom Tov candles, putting them together side by side while upright. They should not be tilted to touch each other. Alternatively, one may recite the bracha using a non-frosted

⁴ Whether or not one eats *gebrochts*, baked (and certainly cooked) matzah meal products may be eaten on Friday night.

⁵ This fulfills the obligation according to additional opinions.

⁶ *Yaknahaz* is a well-known acronym for *Kiddush* and *Havdala* on Motzei Shabbos. It stands for *Yayin, Kiddush, Ner, Havdala* and *Zman* (i.e., *Shehecheyanu*).

incandescent light bulb which was turned on before Shabbos (or was turned on by a timer that was set before Shabbos).

Besides *yaknahaz*, there is one additional change to the *Haggadah*: In the bracha of *Asher G'alanu* prior to drinking the second cup of wine, we reverse the order and say *min hapesachim u'min bazeivachim* (instead of the opposite order). This is due to the change in the order of *korbanos* when Pesach occurs on Motzei Shabbos.

Final Thoughts

When Erev Pesach occurs on Shabbos, it affords a rare opportunity to rest on Erev Pesach.

When I was a student in yeshiva, I once commented to Mr. Hyman Flaks z"l, the Executive Director of the Vaad Hoeir of St. Louis, that when Erev Pesach occurs on Shabbos, preparations are so difficult. He answered, "This type of year is my favorite year. My work in the field of kashrus is so hectic before Pesach. With a Shabbos to rest, I can come to the Seder feeling like a mentch!"⁷

Today, I understand exactly what he meant. As we all prepare for Pesach, amidst the hectic frenzy, we can look forward to the rare⁸ Erev Pesach which affords us an extra special *Yom Menucha*.

⁷ On that Shabbos, one should be careful not to say something like, "I am taking a nap this afternoon to be rested for the Seder."

⁸ All the following events are unique to the rare year when Erev Pesach is Shabbos:

- Purim and Lag Ba'omer are on Friday
- Fast of B'HB falls on Pesach Sheini
- We recite the *Slichos* before Rosh Hashana for eight days, the most days possible
- During the following Tishrei we read the Torah for 11 days in a row – from Monday, Erev Sukkos, through Thursday, Isru Chag, more than is done at any other time

The previous article was copied from the Star-K at this link:

<https://www.star-k.org/articles/wp-content/uploads/erev-pesach-on-shabbos.pdf>

See [pages 17-18](#) for "Special Note for This Year", including Houston Zmanim.



Rabbi Asher Block



Diane Puschett

Join us in providing Passover Assistance to our community.

Alexander Jewish Family Service helps over 400 families each year with Passover Assistance.

Please contribute, visit alexanderjfs.org/forms/passover

The Board and Staff of Alexander JFS wish you and your family a wonderful Passover!

Carolyn Mintz Kaplan, President, Alexander JFS
Carl E. Josehart, CEO, Alexander JFS

Rabbi Asher Block and Diane Puschett
Co-Chairs, Passover Assistance Program



Alexander JFS is a partner agency of Jewish Federation of Greater Houston and a United Way partner

🌿 Buying Chametz After Pesach 🌿

We are fortunate because at this time in Houston there are no stores that present a problem for purchasing chametz right after *Pesach*. Additionally, bakeries & restaurants that are under HKA supervision, are also acceptable right after *Pesach*.

🕒 Sefiras HaOmer 🕒

There is a *Mitzvah* to count the *Omer* for seven weeks, beginning on the second night of *Pesach*. The *Mitzvah* is to count both weeks and days. One makes a *Bracha* each time they count. If a person forgot to count at night, they can count during the day the next day without a *Bracha*, and continue making the *Bracha* the following night. If a person omitted an entire day (night and day), they continue counting but without a *Bracha*.

There are many versions of this year's *Sefiras HaOmer* counting chart available. You may access some of them on our **Pesach Planner website** at <http://pesachplanner.org/>. Then scroll down to choose the Sefiras HaOmer link.



Sale of Chametz Form



Rabbi Wender will be available for Mechiras Chametz most nights before Mincha and after 9:00 PM Maariv, from April 2nd to April 9th (except for Friday & Saturday nights).

For those planning on selling their Chametz through Rabbi Wender, one should meet with the Rabbi in person before Wednesday evening, April 9th.

For your convenience, here is a blank "Sale of chametz Form" that you can fill out in advance and bring with you when you arrange with the Rabbi to sell your Chametz.



Note to Seller: Please remember to tape closed or otherwise delineate areas that contain your chametz.

DELEGATION OF POWER OF ATTORNEY FOR SALE OF CHAMETZ

I, the undersigned, fully empower as my agent (shaliach) and permit Rabbi Yehoshua Wender and/or the "Beis Din of Houston" to act in my place and stead, and in my behalf to sell, trade, or give away all CHAMETZ possessed by me (knowingly or unknowingly) as defined by the Torah and Rabbinic Law (e.g. chametz, doubt of chametz, and all kinds of chametz mixtures), as well as chametz that tends to harden and to adhere to a surface of pans, pots and cooking and usable utensils, and to lease all places wherein the chametz owned by me may be found, especially (but not exclusively) in the premises indicated below, before the time when chametz becomes forbidden by halacha. I do, however, retain the right to walk through those leased areas.

Rabbi Yehoshua Wender and/or the Beis Din of Houston has the full right to dispose of my chametz in any way they see fit and to lease the areas where the chametz is located by transactions, (whether I own that area or rent it) as they deem fit and proper and for such time which they believe necessary. This right also extends to chametz that I might acquire between now (the time I sign this document) and the time of sale of chametz. I hereby give the said Rabbi Yehoshua Wender and the Beis Din full power and authority to appoint a substitute in their stead with full power to sell and lease as provided herein. The above given power is in conformity with all Torah, Rabbinical regulations and laws, and also in accordance with the laws of the State of Texas and of the United States.

Date: _____ Name: _____ (Please Print)

Signature: _____

Home Address: _____

City, State _____

Office Address:
(if chametz in office) _____

I will be away from home /office during Pesach, and will be leaving before Thursday night, April 10th _____

The main general location of the chametz to be sold (but not to the exclusion of other locations):



HOMES AND LOANS

CYNTHIA BLOCK HELSTEIN
TOP RATED REALTOR
917-520-9997
cynthia@insync.homes

BEN HELSTEIN
TOP RATED MORTGAGE BROKER
713-548-7350
ben@insync.loans

Section 3

2025



Kosher for Passover Product lists



Every house contains hundreds of products that do not require Passover certification. However those products should be examined before being used on Pesach. Included now is a basic list to help you get started. **On the following pages we include many products that do not require Passover certification.**

Products that already have Passover certification on the packaging might not be listed here.



All PROCESSED products without SPECIAL PASSOVER SUPERVISION MUST be PURCHASED PRIOR TO PESACH.



Section iii- Products

— COSMETICS (25)

— MEDICINE LIST (26-28)

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— BASIC PRODUCTS LIST (29-46)

— EVERYTHING COCONUT (31)

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— FISH (34)

— MEAT (37)

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— EVERYTHING NUTS (38)

— OIL NOTES (39)

— PAPER GOODS (40)

— SODA/WATER NOTE (45)

— VEGETABLES (45)

— KITNIYOS (47)

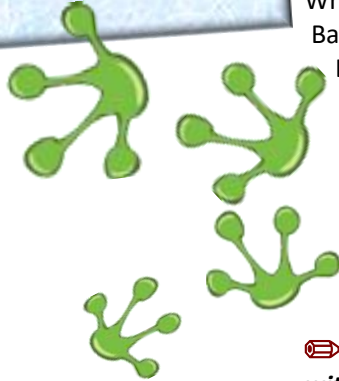


2025 Cosmetics

The following is a BASIC LIST OF COSMETICS THAT MAY BE USED ON PESACH, UNLESS OTHERWISE NOTED. OTHER MAKEUP MAY ALSO BE ACCEPTABLE. THIS IS NOT A COMPLETE LIST OF ALL MAKEUP PRODUCTS.



Many cosmetics contain ethyl alcohol, which is chametz. (Isopropyl alcohol is not chametz.) Though most of these products are inedible, it is preferable not to use them on Pesach. A detailed list of those products which do not contain chametz is available in shul. Check the Product Guide in this issue. Some are listed.



- ☞ **Blush / Rouge / Face Powder** - All Powders are acceptable.
- ☞ **Eye Liner** - any brand without grain ingredients.
- ☞ **Eye Shadow** - any brand without grain ingredients.
- ☞ **Hair Remover** - All are acceptable.
- ☞ **Hair Mousse & Gel** - May be used for Pesach. Erev Yom Tov and Chol Hamoed use only (not to be applied on Shabbos or Yom Tov).
- ☞ **Hairspray** - Any brand that does not contain alcohol or wheat protein.
 - ↳ Pantene Flexible Hold Alcohol Free Air Spray
 - ↳ Pantene Lightweight Finish Alcohol Free Hair Spray
- ☞ **Lipstick / Lip makeup** — Also see Lip Therapy in our Basic Product List.

— **Lipstick should only be used on Pesach if known to be chametz free.**

The following list of lipsticks do not contain chametz ingredients.

Clinique - Chubby Stick Intense Moisturizing Lip Color Balm; Pop Liquid Matte Lip Colour + Primer; Quickliner For Lips. **Estee Lauder** - Double Wear 24h Stay-in-place Lip (Liner; Pencil); **Estee Lauder** - Gloss Lip Liner; **Estee Lauder Pure Color** - Explicit Slick Shine Lipstick; Gelee Glow Balm; Gloss Stick; Illuminating Gloss; Multi-shimmer Gloss; Sensuous Rough Lipcolor.

The cRc offers an online search engine for checking lipsticks for Pesach. Click here for more information:
www.crc kosher.org/lipstick

L'Oreal Paris Colour Riche - Caresse Wet Shine Lip Stain in 'Endless Red'; Creamy Matte Lipstick in 'Mattespresson'; Lipstick in 'Mica'.

Mac - Chromeglass; Dare to Wear Lipglass; Huggable Lipcolour. **Mac Lip Pencil** (shades: Brick, Cherry, Chestnut, Edge to Edge, Plum, Spice, Stone, Whirl, Dervish, Subculture, Nightmoth, Soar, Bodily Bare, Cyberword, Ruby Woo, Life's A Breeze, Temperature Rising). **Mac Lipgloss Pencil** (shades: Brickmate; Coral Craze; Fuchsia Lining; Neutralzone; Part Nude; Pink Edge; Red Stroke; Rosebound; Plum Mate). **Mac Park Hyemin** Matte Lip Mousse. **Mac Petit-gloss** (shades: Glaze, Millefeuille, Plum Parfait). **Mac Shadestick** (shades: Beige-ing, Shimmersand, Taupographic, Lucky Jade, Mangomix, Sea Me, Royal Hue, Gentle Lentil, Sharkskin, Crimsonaire, Pink Couture, Gracious Me, Shimm). **Mac Slimshine Lipstick** (shades: Bare, Kissable, Pleasing, Long Stem Rose, Scant, Mousse, Lovey-dove, Ardor, Prudeaux, Pink D'lush, Ultra-elegant, Funshine, Urgent, Cocoamour). **Mac Tendertalk Lip Balm** (shades: Candy Wrapped, Pretty Me Up, Play With Me, Teddy Pink, Side Dish). **Maybelline** - Baby Lips Moisturizing Lip Balm; Lip Studio Electric Shine Prismatic Lip Gloss; Long Wearing Lipstick; Moisture Extreme Lipstick; New York Color Sensational Made for All; Shiny-Licious Lip Gloss; Super Stay 24 HR Color 2-Step Liquid Lipstick; Super Stay Matte Ink Liquid Lipstick.



- ☞ **Mascara** - Any brand without grain ingredients.
- ☞ **Nail Polish** - Any brand.
- ☞ **Nail Polish Remover** - Any brand.
- ☞ **Perfume/Fragrances** - *Should only be used if without any chametz ingredients.*

Some acceptable fragrances include:

- Clinique Aromatics Elixir Perfume Stick;
- Estee Lauder Cinnabar Kicker Powder; Vivid Garden Illuminating Powder.
- Frederic Malle En Passant Editions De Parfums

NOTE: ↳ Many of the **Mary Kay** products contain chametz, and should be avoided during Pesach, unless you know that it chametz free.



Can't find what you are looking for? See [page 29](#) for Rabbi Bess' list of chametz ingredients in Toiletries..

2025 Medications

NOTE REGARDING MEDICATIONS:

Many medicines can contain *chametz*. Almost all tablets contain starch, which generally is from corn. However, occasionally wheat starch is used. Liquid medicines often contain alcohol, which is sometimes *chametz*. Vitamins can also contain *chametz*. A detailed list of medicines will be available from the Rabbi. Check the Product Guide in this issue, some are listed here. **If anyone needs a medicine over Pesach and can't find an approved one, please speak with Rabbi Wender!** Please note that the following is just a basic medications list.

One should be aware that medications with flavorings may have possible *chametz* issues. This includes film coated pills that are swallowed whole (non-chewable). So whenever possible, it is preferred to use medications that are known to be *chametz* free.

See box on next page for more details...

Check out [page 29](#) for Rabbi Bess' list of *chametz* Ingredients in Toiletries..



Abdominal discomfort & Acid

• **Alka Seltzer** Original Effervescent Tablets; Extra Strength Effervescent Tablets may be used on *Pesach*.

↳ **Other Alka-Seltzer Products may contain chametz.**

• **Benefiber Prebiotic Fiber + Probiotics**, manufactured by Haleon is *Kitniyos*.

↳ **Benefiber** - Other **Benefiber** products contain wheat dextrin, which is *chametz*.

• **Dulcolax** - Laxative Tablets, Laxative Pink Tablets, Laxative Liquid, Stool Softener, and Pink Liquid Gels [gelatin] that are manufactured by "Chattem" are acceptable for use on *Pesach*;

• **Dulcolax** - Overnight Relief (Tablets) and Suppository are acceptable for use on *Pesach*.

• **Famotidine for Oral Suspension** [manufactured by Zydus], **Famotidine Tablets** [manufactured by Ascend or Teva], **Famotidine Tablets** 10 mg & 20 mg [over the counter, manufactured by Dr Reddy's] may all be used on *Pesach*.

• **Imodium AD** Caplets; Oral Solution; Oral Solution for Children Ages 6+ , when manufactured by Kenvue, may be used on *Pesach*.

↳ **Loperamide HCl** (generic Imodium manufactured by Teva) may be used on *Pesach*.



Tums — Kitniyos: Peppermint only and manufactured by Haleon. As per Rabbi Gershon Bess: "All Tums have *kitniyos*. The assumption is that one who is taking it has heartburn, in which case one can take *kitniyos*, especially in a form that is not really edible." ↳ All other Tums brand products should be avoided on *Pesach*.



⇒ **Metamucil 4-in-1 Fiber Sugar-Free Berry Powder, Metamucil 4-in-1 Fiber Sugar-Free Orange Smooth Powder, and Metamucil Premium Blend** all contain *Kitniyos*, but may be used by those who need it.

⇒ **Metamucil Fiber Thins Wafers (Apple, Cinnamon, Chocolate)** all contain *chametz* (wheat) and is not recommended for use on *Pesach*.

• **MiraLax** — (only comes in powder form) is acceptable for use on *Pesach*.

Famotidine for Oral Suspension [manufactured by Zydus], **Famotidine Tablets** [manufactured by Ascend or Teva], **Famotidine Tablets** 10 mg & 20 mg [over the counter, manufactured by Dr Reddy's] may all be used on *Pesach*.

• **Pepto Bismol — Original Liquid** (regular), **Ultra Liquid** and **caplets** may be used on *Pesach*.

↳ **other Pepto Bismol products should be avoided on Pesach.**

• **Phillips Milk of Magnesia** [Original; Original Liquid] are all acceptable for use on *Pesach*.

• **Prevacid Capsules** [manufactured by Takeda] — is acceptable for use on *Pesach*.

↳ **Prevacid Solutabs** [manufactured by Takeda] contains *chametz*.



More Meds...



• **Tums** — Kitniyos: Peppermint only and manufactured by Haleon.

As per Rabbi Gershon Bess: "All Tums have kitniyos. The assumption is that one who is taking it has heartburn, in which case one can take kitniyos, especially in a form that is not really edible."

↳ **All other Tums brand products should be avoided on Pesach.**

⇒ Adwe produces "Heartburn Relief", which is an alternative to Tums, that is Kosher for Passover.

• **Zantac 360** — is acceptable for use on Pesach.

Acne & Facial Care

• **Cetaphil** Acne Relief Body Wash; Gentle Clear Clarifying Acne Cleanser.
• **Oxy** [Acne Treatment Lotion; Daily Defense Face Scrub; Daily Defense Ultra Face Cleanser; Detox Acne Wash; Max Action 10% BPO Face Wash; Maximum Action 10% BPO Treatment Lotion (Vanishing); Sensitive 5% BPO Wash; Volcanic Ash Scrub.]

⇒ **Oxy Daily Cleansing Pads – Sensitive Skin contains chametz.**

⇒ **Oxy Maximum 3 in 1 Cleansing Pads — contains chametz.**

⇒ **Oxy Maximum Daily Cleansing Pads — contains chametz.**

Allergy.....Cold.....F ever.....Pain....

• **Advil** (Advil Tablets; Advil Caplets; • Allergy Congestion & Relief; • Allergy Sinus Coated Caplets; • Children's Suspension [All flavors]; • Cold & Sinus Caplets; • Gel Caplets; • Infant Drops; • Menstrual Pain; • Multi-Symptom Cold & Flu Tablets; • PM Caplets, Tablets; Sinus Congestion and Pain Tablets.)
[manufactured by Haleon] **are all acceptable for use on Pesach.**

⇒ **Advil Junior Strength Chewable Tablets - contains chametz ingredients.**

⇒ **Also see Ibuprofen.**

• **Aleve** [Arthritis Pain Gel • Back & Muscle Pain • Caplets, Tablets • Headache Pain • Aleve PM] ;

• **Aleve-D** [Sinus & Headache • Sinus & Cold].

⇒ **Also see "Naproxen".**



Medication Notes

FLAVORINGS — FILM COATINGS

► One should be aware that medications with flavorings may have possible chametz issues. This includes film coated pills that are swallowed whole (non-chewable). So whenever possible, it is preferred to use medications that are known to be chametz free.

► A regular glaze that is not flavored does not pose a problem for Pesach. However, sometimes the coatings have an added flavoring, so it is best to check the ingredient panel to make sure there are no flavorings added to the coating.

► An example of a flavored coating would be Advil pills that are "film coated", as opposed to just plain coated. The possible chametz issue would be in the "film" part of the coating because it may have some sort of flavor that is added to it, but by definition might not appear as an added flavor on the packaging.

• **Allegra Allergy** 12 hr. 24 hr Tablets [manufactured by Sanofi or Chattem] may be used on Pesach.

• **Allegra Allergy Children's** 12 hr Tablets; Suspension; ODT; Oral Suspension; OD Tablet] are all acceptable for use on Pesach.

• **Allegra-D** 12 hr; 24 hr Tablets [manufactured by Sanofi or Chattem] may be used on Pesach.

• **Allegra Hives** may be used on Pesach.

• **Amoxicillin** [Capsules; Chewable; Tablets; Oral Suspension] may all be used on Pesach.

• **Amoxicillin & Clavulanate Potassium:** [Chewable Tablets; Oral Suspension; Tablet] may all be used on Pesach, with the following exceptions:

↳ **Amoxicillin / Clavulanate Tablets; Chewables; and ER Tablets [Made in Austria] and manufactured by Sandoz, contains chametz.**

• **Bayer Aspirin** [Back & Body; Children's Aspirin; Genuine Aspirin; Chewable Low Dose Asprin; Extra Strength; Low Dose Aspirin] **may all be used on Pesach.**

↳ **Bayer Rapid Relief contains Chametz.**



...Even More Meds

- Claritin [Tablets] may be used on *Pesach*.
- Claritin -D [Tablets] may be used on *Pesach*.
 - ↳ Clarinex RediTab contains *chametz*.
 - ↳ Claritin RediTabs contain *chametz*.
 - ↳ Claritin Chewable Tablets contain *chametz*.
 - ↳ Claritin Children's Chewable (grape) and Children's Non-Drowsy Oral Solution (grape) liquid contain possible *chametz*.



- Ibuprofen
 - ⇒ Ibuprofen (Caps; Tablets) [Manufactured by Amneal] may be used on *Pesach*.
 - ⇒ Equate Children's Ibuprofen Grape Flavor Chewable Tablets may be used on *Pesach*.
 - ⇒ Signature Care Children's Ibuprofen Grape Flavor Chewable Tablets may be used on *Pesach*.
 - ⇒ Also see Advil, Midol, and Motrin.

- Midol Capsules; Midol Complete Caplets may be used on *Pesach*.

- Motrin / Motrin IB [caplets; coated caplets; Children's Liquid (all flavors); Infant Liquid (all flavors)].

- Motrin PM [coated caplets].
 - ⇒ Also see Ibuprofen.

- Naproxen [Tablets; Sodium Tablets; Delay; Sodium].

- Nasal Spray [Atrovent; Azelastine; Calcitonin-Salmon; Dristan 12 Hr Nasal Spray; Fluticasone Propionate; Mometasone Furoate; Nascobal; Neo-Synephrine; Patanase; Pretz].

The following Tylenol products may be used on *Pesach*:

- Tylenol 8 Hour Arthritis Pain ER;
- Tylenol 8 Hour Muscle Aches & Pain;
- Tylenol Children's Chewables [all flavors];
- Tylenol Children's Cold + Cough + Runny Nose [grape];
- Tylenol Children's Cold + Cough + Sore Throat [bubblegum];

Note: Adwe has a full line of Kosher l'Pesach medications and toiletries available online at www.Koshervitamins.com

In general, liquid medications are much more likely to present a problem on *Pesach*.

Dietary / Nutritional Supplements
Please click below to read the OU policy regarding Nutritional and Dietary Supplements for Passover.

<http://oukasher.org/passover/guidelines/medicine-guidelines/nutritionals-and-dietary-supplements/>

MANY THANKS TO

Rivkey Nimchinsky,
Rabbi WENDER &
Rabbi Buchwald



AND THEIR RESPECTIVE FAMILIES
FROM THE

HIRSCH-GINSBERG, TAUSSIG & ALTMAN FAMILIES

- Tylenol Children's Cold + Flu [grape];
- Tylenol Children's Dissolve Packs;
- Tylenol Children's Dye Free Suspension;
- Tylenol Children's Suspension [all flavors];
- Tylenol Children's Cold + Flu Severe Warming [liquid];
- Tylenol Extra Strength [caplets; dissolve packs];
- Tylenol Infant's Oral Suspension [All flavors];
- Tylenol Regular Strength [Tablets].
 - ⇒ CVS Health Extra Strength Acetaminophen (Adult) (Liquid) may be used on *Pesach*.
 - ⇒ Equate Children's Acetaminophen (Bubble Gum or Grape Flavor) (Chewable) may be used on *Pesach*.



Additional medications may appear in our Basic List on the following pages.

Keep Reading!

Our Basic Product List continues alphabetically on the following pages. Additional medications that didn't appear on the previous pages may be found on the pages to follow.

Chametz Ingredients in Toiletries

- Always check for obvious suspicious ingredients like wheat germ oil.
 - One should be careful about products containing alcohol, since the source is unknown.
 - The following list of ingredients, compiled by Rabbi Bess of the Kollel Los Angeles, are derived from *chametz* and can often be found in cosmetics and toiletries.
- To get a full copy of the Medicine Guide from Rabbi Bess, call the Kollel LA office at 323-933-7193 and leave your name and address.

- | | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> • Amino Peptide Complex • Amp-Isostearoyl Hydrolized Wheat Protein • Avena Sativa (Oat) Kernel Flour • Avena Sativa Flour • Avena Sativa Kernel Protein • Barley Extract • Beta Glucan • Cyclodextrin • Dextrin • Dextrin Palmitate • Disodium Wheatgermido Peg-2 Sulfosuccinate • Hordeum Vulgare Extract • Hydrolyzed Malt Extract • Hydrolyzed Oat Flour • Hydrolyzed Vegetable Protein • Hydrolyzed Wheat Flour • Hydrolyzed Wheat Gluten • Hydrolyzed Wheat Protein • Hydrolyzed Wheat Protein Pg-Propyl Silanetriol • Hydrolyzed Wheat Protein/ PVP Crosspolymer • Hydrolyzed Wheat Starch • Hydroxypropyltrimonium Hydro Wheat Protein • Malt Extract • Maltodextrin • Oat Beta Glucan • Oat Extract • Oat Flour | <ul style="list-style-type: none"> • Phytosphingosine Extract • Prolamine • Secale Cereal (Rye) Seed Flour • Sodium C8-16 Isoalkylsuccinyl Wheat Protein Sulfonate • Sodium Lauroyl Oat Amino Acids • Stearyltrimoniumhydroxypropyl Hydrolyzed Wheat Protein • Triticum Vulgare (Wheat) Flour Lipids • Triticum Vulgare (Wheat) Germ Extract • Triticum Vulgare (Wheat) Germ Oil • Triticum Vulgare (Wheat) Gluten • Triticum Vulgare (Wheat) Starch • Wheat Amino Acids • Wheat Bran Extract • Wheat Germ Extract • Wheat Germ Glycerides • Wheat Germ Oil • Wheat Germamidopropyl Ethyldimonium Ethosulfate • Wheat Germamidopropalkonium Chloride • Wheat Germamidopropyltrimonium Hydroxypropyl Hydrolyzed Wheat Protein • Wheat Protein • Wheat Sphingolipids • Yeast Extract |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



2025 Basic Product List

ACCEPTABLE FOR USE ON PESACH, UNLESS OTHERWISE NOTED.

PLEASE NOTE THAT THE FOLLOWING IS JUST A BASIC LIST TO HELP GET YOU STARTED.

- ⇒ **After Shave** - Shaving Lotion:
 - ⇒ Mary Kay 2-In-1 Body Wash & Shave may be used on *Pesach*.
 - ⇒ **Mary Kay MKMen Cooling After-Shave Gel contains chametz.**
- ⇒ **Air Freshener** - All are acceptable.
- ⇒ **Alcohol** - All *Isopropyl* may be used.
- ⇒ **Aluminum disposable containers & tins** -- See *Paper Goods*.
- ⇒ **Aluminum foil** -- See *Paper Goods*.
- ⇒ **Ammonia** - All are acceptable for *Pesach*.
- ⇒ **Antibacterial Ointment & cream** - Neosporin original ointment; Neosporin cream.
 - ↳ **Neosporin Eczema Essentials contains Chametz ingredient**
- ⇒ **Antidepressant** - Sarafem [manufactured by Allergan].
- ⇒ **Apple Juice** - All forms of Apple Juice (frozen, bottles and boxes) need special Passover supervision. *Also see Juices.*
- ⇒ **Baby Formula** - the following baby formula may be used on *Pesach* (and all year long) without Passover certification, as long as they have OU Kosher certification on the label: 365 Everyday Value; Baby Basics; Being Well; Berkley & Jensen; Bright Beginnings; Careone; Comfort; Cottontails; Cozy Care; CVS; Daily Source; Earth's Best; Enfacare [all liquids, all powders]; Enfagrow [all liquids, all powders]; Enfamil [all liquids, all powders]; EnfaPort [all liquids, all powders]; Equate; Gerber Good Start; H-E-B, Isomil [all liquids, all powders]; Home 360 Baby; Kirkland Signature; Member's Mark; Nestle Good Start; Next Step; Similac [all liquids, all powders]; Target; Top Care; Up & Up; Walgreens. *However, they should be served and prepared in separate utensils because they contain kitniyos, which is permitted only to children.*
- ⇒ **Baby Food** - requires Passover certification.
- ⇒ **Baby Oil** - Any brand is acceptable.





⇒ **Baby Ointment** - A&D and Desitin do not contain *chametz* ingredients.

⇒ **Baby Powder** - Johnson's Baby Powder. Also any pure talc, talcum powder, cornstarch, or other ingredients that do not contain pure *chametz* (such as Oat Flour) may be used on *Pesach*.

⇒ **Baby Wipes** - any brand that is alcohol free.

⇒ **Bagged Carrots** — See *Vegetables*.

⇒ **Bagged Salad** — See *Vegetables*.

⇒ **Bags, Paper / plastic** -- See *Paper Goods*.

⇒ **Baking Powder** - Requires *Passover* supervision.

⇒ **Baking Soda** - Arm & Hammer Baking Soda; also any other pure bicarbonate brands may be used on *Pesach*.

⇒ **Balloons** - Should not be blown up over *Pesach*, as they may contain starch.

⇒ **Bamba Snacks** from Osem with *Passover* certification may only be consumed by those who eat *Kitniyos* on *Pesach*. The OU *Passover-Kitniyos* symbol must appear on the label for those who eat *Kitniyos* on *Pesach*.

⇒ **Band-aids** - Any.

⇒ **Bleach** - All are acceptable for *Pesach*.

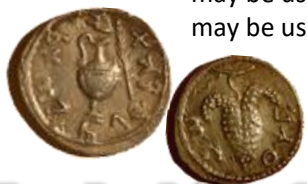
⇒ **Braces, Bite Plates:**

↳ Clean thoroughly when finished eating last *Chametz* before *Pesach*.

↳ Wax used for braces may be used on *Pesach*.

↳ **Orthodontic Rubber Bands:** Elastics and rubber bands used with braces may be coated with corn starch (even though no mention may appear on packaging) and should be rinsed well under cold water before using on *Pesach*.

⇒ **Brita Water Filter / pitcher** - A separate Brita pitcher and filter may be used on *Pesach*. Any brand of water filter may be used, but it should be a new filter.



⇒ **Broom & Dustpan** - One should have a separate broom & dustpan for *Pesach*.



⇒ **Brown sugar** - May have yeast; needs supervision.

↳ The following brands of Brown Sugar **Granulated Only** may be used on *Pesach* with regular OU certification (no "P required") - Bowl & Basket; • Good & Gather.

↳ Domino usually has year-round KFP certification on the packaging from the OK. Check each label to be certain.

⇒ **Butter** - Needs *Pesach* supervision.

⇒ **Candles** - Any (including scented).

⇒ **Canned fruit** - Canned fruit, even in its own juice, needs certification for *Pesach*.

⇒ **Canned Vegetables** - Needs *Pesach* supervision.

⇒ **Charcoal** - All unflavored may be used on *Pesach*.

⇒ **Chinet paper products** — See *Paper Goods*.

⇒ **Cleansers** - See "*Detergents (cleansers)*".

⇒ **Club soda** - Needs *Passover* supervision. Also see "*soda*".

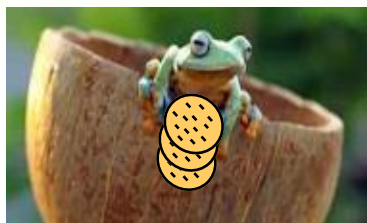
⇒ **Cocoa** - (1) Any new container of domestically produced 100% pure cocoa may be used. (2) Cocoa produced in Europe needs special *Passover* certification. (3) If the label states that it was processed in a plant that produces *kitniyos* or *chametz*, then *Passover* certification is also required.

↳ **Hershey's Pure Cocoa Powder (original regular 100% cocoa)** is acceptable for use on *Pesach* with regular O-U certification.

↳ **Hershey's Special Dark Cocoa** is not the same as original regular Hershey's Cocoa, and **SHOULD NOT BE USED on *Pesach* unless it has special *Passover* certification on the label.**

Brown sugar:
May have yeast; needs supervision.
Domino usually has year-round KFP certification listed on the packaging from the OK. Check each label to be certain.





Everything Coconut

⇒ **Coconut** — Whole in shell may be used on Pesach.

⇒ **Shredded Coconut** — requires Passover certification, unless otherwise noted.

↳ **Shredded Coconut [cRc]** — with regular cRc certification that is unsweetened &



unflavored may be used on Pesach without additional Passover certification. (However, any shredded coconut that is sweetened or flavored with cRc certification requires additional Passover certification.)

⇒ **Coconut Flour** — requires Passover certification.

↳ **Miditer Organic Coconut Flour and Miditer Organic Coconut Cake** with regular Star-K certification may be used on Pesach without additional Passover certification.

⇒ **Coconut Sugar** — requires Passover certification.

⇒ **Coconut Oil** - requires Passover certification.

↳ The following Coconut Oils may be used on Pesach without additional Passover certification on the label:

- Amazon Grocery **Virgin Coconut Oil** with regular OU certification
- Kirkland Signature brand **Organic Virgin Coconut Oil** with regular Star-K certification
- **Miditer:** (1) Organic Refined Bleached Deodorized Virgin Coconut Oil; (2) Refined Bleached Deodorized Coconut Oil; (3) Virgin Coconut Oil Organic — with regular Star-K certification
- **Organic Great Value Virgin Coconut Oil** with regular OU certification

• **Trader Joes (label) Extra Virgin Coconut Oil** with the BCK (or Kosher Check) Kashrus symbol the BCK (or Kosher Check) Kashrus symbol

• **Vita Coco:** Coconut oil with regular Star-K certification

↳ **Coconut Water** and **Coconut Smoothie** that is sold under the **Trader Joes** label, bearing the BCK or Kosher Check Kashrus symbol, may be used on Pesach without additional Passover certification.



Policy Change
Virgin coconut oil must have Kosher for Passover certification unless it is specifically listed as approved without the "P." The OU recently updated its policy based on new findings, so even if you have an older container with a regular OU certification, it is not acceptable for Pesach use.

Coffee!

⇒ **Whole unflavored coffee beans** that are not decaffeinated do not need certification for Passover.

↳ **Whole coffee beans** intended for Pesach should not be ground in a machine that has been used for grinding flavored coffee, unless the machine has been thoroughly cleaned first.

⇒ All unflavored ground coffees are acceptable for Passover use when bearing an OU, including the following:

The following **Ground & Whole Bean (prepackaged) unflavored coffee** that are **not decaffeinated** may be used on Pesach without Passover certification:

7-Eleven; Chock Full O'Nuts; Dunkin' Donuts; Eight O'Clock; Essential Everyday; Folger's; Great Value; Green Mountain Coffee; Hill Country Fare; Kirkland Signature; Kirkland Signature International; Kroger; Maxwell House; Nature's Promise; Nescafe Taster's Choice; Nestle; Newman's Own Organic; Parade; Signature Select; Starbucks; Taster's Choice; Trader Joe's.



Coffee continued on next page →

"Houston Jewish Special Needs"

www.HJSN.org

FREE Information & Networking
to promote social activities
and to share information for

*Jewish Families with
Special Needs
Children & Young Adults.*



*Houston Jewish Special Needs is a Parent driven advocacy group
that is funded by the Katzenellenbogen family
who are not affiliated or associated with any one group, organization or entity.*



More coffee!



- ⇒ **Decaf Coffee** - Requires Passover certification.
 - ↳ **Folgers Unflavored Decaf** (Ground & Whole Bean) – Acceptable with an OU, even without special KFP certification.
 - ↳ **Sanka & Maxwell House** – Some varieties have an OK-P for Pesach.

⇒ **Instant coffee** requires KFP supervision, except for the following brands, which are acceptable for use on *Pesach* without special KFP certification:

- ↳ **Folgers** – All unflavored regular instant (including Classic Roast)
- ↳ **Folgers** – All unflavored decaffeinated instant.
- ↳ **McCafe**—Premium Dark Roast.
- ↳ **Nescafé Taster's Choice** – Regular instant coffee.
- ↳ **VIA Instant Coffee** – Regular.

⇒ **K-Cup coffees and teas** - The brewer machines may not be used on *Yom Tov* or *Shabbos*, and the brewer machine itself must be one that is only used for *Pesach*.

↳ **K-cups** require Passover certification.

↳ The following **unflavored not decaffeinated**

K-cups, Vue cups, Bolt Packs, and Single Serve Coffee with an OU may be used on *Pesach* without any Passover certification from several brands including: Amazon Fresh • Chock Full O'Nuts • Dunkin' Donuts • Eight O'Clock • Folgers • Great Value • Green Mountain Coffee • Kirkland Signature • Krispy Kreme Doughnuts • Kroger • McCafe • Nescafe Taster's Choice • Newman's Own Organic • Starbucks • Tim Hortons.

⇒ **Coffee filters** – Any brand.

⇒ **Coffee substitutes** — such as Postum & Teeccino, often contain *chametz* and should not be used on *Pesach*.

⇒ **Confectioners sugar** - Real confectioners sugar may not be used because it contains corn starch. Imitation confectioners sugar, when available, *Needs reliable "non-Kitniyos" Passover certification.*



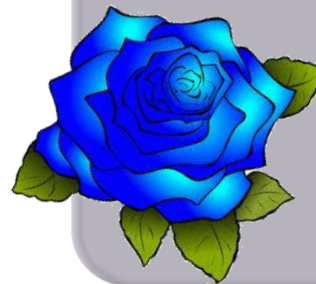
⇒ **Contact Lenses** - All contact lens solutions, cleansers, enzymers, etc. are acceptable for *Pesach*.

**In honor of Rivkey Nimchinsky,
for her many many years of
dedication**

**to YI and the
Pesach Planner.**

And to our friendship.

☺ **Janice Kusin**



⇒ **Contact Paper** -- See *Paper Goods*.

⇒ **Copper & Silver Cleaner** - Hagerty and Goddard's brands may be used on *Pesach* with regular OU Kosher certification.

⇒ **Crock Pot Liners** -- See *Paper Goods*.

⇒ **Cupcake holders**-- See *Paper Goods*.

⇒ **Cups: Plastic, Styrofoam, Paper**-- See *Paper Goods*.

⇒ **Cutlery, Plastic**-- See *Paper Goods*.

⇒ **Dates** - Needs Passover supervision. (*Also see Dried Fruit.*)

⇒ **Dental Floss** - Any unflavored brand, including waxed.

⇒ **Denture care** -

⇒ Clean dentures thoroughly when finished eating *Chametz* before *Pesach*.

⇒ **Denture Adhesive & Cleansers** - Denture-Fit Adhesive; **Fixodent** [Complete, Control, Cream; Denture Cleanser w/ Proguard; Powder Adhesive; Complete Original; Ultra Max Hold]; **Polident** [Denture Cleaner Tablets; Overnight Denture Cleaner; Partial; Smokers Denture Cleaner]; **Super Poli-Grip** [Adhesive Cream, Ultra Fresh; Extra Care w/Poliseal Adhesive Cream; Strips].



Wishing all our friends a very "CHAG PESACH KASHER V'SAMEACH"



*Fondly,
David & Darlene Schwartz*

☞ **Deodorants** - **All powder and solid stick powders are acceptable.**

The following sprays and roll-ons may also be used: **Arm & Hammer Essentials** []; **Arrid** [Aerosol; Gel; Solid; Spray Deodorant]; **Irish Spring** Deodorant & Antiperspirant [all]; **Lady Speed Stick Deodorant** [all]; **Mennen Speed Stick** Antiperspirant [all varieties]; Deodorant [all varieties]; **Old Spice** [High Endurance Deodorant Fresh; Red Zone Solid Deodorant]; **Right Guard** Antiperspirant/Deodorant [stick]. **Right Guard Sport** Antiperspirant/Deodorant [stick]. **Right Guard Stealth** [clear stick]. **Right Guard Xtreme** Antiperspirant/Deodorant [stick]. **Secret Deodorant** [Powder Fresh; Spring Breeze]. **Sauve** Anti Staining [Invisible Solid Antiperspirant Deodorant-Sweet Pea & Violet; **Sauve Fresh** Anti Staining 48-Hour Antipers & Deodorant]; **Sure** Deodorant. Antiperspirant [all]. **Ultramax** [Gel, Solid].



☞ **Detergents / Cleansers** - **All O-U are acceptable for Pesach when bearing a regular O-U or other reliable Kosher certification, without special Passover certification. Included is an additional list: (Note: all bleach are acceptable for use on Pesach)** Ajax; Clorox; Easyoff; Fantastik; Hagerty; Lysol; Melaleuca (with a regular Star-K); Mr. Clean; Murphy's; Pine-Sol; Soft Scrub; Windex.

☞ **Detergents (laundry)** - **Any with reliable Kosher certification may be used on Pesach.**
Included is an additional list that may also be used on Pesach:
Arm & Hammer; Gain; Xtra.



- ☞ **Detergents (dishes)** **All O-U and cRc are acceptable. Included is an additional list:** Ajax; Cascade; Dawn; Ivory; Palmolive.
- ☞ **Dramamine**- [Original Formula; Less Drowsy Tablets; Nausea; Nausea Long Lasting] *all may be used on Pesach.*
- ☞ **Dramamine For Kids** (chewable, only from Prestige Brands) may be used on *Pesach*.
- ☞ **Dried Fruit** - needs Passover supervision.



⇒ **Dried Fruit & Nuts locally purchased:**

Houston Pecan has a very large variety of HKA Passover certified dried fruits and nuts. HKA Passover certification must be on each package. Check out their Passover selections here:

<https://houstonpecan.com/pages/passover> .

(Also see Nuts.)

- ☞ **Eggs** - Should be purchased before *Pesach* when possible.
- ☞ **Ensure** - **All Shakes, all liquids, all powders, all flavors [with the exception of "bars"] may be used on Pesach.**
↳ Also see *Glucerna*.

From the OU "A few – not all – of the Ensure, Glucerna, Pediasure and Jevity products contain oat fiber; the OU has determined that the fiber is not chametz, and the products are permitted to be consumed on Passover."

- ☞ **Fabric Softeners** - Any.
- ☞ **Fabric Protectors**- Any.



Pesach Egg Substitute Option

If you're baking on Pesach and need an egg substitute, use 1/4 cup of unsweetened KFP applesauce per egg. For a lighter texture, you can add an extra 1/2 teaspoon of KFP baking powder to the dry ingredients.

The Ratio: 1 egg = 1/4 cup applesauce.

Use unsweetened applesauce so it doesn't throw off the sweetness of your recipe!



Fish FACTS:



Fresh Fish:

⇒ If purchasing **fresh fish** for *Pesach* from the store, you must bring your own Kosher for Passover fish knife and cutting board, unless the fish area in the store has been *kashered* specifically for *Pesach*.

Frozen Fish:

⇒ During the year raw frozen unseasoned fish without Kosher certification may be used only if you can see the skin and scales on each piece.

⇒ **Passover certification is required on frozen fish for *Pesach*, unless otherwise noted.**

Frozen Salmon vs. all others:

⇒ Frozen Salmon should not be used on *Pesach* without proper Passover Certification because it may have been soaked in corn syrup or corn starch before being frozen. **This information will not appear on the package!**

Exceptions:

The following Fish may also be used on *Pesach* with a regular OU on the label, and does not require additional Passover certification.

- ⇒ **Costco:** Tilapia
- ⇒ **Kirkland Signature:** Boneless Farmed Atlantic Salmon;
- ⇒ **Kirkland Signature:** Salmon Portions, Skinless;
- ⇒ **Kirkland Signature:** Skin-On Boneless Wild Sockeye;
- ⇒ **Kirkland Signature:** Portions, Tilapia Loins
- ⇒ **Members Mark:** All Natural Tilapia.



Frozen Fish from the Kof-K

Unfortunately, due to a change in production methods in some companies in Chile involving citric acid (which is Kitniyos), the Kof-K can no longer make a blanket statement regarding fish for use on *Pesach* that is under their supervision. **Therefore, frozen fish under Kof-K supervision requires Passover certification on the packaging.**

There are a few brands of Kof-K supervised frozen Whiting and Salmon that do not require special Passover certification. Updated for 2025:

The following brands of frozen raw unseasoned Salmon with regular Kof-K certification, that comes from Chile (not the USA or China) with the plant codes 10810,8163,10064, 10664, 10067, 10-11-6, 12079 may be used on *Pesach* without special Passover supervision:

Wegmans; • Mentas Members Mark; • Walmart; • Wellesley Farms • Kirkland

The following brands of frozen raw unseasoned Whiting with regular Kof-K certification, that comes from Chile (not the USA or China) with the plant code 8323, may be used on *Pesach* without special Passover supervision.

The Great Fish Company • Bowl & Basket • Nafco

Processed Fish:

⇒ Gefilte fish (frozen, jarred, etc.) requires Passover supervision.

⇒ Lox requires Passover supervision.

⇒ All prepared Fish & Fish Salads require Passover supervision.

Kosher Fish locally purchased in Houston:

- All HKA certified Kosher fish must ALSO include Kosher for Passover indicators on the packaging in order to use on *Pesach*.



📌 **Food Coloring** - Needs Passover certification.

📌 **Foot Care** - Eucerin Advanced Repair Foot Cream; Gold Bond [Foot Cream; Healing Foot Cream; Healing & Hydrating Cream; Medicated Foot Powder]; Gordon's No Five Spray foot powder.

📌 **Frozen fruit** - whole, sliced or formed frozen fruit may be used (without added syrup, ascorbic acid, citric acid, or vitamin C) without special KFP supervision. Frozen fruits that are prone to infestation (such as strawberries) requires a reliable Kashrus symbol year-round. (Also See Fruit.)

📌 **Frozen fruit juices** - all unsweetened frozen concentrate 100% orange and 100% white grapefruit juices with **no** sweeteners, additives, preservatives, or enrichments (such as calcium) may be used on Pesach, even without regular Kosher certification. **They do not need to be "Grade A"**. All other Frozen juice requires Passover certification. (Also see Juices.)

📌 **Fruit** - All fresh fruit are acceptable. (Also see Canned fruit, Frozen fruit & dried fruit.)

📌 **Fruit peeled or cut** - **As a general rule, all peeled or cut fresh fruits need to have Kosher for Passover certification.**

📌 **Furniture Polish** - Any.

📌 **Garbage bags** -- See **Paper Goods**.



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📌 **Garlic** -

↳ **Fresh garlic** should be purchased prior to *Pesach*.
↳ **Peeled garlic** needs Passover supervision.
↳ **The following Peeled Garlic may be used on Pesach with regular Star-K certification, no "P" required provided that it has no additives and must say "product of USA" on the packaging:**

- ▶ 365 Organic peeled garlic;
- ▶ Chef Cuisine peeled garlic
- ▶ First Street peeled garlic
- ▶ Five Star peeled garlic
- ▶ Little Salad Bar peeled garlic
- ▶ Pop's valley peeled garlic
- ▶ Queen Anne peeled garlic
- ▶ Sequoia peeled garlic
- ▶ Spice World: peeled garlic, diced; peeled garlic, whole
- ▶ West Creek: Bulk Garlic, Whole; peeled garlic



📌 **Gelatin** - Most "Kosher gelatin" is made from non-kosher animals and its' *kashrus* is very questionable. Many products containing this questionable "kosher gelatin" have unacceptable supervision and therefore their purchase is strongly discouraged **all year**. Unless there is proper Kosher certification on the packaging, products containing Gelatin should be avoided and

not considered to be *Kosher*.

↳ Jell-o, "kosher marshmallows", and many brands of yogurt which carry a "K", contain gelatin and should not be used.

↳ Joyva products are normally under the supervision of the KOF-K during the year. However, the KOF-K DOES NOT supervise any Joyva products for Passover because they may contain *Kitniyos*.

↳ **Additionally, Joyva products are NOT recommended for Passover use even when marked Kosher for Passover.**

↳ Marshmallows with proper *Kosher* certification still need to have Passover certification in order to be used on *Pesach*.

📌 **Glass Cleaner** - See "Detergents / Cleansers".



⇒ **Glucerna** - All Shakes, all powders, all flavors [with the exception of "bars"] may be used on Pesach. (Also see Ensure.)

Note from the OU "A few – not all – of the Ensure, Glucerna, Pediasure and Jevity products contain oat fiber; the OU has determined that the fiber is not chametz, and the products are permitted to be consumed on Passover."

⇒ **Glue** - All are acceptable for Pesach.

↳ All Elmer's & Krazy Glue products are *chametz free*.

↳ **Elmer's Finger Paints** contain *chametz*.

⇒ **Hand Cream & Lotions** - **Aquaphor** Healing Ointment; **Eucerin** [Advanced Repair Cream; Advanced Repair PM Scented Light Lotion; Daily Hydration; Intensive Repair Very Dry Skin Crème, Lotion; Original Healing Smoothing Repair Crème, Lotion]; **Gold Bond** Healing & Hydrating Cream; **Pretty Feet & Hands** Rough Skin Remover.

↳ **Eucerin Advanced Repair lotion, and some of the Eucerin Eczema Relief treatments contain chametz ingredients.**

⇒ **Hand Sanitizers** - Any without alcohol or ethanol. If the only alcohol it contains is isopropyl, then it may be used on Pesach.

↳ The following hand sanitizers are *chametz free* and may be used on Pesach: **Purell** Advanced Hand Sanitizer [foam, gel, wipes, instant hand sanitizing foam].

⇒ **Hand Soaps** - See *Soap (Body & Hand)*.

⇒ **Honey** - Needs Passover supervision.

↳ Kirkland brand (Costco house-brand)

Honey usually has an OU-P on the label.

⇒ **Household Cleansers** - See *"Detergents (cleansers)"*.

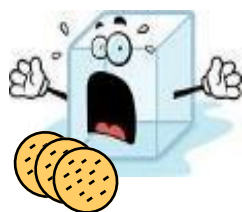
⇒ **Hydrogen Peroxide** - Any brand.

⇒ **Ice** - All plain water bagged ice may be used on Pesach.

⇒ **Insect/Rodent Traps & Sprays** - Bait traps may contain *chametz* and should be sold along with your *chametz* during Pesach, unless it can be confirmed to be non-*chametz*.

↳ **All insecticide sprays may be used.**

⇒ **Itch relief** – **Eucerin** Itch Relief Intensive Calming Lotion; **Itch-X** Spray/Gel; **Monistat** [Care Itch Relief Spray; Complete Care Gel, Chafing Relief]; **Tinactin** [Cream].



⇒ **Joyva products** - See Gelatin.

⇒ **Juices** - All juices in bottles, boxes, cans or containers need Pesach supervision. (Also see **Apple Juice, Orange Juice, Frozen Juices, Lemon & Lime Juice.**)

⇒ **Lactaid** - See Milk.

⇒ **Lemon & Lime Juice** - "**ReaLemon**" (Lemon Juice) and "**ReaLime**" (Lime Juice and Lime Juice Concentrate) may be used on Pesach with Regular OU Kosher certification. Other brands should have Passover certification. (Also see **Juices.**)

⇒ **Lip Therapy** - **Aquaphor** [Lip Protectant + ; Lip Repair Stick]. **Chapstick Classic** [Original, Strawberry Stick]. **Burt's Bees** Beeswax Lip Balm. **CVS** (All Natural Beeswax.; **Lip Moisturizer** [Stick, Tube]; **Lip Relief** SPF 20).

⇒ **Lysol** - All are acceptable on Pesach, including Disinfectant Spray.

⇒ **Maple syrup** needs Passover certification.



NOTE:

THE ONLY HKA CERTIFIED MEAT AND POULTRY THAT SHOULD BE ASSUMED TO BE ACCEPTABLE FOR USE ON PESACH IS MEAT THAT IS PRODUCED DURING THE LAST FEW WEEKS BEFORE PESACH AND LABELED WITH A KFP STICKER.

Look for our "updates page", to be used in conjunction with our Pesach Planner. Our updates page may be adjusted throughout Pesach. You can find the updates on our Pesach Planner website: <http://PesachPlanner.org>





Meat and Poultry:

- ⇒ Ground meat & ground poultry requires Passover certification.
- ⇒ From the OU: unless otherwise noted, all unseasoned OU raw meat and poultry in their original OU packaging is *Kosher for Passover* all year round.

However, ground beef and ground poultry that comes with an OU must have Passover certification.

⇒ The OU also stated to us that nowadays liver is *Kashered* before being sold. The *Kashering* process for liver involves broiling. As such, liver requires Passover certification because it is a partially prepared food.

⇒ Turkey Burgers, corned beef, precooked meats, meats with sauce, frankfurters and deli all require Passover certification.

The following products in their original manufacturer packaging, are Kosher for Passover all year, without any special notation.

- ⇒ A. A. Rubashkin & Sons Beef & Poultry, raw unprocessed [including ground].
- ⇒ A. D. Rosenblatt Beef raw unprocessed [including ground].
- ⇒ Aaron's Best Beef & Poultry, raw unprocessed [EXCLUDING ground].
- ⇒ Allie Beef, Lamb, Poultry & Veal, raw unprocessed [EXCLUDING ground].
- ⇒ David Elliot Poultry raw unprocessed.
- ⇒ Empire Poultry raw unprocessed [including ground but EXCLUDING 10 lb tube].
- ⇒ KJ Poultry Poultry, raw unprocessed [eXcluding ground].
- ⇒ Shor Habor Beef & Poultry, raw unprocessed [EXCLUDING ground].
- ⇒ Solomon's Glatt Kosher Beef & Lamb raw unprocessed [EXCLUDING ground].
- ⇒ Teva Beef raw unprocessed [including ground].

Meat & Poultry - locally produced in Houston:

The only meat and poultry certified as *Kosher l'Pesach* by the HKA is produced in the weeks leading up to Pesach and labeled with a KFP sticker.

↳ Kosher for Passover meat, chicken, fish [with HKA KFP labels] are available at HEB [Meyerland Store] and Randalls [Meyer Park Store].



Milk:



Kosher for Passover milk will not be produced in Texas this year.

↳ **The best option is to buy ALL the milk needed for the ten days of Pesach before Shabbos on Friday, April 11th.**

↳ This option only applies to unflavored white milk (and not for chocolate milk or any flavored milks). The reason the purchase of milk is allowed before Passover is that any trace of *chametz* from the vitamins or equipment will become nullified **ONLY** prior to Passover. Therefore, buying white milk after that time is not considered approved for kosher for Passover use!

↳ Note: You might want to freeze half of your milk for the later days of Pesach. A frozen gallon of milk takes about 20 hours to defrost at room temperature.

⇒ **Vitamins added to milk may contain chametz.**

⇒ **Powdered milk** with an OU-D may be purchased prior to Passover and used on Pesach.

⇒ **Half & Half** needs Pesach certification.

⇒ In case of need, Lactaid Milk can be used but it must be purchased before Pesach.

⇒ **Lactaid Caplets** may contain *chometz* and may NOT be used on Pesach.

⇒ **Lactaid Drops** - For those who add Lactaid to their milk, the Lactaid drops should be added to their container(s) of milk before their *chametz* is sold on Friday morning, April 11th. The rest of the unused Lactaid drops should be sold with their *chametz*.

↳ Note: at the very latest, (if one sets aside some Lactaid drops not to be sold in the *chametz*) the Lactaid drops must be added to milk anytime **before Shabbos** on Friday, April 11th. However, if this is being done after the time that the *chametz* has been sold, then any unused Lactaid drops must be disposed of.





➡ **Mineral Oil** - All may be used.

➡ **Mineral Water** - Any unflavored, non-carbonated, without added vitamins or other sensitive additives may be used on *Pesach*.

➡ **Mouthwash - Arm & Hammer**

Truly Radiant [Bright & Strong Mouth Rinse; Clean & Fresh Mouth Rinse]; **Crest** [Invigorating Rinse;

Whitening Fresh Mint Rinse]; **Listerine** [Cool Mint Antiseptic; Cool Mint Zero Alcohol; Fluoride Defense Anti Cavity; Freshburst; Sensitivity Alcohol Free; Total Care Zero]; **Orajel** [My Little Pony Anticavity Fluoride Mouth Rinse; Super Mario Anticavity Fluoride Mouth Rinse]; **Scope** [all].

➡ **Nori** (seaweed sheets used for sushi) needs Kosher supervision all year long, and additional Passover certification for *Pesach*.

Everything Nuts:

➡ **Nuts - Raw and no longer in their shell:**

➡ **Walnuts, Almonds, Pine, etc.** Whole or chopped *raw* without any added preservatives or other additives [such as BHT or BHA] are approved for Passover.

Please note that if the label states that the nuts were processed in a plant that processes kitniyos or chametz, then it requires a reliable KFP certification (unless on an approved list) .

➡ **Pecans:** Whole & half raw pecans that are no longer in their shell are similar to any raw nuts mentioned above as acceptable for use on *Pesach* if they are *raw* without any added preservatives or other additives [such as BHT or BHA].

↳ However, any pecan pieces, midgets, ground, meal, etc, must have KFP certification.

↳ The following OU certified raw whole Pecans and raw Pecans halves that



OU Policy on nuts, clarified

The OU states that even the addition of salt to packaged, shelled nuts is considered an "added ingredient" and requires proper Passover certification for use on *Pesach*.

Why is salt a concern if non-iodized salt is already known to be acceptable? Because salt alone does not adhere to nuts without the addition of another substance. Therefore, the OU's policy is that shelled nuts must be free of all added ingredients or preservatives to be acceptable for *Pesach* use without proper Passover supervision.

However, raw nuts that are still in their shells are acceptable for use on *Pesach* without certification.

do not contain any added ingredients or preservatives [such as BHA or BHT] may be used on *Pesach* if it has regular OU certification, without additional Passover certification— Great Value; Kirkland; Kirkland Signature; Kroger.

➡ Nut Products with BHT or BHA should not be used on *Pesach*.

➡ Nuts that are dry roasted, toasted, blanched, etc. require KFP certification.

➡ **Still in shell:**

➡ All whole nuts (still in shell) that are not legumes (such as peanuts, which are *Kitniyos*), may be used on *Pesach* without any Kosher certification.

➡ The following OU certified nuts that come in raw whole, raw pieces, and raw nut meal that do not contain any added ingredients or preservatives [such as BHA or BHT] may be used on *Pesach*



with regular OU certification. Does not need additional Passover certification: DIAMOND [Almonds]; GREAT VALUE [Almonds]; KIRKLAND SIGNATURE [Almonds, Walnuts]; TRADER JOE'S [Almonds, Cashews]; TRADER JOE'S ORGANIC [Almonds].

➡ **Almond Milk** - Requires Passover certification.

➡ **Almond Flour** requires Passover certification.

↳ **Kirkland Almond Flour** with either a Kof-K or KorcP on the label are both acceptable for use on *Pesach*, as per the AKC and cRc.

↳ **Barney Bakery Almond Flour** with regular OU certification, may be used on *Pesach* without additional Passover certification.

➡ **Houston Pecan Company** has a large selection of Kosher for Passover nuts, dried fruit, and chocolates. HKA Passover stickers must be on each bag. All nuts are raw, except pistachios. <https://houstonpecan.com/pages/passover>. Call 713-772-6216 to place your Passover order.



Also see COCONUT SECTION ON PAGE 31.



Oil Notes:

- 📖 **Regular Oil** - Needs *Pesach* supervision.
- 📖 **Avocado oil** - Needs Passover certification.
 - ↳ **Chosen Foods Avocado oil** and **Avocado Cooking Sprays** (with regular OU certification) may be used on *Pesach* without Passover certification.
 - ↳ **Farm To Market Extra Virgin Avocado Oil** (with regular OU certification) may be used on *Pesach*, without Passover certification.
 - ↳ **Pompeian 100% Avocado Oil**, Non-Stick Cooking Spray with regular **Star-K** certification may be used on *Pesach* without additional KFP certification.
- 📖 **Coconut Oil** - requires Passover certification.
 - ↳ **The following Coconut Oils may be used on Pesach without additional Passover certification on the label:**
 - **Amazon Grocery Virgin Coconut Oil** with regular OU certification
 - **Kirkland Signature brand Organic Virgin Coconut Oil** with regular Star-K certification
 - **Miditer:** (1) Organic Refined Bleached Deodorized Virgin Coconut Oil; (2) Refined Bleached Deodorized Coconut Oil; (3) Virgin Coconut Oil Organic — with regular Star-K certification
 - **Organic Great Value Virgin Coconut Oil** with regular OU certification
 - **Trader Joes (label) Extra Virgin Coconut Oil** with the BCK (or Kosher Check) Kashrus symbol the BCK (or Kosher Check) Kashrus symbol
 - **Vita Coco:** Coconut oil with regular Star-K certification.

- 📖 **Grapeseed Oil** requires *Pesach* supervision unless otherwise noted.
 - ↳ **Pompeian Grapeseed Oil** with regular **Star-K** certification may be used on *Pesach* without additional KFP certification.
- 📖 **Mineral Oil** - All may be used.
- 📖 **Olive Oil** - Regular olive oil requires KFP certification for use on *Pesach*.
 - ↳ **Extra Virgin Olive Oil** with Kosher Certification from the OU or cRc that is unflavored may be used on *Pesach* without additional KFP supervision.
 - ↳ **Light Extra Virgin Olive Oil**, **Pure Olive Oil**, and **Olive Oil Sprays** need to have Passover certification for use on *Pesach*.
 - ↳ **Pompeian Extra Virgin Olive Oil** [100% Spanish; California Dream; Early Harvest Fresh & Fruity; Arbequina; Three Brances Smooth & Fruity; Fusion; Gourmet Selection Fresh & Fruity; November Moon; Robust; Smooth] and **Organic Pompeian Extra Virgin Olive Oil** with regular Star-K certification is permitted for use on *Pesach* without additional KFP certification.
 - ↳ **Pompeian Organic Extra Virgin Olive Oil spray** may be used with regular star-K certification on *Pesach* without additional KFP certification.
- 📖 **Orange Juice** - *Fresh Orange Juice* needs to have Passover supervision. Some of the national brands that are available in Houston (for example, Tropicana and Minute Maid) will have Passover certification printed on some of their varieties shortly before *Pesach*. **Remember to check each container before purchasing.** (Also see Frozen Fruit Juices.)
- 📖 Orthodontic Rubber Bands: *See Braces & Bite Plates.*
- 📖 Oral pain care - *See Toothache / mouth-ache..*
- 📖 Oven Cleaner - *See Detergents / Cleansers.*

Kosher Advisory

Tropicana Pure Premium Orange Pineapple Juice

Issue: Mislabel

Please be advised that a limited amount of Tropicana Pure Premium Orange Pineapple (BB: JUN 09 25) was mistakenly ink-jetted with an OK P on the packaging.

This product is NOT Kosher for Passover.

Corrective actions are being taken.



Paper Goods:

☞ **Aluminum disposable containers & tins** - Any brand, wash before using the first time.

☞ **Aluminum foil** - All may be used on *Pesach*.

☞ **Bags:**

⇒ **Paper bags** - Any, for cold use only.

⇒ **Plastic bags** - All may be used.

☞ **Chinet paper products** - Often have an OK-P (for Passover) on the packaging. *Check each package.*

☞ **Coffee filters** - Any brand.

☞ **Contact Paper** - All may be used.

☞ **Crock Pot Liners** - All are acceptable. (*Note: A separate crock pot unit is necessary for Pesach.*)

☞ **Cupcake holders:**

⇒ **Foil cupcake holders** - All are acceptable.

⇒ **Paper cupcake holders** - Require Kosher Passover certification because they may contain starch.

⇒ **Paperchef** with regular Star-K certification (no P required) may be used on *Pesach*.

☞ **Cups:**

⇒ **Plastic & Styrofoam cups** - Any plastic or Styrofoam.

⇒ **Waxed Paper cups or Plastic Coated Paper cups** - For cold use only.

☞ **Cutlery, Plastic** - All may be used.

☞ **Garbage bags** - Any plastic can be used for food storage.

☞ **Paper Napkins** - All may be used.

☞ **Paper towel rolls** - Any brand may be used as follows: The first three sheets and the last sheet attached to the cardboard should not come into direct contact with food since a corn starch based glue may be used. The rest of the roll may be used with hot or cold.

☞ **Parchment Paper** - Parchment paper needs year-round Kosher certification, and additional Passover certification for *Pesach* use, unless otherwise noted. Check each label. Many already have the "P" next to the *hechsher*.



From Star-K Kosher:

Pesach Shiurim for Matzah & Wine - For healthy individuals and for diabetics / those with food allergies.

<https://www.star-k.org/articles/articles/seasonal/349/passover-guide-for-individuals-with-diabetes-and-food-allergies/>

↳ The following parchment paper are *Kosher* for *Pesach* without KFP symbol, when bearing regular Star-K Kosher certification — Amber Paper, Carnation, Chef Elite, H-E-B, Kirkland Signature, Papechef.

↳ **Geula & Gefen brands of parchment paper require OU-P for Passover.**

☞ **Plastic wraps** - Any.

☞ **Plates:**

⇒ **Paper plates** - May have starch, **must** have KFP supervision.

⇒ **Plastic coated paper plates** - For cold use only.

⇒ **Plastic & Styrofoam plates** - All.

☞ **Straws** - Any plastic.

☞ **Tablecloths:**

⇒ **Plastic tablecloths** - All clear plastic (non-powdered only) may be used. (For those that are pre-cut, ensure that the plastics are not attached to avoid *Shabbos* and *Yom Tov* problems.)

⇒ **Paper tablecloths** May be used as long as hot food is not placed directly on it.

⇒ Also see "Towels & tablecloths" in "**Kashering**" section.

☞ **Wax Paper** - Should have *Kosher* certification all year, with additional Passover certification for *Pesach*. Check each label. Many already have the "P" next to the *hechsher*.

↳ The following are *Kosher* for *Pesach* without KFP symbol, when bearing regular Kosher certification — Cut Rite; Essential Everyday; Reynolds.






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📌 **Paste** - May be *chametz*. (Also see *Glue*.)

📌 **Pet food** - Most pet foods contain *chametz* and cannot be owned or used during *Pesach*. Some canned foods are usable. Check the ingredients to make sure there are no grain by-products. Examples of Pet foods that would be considered to be *chametz* are those containing wheat (cracked, flour, germ, gluten, ground, grouts, middling, starch), barley (cracked, flour), oats (flour, grouts, hulled); pasta; rye; xanthan gum and brewer's dried yeast. Animal food with soy or corn and no *chametz* ingredients is acceptable for use on *Pesach*.



➡ **Note: animal foods which contain both meat and milk should not be used all year.** To learn about *Kosher* pet food restrictions please see the following article from the Star-K: <http://www.star-k.org/articles/articles/seasonal/375/feeding-your-pet-barking-up-the-right-tree/>

➡ The following link includes *Pesach* pet food information from the cRc:

<https://consumer.crc kosher.org/wp-content/uploads/2025/03/Pet-Foods-for-Pesach-2025.pdf>

➡ The following link includes pet foods approved for 2025 from the Star-K:

<https://www.star-k.org/articles/wp-content/uploads/pet-food-list.pdf>

📌 **Petroleum Jelly - Vaseline Petroleum Jelly** (original).

📌 **Plastic wraps** -- See *Paper Goods*.

📌 **Plates, all kinds** -- See *Paper Goods*.

📌 **Play-Doh** - Play-Doh is *chametz*.

"Knock offs" of Play-Doh are probably also *chametz*.

📌 **Postum** - See *Coffee substitutes*.

📌 **Quinoa** -- Requires *Passover* certification, unless otherwise noted.

➡ Quinoa is neither *chametz* nor *kitniyos*. However, since it grows in close proximity to other grains that are not permissible for use on *Pesach*, it requires *Passover* certification for use on *Pesach*.

📌 **Raisins require *Passover* certification.**

➡ The following raisins may be used on *Pesach* with regular *Kosher* certification (KFP not required) **provided that it is not oil treated (or that oil does not appear in the ingredient panel)**: Gefen; Glicks; Great Value; H-E-B; Kroger; Signature Select; Sun Valley Raisins; Trader Joe's.

Some Raisins are treated with oils that are not permissible on *Pesach*. Only untreated raisins may be used without KFP certification.

You must check the raisins on the adjacent list to make sure it is not treated with oils.



📌 **Roach control** - See *Insect / Rodent traps*.

📌 **Rubber Gloves** --

➡ Any without inner powder coating may be used.

➡ If packaging does not state whether there is a coating, then turn gloves inside out. If powder is not evident, then rub on dark fabric to confirm. If there is evidence of powder, then do not use near food.

➡ Disposable hospital gloves may contain oatmeal. If the packaging states that it contains oatmeal, then it should be sold and put away with the *chametz*.

📌 **Salad in bag** - See *Vegetables*.

📌 **Salt** - Any brand **without** iodine, dextrose or polysorbates. Magnesium carbonate or sodium silicate are fine for use on *Pesach*.

➡ The following brands of salt may be used on *Pesach* with regular *Kosher* certification (KFP not required) **if it is Non-Iodized**: • Artisan Salt Co. • Badia; • Kirkland Signature; • Morton; • Remarkable.

📌 **Scouring pads & Sponges**:

➡ Any plain steel wool (without added soap) may be used.

➡ Any Scouring Pads & Sponges without soap may be used.

➡ Any OU certified Scouring Pads and powders may be used without additional *Passover* certification.

➡ Sponges should not be used on *Shabbos* or *Yom Tov*, but may be used on *Chol Hamoed*.

📌 **Seltzer** - Unflavored seltzer does not require any *Kosher* certification during the entire year. On *Pesach*, any unflavored seltzer that does not list citrates as an ingredient may be used. All flavored seltzer requires KFP certification.





☞ Shampoo & Conditioner— The following list of Shampoos & Conditioners do not contain **Chametz ingredients:**

Aveda Pure Abundance
Volumizing Lotion; **Head &
Shoulders** [Active Sport [2 in 1;
Shampoo; Shampoo and 2 in 1];
Classic Clean [2-in-1; shampoo;
conditioner]; Deep Clean [2 in 1;
Conditioner; Shampoo]; Dry Scalp
Care [2 in 1; shampoo; conditioner];
Herbal Essence Bio Renew Flexible

Airspray Alcohol-Free. **Johnson's** [Baby Shampoo—
Calming Lavender; Head to Toe Wash &
Shampoo; No More Tangles [Conditioner;
Detangling Spray] **Pantene** Classic Care [Solutions shampoo; conditioner]; Daily
Moisture Renewal Nourishing shampoo; Dry Shampoo Spray; **Pantene Pro-V**
Classic Clean (shampoo, conditioner); Daily Moisture Renewal (shampoo,
conditioner); Flexible Hold Air Spray; Sheer Volume Shampoo; Airspray Alcohol
Free Hair Spray. **Prell** — Classic Clean; **Selsun Blue** Full & Thick Shampoo; 2-in-1
Shampoo; Moisturizing Shampoo; Medicated Shampoo; **Suave** [Almond & Shea
Butter Moistening Shampoo; Deep Moisture Hydrating Shampoo; Essentials
Tropical Coconut Shampoo]; **Suave Kids**— Watermelon Wonder.

Tresemme [Beauty Full Strengthening Shampoo; Moisture Rich Shampoo with
Vitamin E; Rich Moisture Hyaluronic Plex shampoo].

☞ **Shoe Polish** - Any brand.

☞ **Silver Polish** - Any brand. (Also See "Copper & Silver Cleaner".)

☞ **Soap (body & hand)** —The following list of body & hand soaps do not
contain **Chametz ingredients**: **Coast** Bar Soap [all]. **Dial** Bar Soap [all]. **Dial** Body
Wash [All except Oatmeal]. **Dial** [Foaming Hand Wash (all); Liquid Hand Soap
(all)]. **Dove** [Bar Soap (all); **Dove Body Wash** [Cucumber &
Green Tea; Deep Moisture; Sensitive Skin]; **Irish Spring** [Bar
Soap (all); Body Wash (all)]; Ivory Bar Soap [Regular; Aloe].
Palmolive bar soap (all); **Softsoap** (bar soap; liquid soap).

☞ **Soda** - All soda, diet soda and seltzer needs to have
Passover supervision, and should be noted on each bottle or
cap.



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<https://houstonpecan.com/pages/passover>



☞ **Sodastream™** - Carbon dioxide cylinders
and Carbon Dioxide Gas Filling may be used on
Pesach without additional Passover certification.
See "Appliances" in section 1 of this guide for
more info on Sodastream™.

☞ **Spices** - All ground spices need Passover
supervision. Any whole (unground) spices do
not need KFP supervision. Ashkenazim should
be mindful of whole spices that are *Kitniyas*,
such as mustard.

☞ **Sponges** - Any without added soap. Also
see "Scouring pads & Sponges".

☞ **Straws** -- See **Paper Goods**.

☞ **Sugar** - Sugar - White Granulated:

↳ The following White Granulated Sugar may
be used on *Pesach* with regular OU certification: 365 Whole Foods Market; H-E-B
Organics; Kirkland Signature; Trader Joe's; Whole Foods—Bulk Goods.

↳ Any brand of regular granulated sugar without additives that carries the CRC
symbol, may be used on *Pesach* without a special Passover marking.

↳ Any brand of pure cane or beet sugar without added dextrose, that carries
the Star-K symbol, may be used even without a special Passover marking.

↳ Domino sugar is usually *Kosher for Passover*, and has a Passover symbol on
the packaging.

↳ Brown Sugar and Confectioners Sugar both require Passover certification.
Please see those sections in this guide for more information.

☞ **Sweeteners** - Artificial and other sweeteners need *Pesach* supervision.

White Granulated Sugar & Brown Sugar with OU certification:

Due to the increasingly common use of Passover questionable processing aids
used in the manufacture of sugar, OU Kosher has decided to limit the brands
recommended for *Pesach* use, to those with the OUP symbol.

Rest assured, if any OU certified granulated sugar was used in a *Pesach* product,
(post-facto) those foods may still be considered kosher for Passover.

☞ **Suntan Lotion & Sunscreen** - Cetaphil [Sheer Mineral Sunscreen; Sun Tinted Face SPF 40]; Eucerin [Advanced Hydration SPF 50 Sunscreen Spray; Age Defense SPF 50 Sunscreen; Baby Sensitive Mineral SPF 50 Sunscreen; Oil-Control SPF 50 Sunscreen; Sensitive Mineral Sunscreen Lotion SPF 50]; Mary Kay CC Cream Broad Spectrum SPF 15. Neutrogena [Sheer Zinc Dry-Touch Sunscreen SPF 50; Ultra Sheer Dry Touch Sunblock SPF (30; 70)].

☞ **Tablecloths, paper & plastic** -- See *Paper Goods*.

⇒ Also See "Towels & tablecloths" in "Kashering" section.

☞ **Tea - Flavored Tea Bags, Instant Teas and Herbal Teas** need special Passover supervision.

⇒ All unflavored regular tea bags (not decaf) are acceptable for *Pesach* without special Passover supervision.

⇒ All unflavored regular Pure black, green & white tea bags (not decaf) are acceptable for *Pesach* without special Passover supervision.

⇒ **Lipton Decaffeinated teabags are no longer Kosher for Passover.**

↳ **Lipton regular teabags that are unflavored, not decaf and not herbal are usable for *Pesach* without a "P".**

⇒ Instant tea requires Passover certification, unless otherwise noted.

⇒ **Swee-Touch-Nee** makes a 97% caffeine free tea and an herbal tea for *Pesach*. Look for Passover certification.

☞ **Tonic water** - requires *Kosher* certification throughout the year, and additional Passover certification for use on *Pesach*.



☞ **Toothache / mouth-ache** – Baby Orajel [Naturals Teething Gel, Nighttime; Naturals Teething Tablets; Teething Gel(all), tablets]; • Orajel Denture Pain relief Gel; • Orajel Cold Sore Cream; • Orajel Mouth Sore [Gel; Rinse (all); swab]; • Orajel Maximum Strength [Gel; Toothache Liquid]; • Orajel Medicated Teething [Gel, Nighttime; Swabs]; • Orajel Severe Pain [Formula Cream; PM]; • Orajel Severe Toothache Cooling [Gel; liquid]; • Orajel Single Dose Cold Sore Treatment; • Orajel Teething Gel • Orajel Toothache Pain Relief [Max strength, Severe].

☞ **Toothpaste-** • Aim [all]; • Aquafresh [all]; • Arm & Hammer [all];

• Baby Orajel Tooth & Gum Cleanser [all]; • Close Up [all]; •

Colgate [all] **uses Vege Glycerin**; • Colgate Optic White •

Colgate Optic Whitening Pen • Colgate Sensitive Pen • Crest

3D White [Advanced Vivid Invigorating Mint; Refreshing Mint];

Vivid Radiant Mint; Glamorous White, Fresh Mint]; • Crest

Baking Soda Peroxide; Protection Gel & Paste; Clinical Sensitivity

[all]; Complete Multibenefit [all]; for Kids [all]; Multicare; plus

Scope [all]; Pro-Health; Tarter Protection; Whitestrips); • Orajel

(Anticavity Fluoride; Complete Protection; Elmo Tooth & Gum Cleanser [all];

Fluoride-Free Training; My Way Boys Fluoride; My Way Girls Fluoride; Sensitivity

Relief; Toddler Training [All]; Toothpaste [All]); • Pepsodent (all); • Prevident

(Varnish [Prescription only]; 5000 Plus; 5000 Plus/ Brush on Gel [Prescription only];

Brush-On Gel, Mint / Prescription only)). • Sensodyne [Pronamel; Sensitivity &

Gum Clean & Fresh; Sensitivity & Gum Whitening]); Ultrabrite (all).



MUST BE A NEW TUBE OF TOOTHPASTE AND A NEW TOOTHBRUSH.

☞ **Toothpicks** - Any Wood or Plastic that are unflavored and uncolored.

☞ **Tuna** - needs *Pesach* supervision.

☞ **Vaseline Petroleum Jelly** - Original.



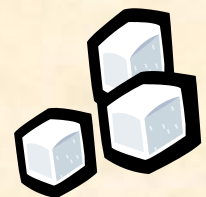
Sugar on Pesach?

⇒ **REGULAR GRANULATED SUGAR** without dextrose added may be used, even without a Passover symbol.

⇒ **BROWN SUGAR** may have yeast so it needs supervision.

⇒ **REAL CONFECTIONERY SUGAR** may not be used because it contains corn starch. It would need to have reliable "non-Kitniyos" Passover certification, if available.

⇒ **SWEETENERS** - Artificial and other sweeteners need *Pesach* supervision.



**Click HERE for PASSOVER information
FROM THE JEWISH DIABETES ASSOCIATION**

http://www.jewishdiabetes.org/article.asp?sivug_r=18&sivug_m=142

Click HERE for A Diabetic's Guide To PASSOVER

<http://www.kashrut.com/Passover/pdf/FriendsWithDiabetes.pdf>

VEGETABLES

⇒ All **raw vegetables** are acceptable.

⇒ **Pre-peeled vegetables** should not be used on *Pesach* without *Passover* supervision.

⇒ **Bagged salads** need *Passover* supervision. Look for *Passover* certification or a "P" on each bag. This usually appears next to the regular *Kosher* symbol.

↳ Look for the **Star-K-P** & **OK-P** symbols on bags of *Dole* & *Fresh Express* Salads.

⇒ **Carrots** do not need *Passover* supervision.

⇒ **Baby carrots** (raw in plastic bags without additives) also do not need special *Passover* supervision, but should be rinsed first before using on *Pesach*.

⇒ **Precut bagged carrots** need to have *Passover* certification.

⇒ **As a general rule, all peeled or cut fresh vegetables need to have Kosher for Passover certification.**

⇒ **Canned vegetables** need *Pesach* supervision.

⇒ When using romaine lettuce it must be checked thoroughly for insects.

⇒ **There are fewer salads available these days with a proper hechsher.**

⇒ **If you are planning to use romaine lettuce, it must either have a hechsher or must be cleaned meticulously for insects.**

⇒ The cRc produced a very informative video entitled "**How To Check Romaine Lettuce and Other Leafy Vegetables**". It can be found in the cRc video library at <https://crckosher.org/videos/how-to-check-romaine-lettuce-and-other-leafy-vegetables/> or on youtube at: https://www.youtube.com/watch?v=P_wobTUx4k0&t=343s.

⇒ **Frozen vegetables** need *Pesach* supervision.

↳ Due to the proliferation of frozen pasta mixtures, frozen vegetables, which are produced on the same machinery, may not be used for *Pesach*. All frozen vegetables without *Passover* certification should be sold with your *chametz*.



Notes Pertaining to Processed Water, Soda, etc.

⇒ **BOTTLED WATER** - Unflavored spring or distilled water, without added citrates, may be used on *Pesach* including those with fluoride or minerals.

Water that lists any type of citrate (such as calcium citrate, sodium citrate, potassium citrate, etc.), or citric acid, are not recommended for *Pesach* use.

⇒ **Club soda** - Has additives so it must have *Passover* certification for use on *Pesach*, but does not need any *Kosher* certification during the rest of the year.

⇒ **MINERAL WATER** - Any unflavored, non-carbonated, without added vitamins may be used on *Pesach*.

⇒ **SELTZER** - Unflavored seltzer does not require any *Kosher* certification during the entire year. On *Pesach*, any unflavored seltzer that does not list citrates as an ingredient may be used. All flavored seltzer requires *KFP* certification.

⇒ **Soda** - All soda & diet soda needs *Passover* supervision.

⇒ **TONIC WATER** - Requires *Kosher* certification throughout the year, and additional *Passover* certification for use on *Pesach*.

⇒ **ENHANCED WATER** - Although the OU approves bottled and distilled water without *Passover* certification, when it comes to enhanced water, an OU-P is required. This is due to the fact that the enhanced water may contain sensitive ingredients such as citric acid, which may be derived from corn starch or amylase.

⇒ **Ashkenazic Jews** do not eat vegetables that are *Kitniyos*. See *Kitniyos* section on [page 47](#) for a detailed list.

⇒ **Vegetable Wash** - Needs *Passover* certification.

↳ The cRc recommends using "Seventh Generation Non-Fragrance Natural Dish Liquid Soap for those who are concerned about a 'soapy aftertaste'."





Vinegar - Vinegar may be *chametz*. Kosher for Pesach vinegar is available. Mayonnaise, ketchup, pickles and horseradish, salad dressings and all products which contain vinegar also need special supervision.

Vitamins - Often are *chametz* Pesach supervision is needed.

↳ **Please note that not all Freeda brand vitamins are Kosher For Pesach.**

Water - Unflavored spring or distilled bottled water, without added citrate or zinc lactate, may be used on Pesach including those with fluoride or minerals.

↳ Water that lists any type of citrate (such as calcium citrate, sodium citrate, potassium citrate, etc.), or citric acid, are not recommended for Pesach use.

↳ One should try to buy all of their bottled water before Pesach.

↳ As per our continued discussion with the OU, Kirkland Purified Water (with minerals added for taste) is acceptable for use on Pesach this year (2025), *provided that it is purchased before Pesach.*

↳ The following brands of bottled water may be used on Pesach with an OU without additional Passover certification when it is unflavored and contains no added minerals: 365 By Whole Foods Market; Adirondack;

Amazon Fresh; America's Choice; Aquafina; Aquaviva; Arizona; Foodtown; Fry's; Gerber; Great Value; Hill Country Fare; Kirkland Signature; Kroger; Member's Selection; My Essentials; Naked; Nature's Place; Office Depot; Ozarka; Parade; Poland Spring; Polar; Pure Life; Signature Select; Trader Joes.

↳ The following brands of Unflavored water, with minerals added, may be used on Pesach with regular OU certification (KFP not required): Dasani; Glaceau Smart Water.

Water Filters any.



Wax Paper See *Paper Goods*.

Wine - Some Manischewitz wines are not Kosher for Passover. Check for **OU-P on EACH bottle**. The "blackberry wine" is not wine. It's *bracha* is *Shehakol*.

Yogurt - Requires Passover certification.



Most other products require special supervision. These include milk products, liquors, candy, spices and all canned and processed foods.

Sometimes Kosher but not for Passover food items erroneously find their way onto the shelves in the "Kosher for Passover section" of the supermarket.

Remember to check each label carefully for the appropriate Passover certification !!



Machon Tzomet: "Do Not Cover Your Hot Plate with Aluminum Foil" [Click here for more information.](#)



Note to self... Pesach cleaning is NOT Spring cleaning. Stay focused on the job at hand! Read page 12







Kitniyos

Ashkenazic Jews do not eat any foods on Pesach that contain Kitniyos.


The following are considered to be *Kitniyos*:


- Anise • Aspartame • Beans • Buckwheat
- Canola oil • Caraway • Cardamom
- Chickpeas • Coriander • Corn, • Corn oil
- Corn syrup/Glucose syrup • Cumin
- Edamame • Fennel • Fenugreek • Flax s (Linseed)
- Green Beans • Kasha • Kimmel • Lentils
- Licorice • Linseed • Lucerne • Lupine • Millet • MSG
- Mustard • Peas • Popcorn • Poppy seeds • Rapeseed
- Rice • Saffron • Sesame • Sorbitol • Soy (Soybean)
- String beans • Sunflower seeds • Tofu • Vetch.

 **From the cRc:** Dill Seeds are considered to be *Kitniyos*, however Dill Leaves are acceptable for use on Pesach without Passover certification.


 The following may be *Kitniyos* and are therefore not used by Ashkenazim on *Pesach*:

- Amaranth • Peanuts

 The use of **peanut oil** is questionable for use by Ashkenazim on *Pesach*.

 **Cottonseed oil** with Passover certification is permitted by Ashkenazim and Sefardim alike.



 **Tahini** (made from sesame seeds) and **Humus** (made from chickpeas & tahini) are both *Kitniyos* and should not be used by those who do not eat *Kitniyos* on *Pesach*.



O-U symbol for O-U certified Passover Kitniyos food items

Star-K symbol for Star-K certified Passover Kitniyos food items.



Ashkenazim Beware!

There are many products on the market for Passover that contain *Kitniyos*, especially those imported from Israel, France and other European countries. Many of these products may also have *Kitniyos* certification from the O-U or the Star-S. However, it is possible that some imports may not have the *Kitniyos* symbol. Many of these products are candy and will say "**LeOchlay Kitniyos**" on the packaging. **Check the ingredients. Please note that dextrose and glucose are generally corn derivatives.**

Passover Certified Kitniyos

The O-U and the Star-S (a division of the Star-K) each have *Kashrus* symbols (shown on this page) to mark those *Passover* products that may be used only by *Kitniyos* users during *Pesach*. Those who do not eat *Kitniyos* may own those products over *Pesach*, but should not eat from it until after *Pesach*. **Those who do not eat *Kitniyos* on *Pesach* that realize they accidentally purchased a *Kitniyos* product and discover it on *Pesach* do not need to throw it out. It's not *Chametz*, just put it away for the week.**



Quinoa Notes



Many Rabbis have determined that Quinoa is not *Kitniyos*. The previous controversy existed because quinoa bears some distinct similarities to grains that are *chametz* or *Kitniyos*. Additionally, quinoa can often be found growing in close proximity to those *chametz* or *kitniyos* grains. However, under supervised conditions, the cRc, the Star-K, and the OU all agree that quinoa is acceptable for *Pesach* when bearing special Passover certification. Several different brands of Passover certified quinoa are available in the national marketplace.

The following article from the Star-K offers more details regarding how quinoa is prepared and what the problems in the past were all about:

www.star-k.org/quinoa.



Passover Baking Substitutes

copied from: <http://www.cor.ca/>

YEAR ROUND RECIPES:	FOR PASSOVER USE:
½ cup (125 mL) flour (all purpose)	2 tbsp (30 mL) Cake Meal + 6 tbsp (90 mL) potato starch
1 cup (250 mL) flour (all purpose)	½ cup (125 mL) Matzo Meal + ½ cup (125 mL) potato starch sifted together
1 cup (250 mL) flour (cake or pastry)	¼ cup (50 mL) Cake Meal + ¾ cup (175 mL) potato starch
1 tbsp (15 mL) flour	1½ tsp (7 mL) potato starch
1 tbsp (15 mL) corn starch	1 tbsp (15 mL) potato starch
1/3 cup (75 mL) icing sugar	1/3 cup (75 mL) granulated sugar + ½ tsp (2 mL) potato starch processed in blender or food processor
1 oz baking chocolate (unsweetened)	3 tbsp unsweetened cocoa powder + 1 tbsp oil or melted margarine
1 cup honey	1¼ cup granulated sugar + ¼ cup water
1 cup graham cracker crumbs	1 cup matzo meal
1 cup matzo meal	3 whole matzos ground in a processor
1 cup wine	13 tbsp water + 3 tbsp lemon juice + 1 tbsp sugar. Mix together and let set for 10 minutes.



Remember to periodically check
PesachPlanner.org
for updates to this guide.



NOTE:

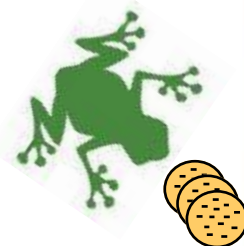
THE ONLY MEAT AND POULTRY
CERTIFIED AS KOSHER
L'PESACH BY HKA IS
PRODUCED IN THE WEEKS
LEADING UP TO PESACH AND
LABELED WITH A KFP
STICKER.



Look for our "updates page", to
be used in conjunction with our
Pesach Planner.
Our updates page may be
adjusted throughout Pesach. You
can find the updates on our
Pesach Planner website:

<http://PesachPlanner.org>

From the OU "A few – not all
– of the Ensure, Glucerna,
Pediasure and Jevity products
contain oat fiber; the OU has
determined that the fiber is
not chametz, and the
products are permitted to be
consumed on Passover."



SOME AFTER-SHOWER & baby powders MAY
CONTAIN OAT FLOUR OR OTHER CHAMETZ
INGREDIENTS.
CHECK THE INGREDIENTS TO MAKE CERTAIN THAT
YOU ARE USING POWDER THAT ONLY CONTAINS
TALC, TALCUM POWDER, CORN STARCH, OR
OTHER NON-CHAMETZ INGREDIENTS.



Any plain STEEL Wool,
SCOURING PADS AND SPONGES
WITHOUT SOAP MAY BE USED
ON PESACH.



Houston, TX Pesach Schedule ~ Important Zmanim 2025 / 5785

בס"ד

Rabbi Wender's pre-Pesach Class	Sunday, March 30 th @ 8:15 PM — YIH, in the small Beis Medrash
Sale of Chametz	Weekday evenings April 2 nd to April 9 th before mincha and after 9 PM maariv
Rabbi Wender's Shabbos HaGadol Drasha @ YIH	Shabbos afternoon, April 5 th / 6:15 PM
HKA Pre-Pesach Kashering	Sunday, April 6 th @ Torah VaChessed (5925 S.Braeswood Blvd.) / 10:30 AM-12:00 noon
Ta'anis Bechorim	Thursday, April 10 th : Ta'anis Bechorim begins at 5:49 AM Shachris: 6:10 & 7:05 AM // Siyum following both Minyanim
Bedikas Chametz / Search for Chametz	Thursday night, April 10 th after 8:30 PM
Finish Burning Chametz	Friday, April 11 th / by 12:20 PM
Sale of Chametz Binding	Chametz sales done through Rabbi Wender will be binding by 12:20 PM on Friday, April 11 th . All Chametz that you are selling must be in the designated spot by that time.
Finish Kashering	Before Shabbos, Friday, April 11 th
Erev Shabbos Candle Lighting	Friday, April 11 th / early Shabbos not before 6:26 PM / regular candle lighting 7:38 PM
Finish Eating Chametz (and flush away remains)	Shabbos, April 12 th / by 11:14 AM
Shabbos ends / Yom Tov begins Candle Lighting & Cooking	First Seder Night / Motzai Shabbos, April 12 th Candle Lighting & Cooking / after 8:32 / (**9:00) PM
Candles & Cooking (second Seder night)	Sunday night, April 13 / candles & cooking after 8:33 / (**9:01) PM — Count #1 Sefira
Chol Hamoed begins / Havdalla	Monday, April 14 th / 8:33 / (**9:01) PM
Erev Shabbos / Erev Yom Tov Candles (second days)	Friday, April 18 th / early Shabbos not before 6:29 PM / regular candle lighting 7:33 PM
Motzai Shabbos Candles & Cooking (for last day of Pesach)	Motzai Shabbos, April 19 th / 8:36 / (**9:03) PM
Yizkor, last day of Yom Tov	Sunday morning, April 20 th / during morning services
Yom Tov Ends	Sunday night, April 20 th / 8:37 / (**9:05) PM
Buying back Chametz	If you sold your chametz through Rabbi Wender prior to Pesach, the Rabbi expects to purchase back any chametz sold by 9:00 PM on Sunday night, April 20 th . If you do not hear from us, then you can assume the buy-back went through.

**** Rabbeinu Tam**



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