

נס"ז

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# Pesach Planner

תשפ"ד  
2024

Rabbi Yehoshua Wender  
Mrs. Kivkey Nimchinsky

29th Annual Edition!

ONE

BRING THEM HOME

## Acknowledgements:

We are grateful for the cooperation of the following (alphabetically listed) Kashrus organizations with whom we have cross-checked some of the product information that is listed in this Guide:

- Rabbi G. Bess, Los Angeles Kollel
- Chicago Rabbinical Council (cRc)
- Houston Kashruth Association (HKA)
- Kof-K Kosher Supervision
- OK Kosher Certification
- Orthodox Union, OU Kosher
- Star-K Kosher

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April 2024

כס"ד

Dear Friends,

For almost 30 years Young Israel of Houston has published and distributed our meticulously researched *Pesach Planner*. This publication includes Laws of Passover, helpful Passover hints, and updated Passover schedules. Our *Planner* also includes updated "Kosher for Passover" product lists that are extremely useful when preparing for the holiday. We provide our *Pesach Planner* as a free service to the entire Houston community and beyond. The *Planner* is used by hundreds of people throughout the city and many patrons can be seen carrying their planners into local merchants as they shop.

Our *Pesach Planner* is completely digital and can easily be downloaded or viewed on your computer or mobile device.

We invite you to use our 2024 / 5784 *Pesach Planner* as often as possible during this season. All of the *zmanim* (times) listed are only valid for Houston, Texas. Our local supermarket and milk information is of course exclusive to Houston as well. However, all of the products listed in this *Planner* that can be nationally found is universal information, as are the *halachos*. We have been working hard cross-checking our list with information that has come from some of the major Kashrus organizations in this country. We hope you find it useful.

Please note, we will also be posting an "updates page" to be used in conjunction with our *Pesach Planner*. Our updates page may be adjusted throughout Pesach. You can access our updates page by selecting the *YIH Pesach Planner* link at <http://PesachPlanner.org> and click on the "Updates" page.

Best wishes for a happy, healthy & Kosher Pesach,

Rabbi Yehoshua Wender  
 Mrs. Rivkey Nimchinsky



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*We wish to express gratitude to our sponsors for purchasing ads in this year's Pesach Planner. Please patronize their businesses and let them know where you saw their ad!*

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# PESACH PLANNER 5784





Rabbi Yehoshua Wender  Mrs. Rivkey Nimchinsky


## Kashering

The laws of *kashering* for *Pesach* are very extensive. If anyone plans on *kashering* pots, pans or utensils they should contact the Rabbi.





 Only metal or wood utensils can be *kashered*. This year in Houston all *kashering* must be completed by **12:03 PM on Monday, April 22, 2024**.


 Plastics, china, stoneware, porcelain, Pyrex or enamel articles **cannot** be *kashered*.

 The prevailing custom is not to *kasher* glassware. In a case of great necessity, one may *kasher* glassware by soaking it for three consecutive 24-hour periods.

↳ **Pyrex is not considered to be glass and cannot be kashered.**

 One may *Tovel* (not *Kasher*) dishes, pots, etc. anytime on *Erev Yom Tov* or *Chol Hamoed*. However one should not *Tovel* those items on *Shabbos* or *Yom Tov*.

 **Tables** that are normally used with *chametz* during the year should be cleaned well and covered for *Pesach*. There is a *minhag* (custom) to use four table coverings over a *chametz* table during *Pesach*.

 **Towels** and **tablecloths** that are laundered well may be used for *Pesach*. It is preferable not to *kasher* a terylene tablecloth. Starch should not be used on any tablecloth. **Plastic tablecloths** which were used for *chametz* cannot be used for *Pesach*.



## HKA Pre-Pesach Utensil Kashering

As a service to the community, the HKA will once again be *kashering* utensils before *Pesach*.

Sunday April 14<sup>th</sup> @ Torah VaChessed  
11:00 AM—1:00 PM  
5925 S. Braeswood Blvd., Houston TX 77096

- ▶ Utensils cannot be used for 24 hours prior to *Kashering*.
- ▶ Utensils must be cleaned thoroughly prior to *Kashering*.
- ▶ Any stickers and labels must be removed.
- ▶ Only METAL UTENSILS that are in good condition may be *Kashered*.
- ▶ No strainers, graters, frying pans and baking pans will be *Kashered*.
- ▶ The process of *Kashering* includes dipping the utensils in boiling water to cleanse it.

**Suggested donation: non-members \$20 / HKA members, \$10.**

For more information about the HKA Pre-Pesach Utensil Kashering Program, please contact Tzivia Weiss @ 832-477-2406 / tzivia@kosherhouston.org  
For more information about the HKA, you may visit online at: <http://kosherhouston.org/>





# Ranges/Stovetops



**Before *kashering* any range or stovetop, it should not be used for 24-hours.**

☞ An **electric range** is *kashered* by first cleaning all areas well. The range is then turned on high for fifteen minutes.

☞ A **gas range** differs only in that the tripods should be covered when *kashering* so that the heat should be distributed.

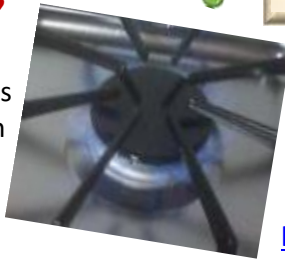
☞ All the other areas of the range, including the bibs, should be cleaned and covered with foil, or replaced for *Pesach*.

☞ **Glass cooktops:** Most *poskim* hold that glass cooktops cannot be *kashered* for *Pesach*. For more information see <http://www.star-k.org/articles/articles/kosher-appliances/2931/kashering-glass-corning-halogen-or-ceran-cooktops/>

☞ While the area directly above the heating elements get hot enough to be considered *Kashered* through the *Libun* process, the area between the burners is not *Kasherable* according to the Star-K. The Star-K has also determined that it is unsafe to try and cover the area between the burners. Therefore, the Star-K recommends the use of a metal disk that is an 1/8 of an inch thick, if you want to use your glass cook-top on *Pesach*. A readily available product that fits this requirement is an Induction Disk. Click link here for examples of what an Induction disk is:

<https://www.magneticcooky.com/best-induction-cookware-converter-disks/>

☞ **Oven Hoods & Exhaust Fans** should be cleaned well and made devoid of all food residue.



**ON PAGE 7 WE DISCUSS HOW TO KASHER YOUR OVEN FOR PESACH, AND THE REST OF THE YEAR TOO!**



# Countertops



☞ **Countertops** that cannot be *kashered* should be cleaned well and covered.

☞ The Star-k discusses *kashering* many different countertop materials here: <http://www.star-k.org/articles/articles/kosher-appliances/2937/kashering-countertops/>

# Granite Countertop Notes

**There have been many questions about *kashering* granite countertops.**


☞ The Star-K says that only pure granite can be *kashered* - not granite composite.

☞ The CRC does not differentiate in its allowance.

**There are 2 methods for *kashering* granite.**

☞ A. Pouring boiling hot water from a kettle that was heated on the fire directly on every single spot of the counter. If you use this method then after the counter is *kashered* hot pots should not be placed directly on the counter.

☞ B. Using an iron or a steamer. If an iron is used one must first put water on the counter. The iron or steamer must be held on every spot on the counter until the steam or water in that spot is boiling in place.

☞ It is probably better to just cover granite counters for the one week of *Pesach*, due to the complexity involved in *kashering* them. 

Please click here for *Kashering* Safety Tips from the Star-K & Hatzalah of Baltimore.

<https://www.star-k.org/articles/wp-content/uploads/PesachBookPosterWeb.pdf>



**Your burners need to be *kashered* first before you can heat water for *kashering* any other part of your kitchen that requires *Iruy* (pouring water).**

**So *Kasher* your burners first, and then move on from there.**



# Sinks



## PORCELAIN SINKS AND YOUR PESACH KITCHEN:

Porcelain sinks cannot be kashered for Pesach because the porcelain itself cannot be kashered.

### TO RENDER YOUR PORCELAIN SINK USABLE FOR PESACH:

- (1) The faucet & handles should not be exposed to hot water for 24 hours prior to kashering, nor should you put anything hot into the sink for the 24 hours prior to kashering.
- (2) Clean all areas of the sink.
- (3) Pour boiling water over the faucet & handles first. *(The boiling water should have been heated in a Pesach pot. Therefore your stove-top needs to be Kashered before you can deal with your sink.)*
- (4) Then repeat the process for the entire inside (walls, base, and drain) of the sink.
- (5) After you pour the boiling water over each section of the sink, pour cold water over those same areas.
- (6) Then cover your porcelain sink with contact paper.



### HOW TO KASHER YOUR STAINLESS STEEL SINK:

Stainless steel sinks can be kashered. (1) Prior to kashering, nothing hot may be poured or placed into the sink for 24-hours. (2) You may not even set a hot pot down into the sink during the 24-hour period prior to Kashering. (3) Additionally, the faucet & handles should not be exposed to hot water for 24 hours prior to Kashering.

- ⇒ Before the 24-hour period begins, it is advisable to clean your stainless steel sink well with hot water and scouring powder, making sure to clean well around the drain using a toothpick.
- ⇒ It is also a good idea to shut off the hot water under your sink for the 24-hours before kashering.
- ⇒ Tip: if possible lay a large towel across your sink as a reminder not to put anything hot directly into the sink during this time period.
- ⇒ Just before you are ready to Kashere your sink, clean the entire sink well with cold water and scouring powder (especially if the sink was used after you cleaned it the day before). Remember to use a toothpick to clean around the drain.
- ⇒ You must also clean your faucet & handles very well. Calcium and

lime buildup should be cleaned off with a calcium and lime buildup cleaner, like CLR. If your faucet is the pull-out sprayer kind, please see the next page for -"Sprayers that are on your sink, or a part of your faucet."

### THE PROCESS OF KASHERING YOUR STAINLESS STEEL SINK:

⇒ Your stove must have been kashered already in order to use a Pesach pot or Pesach kettle to Kashere your sink. (See rules on previous page for kashering your "Range or Stovetop".)

⇒ To Kashere your sink you will need to pour boiling water (עירוי רותחים) over the faucet, handles, and entire surface (walls, base and drain) of your sink. This will necessitate the boiling of several kettles or pots of water until boiling water has been poured over every part of your sink. — **The hot pot should not be placed directly in the sink.**

⇒ You may fill your Pesach pot with cold water from your chametz sink to boil for kashering.

⇒ It is preferred to Kashere from the top down. Therefore, starting with the faucet & handles, pour the first boiling water that you heated in your Pesach pot or kettle all over the faucet and handles. **Do not put the hot pot directly down in the sink.** Once that section is complete, pour cold water over the faucet and handles to complete the Kashering process of the faucet and handles.

⇒ Now repeat the process for the other sections of your sink. Since the process will take several pots of boiling water, break them down into sections — walls, base, drain. Working your way from the top down—(a) Boil water in your Pesach pot. (b) Pour the boiling water all over the next area of your sink that you are Kashering. (c) Once that section had boiling water over all parts of it, then pour cold water over that area to complete the Kashering process of that section of your sink. (d) **And REMEMBER not to put the hot pot directly down in the sink!**

⇒ Once your sink has been properly kashered for Pesach, it is important to note that you should not place a hot pot directly into the sink until after Pesach. This is because the method used to Kashere your sink was by pouring (עירוי כלי ראשון) and not immersion (הגעלה) .



**Kashering your Sink—  
Sprayers, Faucets, and Gadgets,  
Continued on next page.....**



Spayers that are on your sink, or a part of your faucet:

**Sprayers that are on your sink are usually made of plastic and should not be Kasherred for Pesach.**

⇒ Built-in spray hose, which means we can pull out the faucet and spray water all around our sink. How do we *kasher* that faucet for Pesach?

The first step in *kashering* any item is to remove all residual chametz. The Rama states that any utensil which has small cracks and crevices where food might get caught should not be *kasherred* for Pesach because of the difficulty in getting the utensil perfectly clean. This poses a concern for many pull-out faucets because the hose is made of a ribbed material where bits of food can get trapped, and then fall out into the Pesach food. Accordingly, any faucet with this type of hose cannot be *kasherred* for Pesach.

The main concern is if the faucet is pulled out, thereby exposing the ribbed portion of the hose. Therefore, one may use the faucet on Pesach if (a) the hose is not pulled out, and (b) the rest of the faucet is *kasherred* in the typical manner. However, be aware that many of these hoses have plastic which we do not *kasher* for Pesach.

If you have any of these issues, check your manual to see if you can get a replacement faucet to use every year for Pesach.



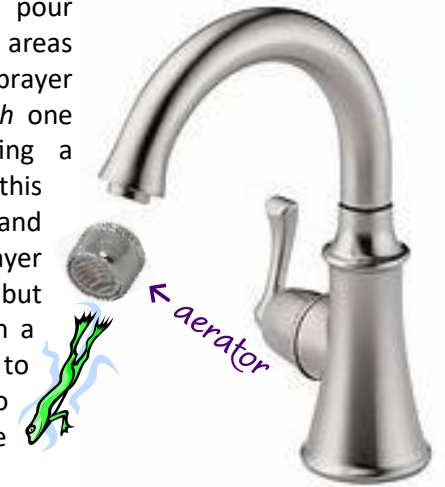
**(Above) Sink SPRAYER: ATTACHES TO THE SIDE OF YOUR SINK.**



**(Below) Pullout FAUCET SPRAYER: Is usually made of a COMBINATION of plastic AND METAL.**



⇒ When you are *Kashering* your sink, pour boiling water over the sprayer and all areas around it. If you have a replacement sprayer for Pesach, switch it out for the Pesach one after your sink is *kasherred*. Getting a replacement spray head for Pesach for this kind of sprayer is usually inexpensive, and can be done if you want to use the sprayer on Pesach. Otherwise, clean it anyway but do not use on Pesach. (Covering it with a plastic bag held on by a rubber band to hold the bag in place is an easy way to remember not to use it during the holiday).



⇒ **If your faucet itself is a pull-out sprayer**, you will need to determine if it is plastic or metal. Most are a mix of plastic & metal.

↳ If it is entirely metal, then you can *Kasher* it. However, usually only the industrial ones are entirely metal.

↳ If it is not entirely metal, then it would be best if you can replace the sprayer part of your faucet with a separate one that you would reuse every year on Pesach. Contact the manufacturer of your faucet to find out how to acquire a replacement faucet. If this is not possible or too costly, then please speak with the Rabbi.

Sink Gadgets & Accessories

⇒ If you have a **hot water dispenser** on your sink, you should pour hot water all over it while you are *Kashering* your sink, **but it should not be used on Pesach**. If possible, unplug it 24 hours before *Kashering* your sink, and do not reconnect it until after Pesach once you change back your kitchen for chametz.

⇒ A separate **aerator** is required for Pesach. (That's the thing that gets screwed onto the spout of your kitchen sink.)

⇒ Kosher for Pesach **drain covers** and **dish racks** are also required.

**....And remember, your stovetop needs to be fully Kasherred before you can start heating water to Kasher your sink.**












# How to Kasher your Oven



(FOR PESACH AND ALL YEAR LONG)


## REGULAR & CONTINUOUS-CLEANING OVENS


### SETTING IT UP:


-  Before *kashering* any oven, it should be cool and unused for 24-hrs.
-  Before *kashering* your oven, all areas must be perfectly clean.
-  Special care should be taken to clean the door area of your oven **BEFORE** *kashering*.
-  Special care must be given to the racks, particularly where the spokes meet. If the racks are not totally clean, they cannot be *kashered*.
-  Cleaning is best accomplished with an oven cleaning caustic like "Easy Off". Remaining dirt should be removed with a razor blade.
-  **FINAL STEP FOR KASHERING A REGULAR OVEN:** After cleaning a **regular oven**, fill a clean disposable aluminum pan with water, place it in the oven and turn the oven on high for one hour. If the oven has two coils (such as a top coil for broil and a bottom coil for bake), **each one** should be on for an hour each. After this step, your regular oven will be *kashered*.
-  A **continuous-cleaning** oven should be treated like a regular oven.
-  **Convection ovens** are very difficult to *kasher*. If necessary, please speak to the Rabbi.
-  **Broiler pans** cannot be *kashered* for *Pesach*. If you wish to *kasher* the broiler part of your oven, a new or disposable pan should be purchased. Even if you are not *kashering* the broiler, it must be cleaned thoroughly.


## SELF-CLEANING OVENS

-  A **self-cleaning** oven is *kashered* by running a 3-hour self-clean cycle.
-  Before *kashering* your **self-cleaning** oven, it should be cool and unused for 24-hours.

 Special care should be taken to clean the inside of the door area and the inside of the seal on your *self-cleaning* oven **BEFORE** *kashering*.

 It is recommended to thoroughly clean the area beyond the seal, both on the door and on the outside of the oven prior *kashering*.

 After you run a self-clean cycle for 3 hours, your oven should be *kashered*. The dirt inside your oven should be reduced to ash and carbonized residue. If any stains are left on the door, clean the remnants manually.





 If you have an older oven and the interior surface of your oven is damaged or the coils do not function properly, you may have a problem *kashering* your oven effectively.



**REMEMBER - All ovens should be cool and unused for 24-hours prior to kashering.**

## MICROWAVE OVENS

As the technology of microwaves has changed over the years, more and more *Poskim* agree that they should not be *kashered* for *Pesach*. However, if you must *kasher* your microwave, this is the procedure:

-  To *kasher* a microwave oven, it should first be thoroughly cleaned and not used for 24-hours.
-  A clean utensil filled with water is then placed in the oven and the oven is turned on. The water should boil for 15 minutes.
-  The floor of the microwave should then be changed or covered with plastic wrap.
-  If your microwave has a glass (usually Pyrex) turntable, before *Kashering* your microwave the *chametz* turntable should be removed and put away until after *Pesach*, as it is not *Kasherable*.

**REMEMBER - All kashering MUST be finished By Monday, April 22<sup>nd</sup>, 12:03 PM!!**





# Kitchen Kashering



## Recommended order of procedures

- (1) Clean & scrub your sink, counters, and range/stovetop prior to Kashering.
- (2) Turn off the hot water in your sink 24 hours before you plan to Kasher your kitchen, and stop using anything hot in the areas that you plan to Kasher.
- (3) After 24 hours of "cold", Kasher your range/stovetop first! Do this **first** because you will need a Pesach burner to heat your Pesach pot of water for Kashering purposes.
- (4) Once your stovetop is Kasher'd, you can then use a Pesach pot and proceed to boil the necessary water to pour on other areas of the kitchen that are to be Kasher'd.

Follow the detailed Kashering guidelines in this section.



■ The motor of a **blender** or **food processor** may be used if the other parts are changed or **kasher'd**.

■ **Broilers** cannot be kasher'd.

■ A separate Pesach **crock pot** should be used for Pesach. Separately sold "**crock pot liners**" are acceptable for Pesach.



Why would I need a toaster on Pesach??!!



■ A **mixer** or **Kitchen-Aid** that is used during the year should not be used on Pesach, even with new blades and bowls.

■ A separate **Shabbos blech** should be purchased.

■ **Toasters** and **toaster-ovens** cannot be kasher'd.


■ **Warming Drawers** cannot be Kasher'd for Pesach. They should be cleaned, sealed, and not used during Pesach.

■ **Warming Trays:** If you wish to use your regular warming tray on Pesach, it must be clean and covered well with aluminum foil. Be certain that you are not creating a safety hazard.

## Appliances, Gadgets & Accessories

### Cooking & Baking Appliances:

**NOTE: SEE PREVIOUS PAGES FOR COOKTOPS, RANGES, OVENS & MICROWAVES.**

 **Barbecue:** One may use a new or kasher'd barbecue during the week of Pesach. If you wish to kasher your BBQ that is normally used for chametz to be used during Pesach, please contact the Rabbi for more information. All kashering must be completed along with the rest of your kashering on erev Pesach.



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## BEVERAGE APPLIANCES & ACCESSORIES:

**NOTE:** All *gadgets* that are used with only cold water may be cleaned and used for *Pesach*. This includes **water fountains, filtered water & spouts,** and the **ice & water dispensers** on a refrigerator. (Also see *Refrigerators & Freezers*.)


 **Brita** — A separate **Brita Water Filter Pitcher** may be used on *Pesach*. **Some models also have electronic indicators for monitoring the filter status and should be avoided on Shabbos and Yom Tov.**


 **Coffee Accessories:**

↳ Coffee Grinder— If used for grinding flavored coffee during the year, the coffee grinder must be cleaned thoroughly before using for *Pesach*. Flavored coffees require Passover certification. Coffee Grinders should not be used on *Shabbos* or *Yom Tov*, but may be used on *chol HaMoed*.

↳ Coffee K-Cup Brewers — Cannot use the same K-cup machine on *Pesach* that is used during the year. See Coffee Section in this guide for more information on the K-cups themselves.

↳ Coffee Makers— A separate coffee maker should be used for *Pesach*.

 A separate **hot water urn** should be purchased for *Pesach*.

 **SodaStream™** seltzer is Kosher for *Pesach*. **The Carbon Dioxide cylinders and the Carbon Dioxide Gas Filling are Kosher for Pesach even without a Passover symbol.** The unit itself can be wiped clean and used for *Pesach*. Separate **SodaStream** soda bottles need to be purchased for *Pesach*, as you cannot use the same plastic bottles that you use during the rest of the year. Unless otherwise noted, **SodaStream** flavorings **may not** be used on *Pesach*.


↳ Please note that many of the newer SodaStream models have electronic indicators that turn on when filling bottles. Those models may not be used on *Shabbos* or *Yom Tov*, but may be used on *Chol Hamoed*.



IN MEMORY OF  
**BATSHEVA ROCHEL BAS NACHMAN HAKOHEN,  
BENITA COHEN,  
FROM THOSE WHO LOVE & MISS HER.**



## OTHER APPLIANCES:

 **Dishwashers** cannot be *kasher*d for *Pesach*.


 **Refrigerators and Freezers:**

↳ Wash well, with special care given to the shelves and racks. Covering the shelves is **not** necessary.

↳ The automatic ice maker box should be washed well before use. Ice from the icemaker may be used on *Pesach* after the unit has been cleaned.


↳ **Ice & cold water dispensers** on the refrigerator door may be cleaned and used for *Pesach*.

↳ **Ice cube trays** should be put away with your *Chametz* dishes.


 If it is very difficult to clean **behind your refrigerator and freezer**, it need not be moved.

## BATHROOM ACCESSORIES ON PESACH:

 **Bathroom sinks** need not be *kasher*d.

 **Toothbrush holders** should be cleaned and not used.

 New **toothbrushes** should be used.

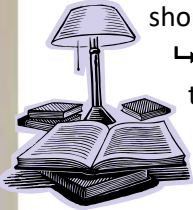
 **Electric toothbrushes:** Put away the *chametz* heads. *Kosher for Pesach* heads are required. Wipe down the electric handle, which may be used on *chol hamoed Pesach*.



## CLEANING FOR PESACH:

### Books:

- ↳ **Benchers** from the rest of the year should be put away for *Pesach*.
- ↳ **Seforim** that are brought to the table during the year should be checked for crumbs before you bring them to the table on *Pesach*.



### Floors:

- ↳ All **floors** must be washed or vacuumed well.
- ↳ Your **vacuum bag** should be emptied by 12:03 PM on April 22<sup>nd</sup>.
- ↳ One should have a separate **broom & dustpan** for *Pesach*.



### High Chairs:

- ↳ **Plastic high chair trays** should be cleaned well & covered.
- ↳ **Metal & wood high chair trays** may be *kashered* by using the procedure for a stainless steel sink.
- ↳ The **high chairs** themselves should be cleaned well, eliminating all traces of *chametz* food and grime.

### Shelves, drawers, cabinets:

- ↳ **Kitchen drawers** should be cleaned well and relined.
- ↳ All **kitchen cabinet** shelves that you normally use during the year should be cleaned and then covered with some kind of paper or shelf liner before using for *Pesach*.
- ↳ All **shelves & drawers** should be cleaned well before using them for *Pesach*. As a general rule, areas that are used for food or dishes during the year should be relined if using on *Pesach*.



### Trash:

- ↳ **Garbage Cans inside the house:** Clean to make certain that there is no *Chametz* on the inside or outside of the cans. (Having a child hose them out in the backyard can be a helpful time saver.)
- ↳ **Garbage Cans outside the house:** This is a good time of year to hose out the inside and outside of those big garbage cans that the city has provided for our homes. Remember to make certain to eliminate any *Chametz* that you may come into contact with on those cans. It is not necessary to over-obsess while cleaning the big cans, as they are owned by the city. Garbage that is placed in the city garbage bin can stay on your property.
- ↳ **Recycling Cans:** While you are hosing the garbage cans, remember to clean your Recycling Cans. These are in danger of having recognizable *Chametz* "drippings" on them from containers that may not have been totally clean when they were disposed of. Recyclables that are placed in the city recycling bin can stay on your property.



### Other items:

- ↳ **Candlesticks/Tray:** Clean thoroughly. They should not be put under hot water in a *Kosher for Pesach* sink.
- ↳ **Jewelry:** Jewelry that comes in contact with food (like rings) should be cleaned before the holiday.
- ↳ **Toys:** It is not necessary to clean toys or scrub areas that are not used with food.
  - ↳ Remember to check storage areas within your toys to make sure that your kids didn't "store" any *chametz* there.
- ↳ **Vases** that are on the table during the year may be used on *Pesach* if they are washed inside and out.
- ↳ **Washing cup used in kitchen** – metal can be *kashered* and plastic should be put away with *chametz* dishes.
- ↳ **Water pitchers** that are used during the rest of the year should be put away with your *chametz* dishes.



**In general, the purpose of cleaning is to find recognizable pieces of chametz. It is not necessary to clean toys or scrub areas that are not used with food.**



# Kitniyos

Ashkenazic Jews do not eat any foods on Pesach that contain Kitniyos.

The following are considered to be Kitniyos:

- Anise • Aspartame • Beans • Buckwheat
- Canola oil • Caraway • Cardamom
- Chickpeas • Coriander • Corn, • Corn oil
- Corn syrup/Glucose syrup • Cumin
- Edamame • Fennel • Fenugreek • Flax s (Linseed)
- Green Beans • Kasha • Kimmel • Lentils
- Licorice • Linseed • Lucerne • Lupine • Millet • MSG
- Mustard • Peas • Popcorn • Poppy seeds • Rapeseed
- Rice • Saffron • Sesame • Sorbitol • Soy (Soybean)
- String beans • Sunflower seeds • Tofu • Vetch.

**From the cRc:** Dill Seeds are considered to be Kitniyos, however Dill Leaves are acceptable for use on Pesach without Passover certification.

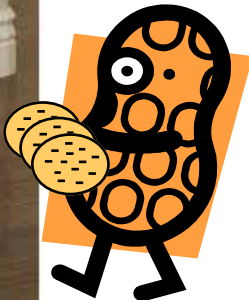
The following may be Kitniyos and are therefore not used by Ashkenazim on Pesach:

- Amaranth • Peanuts

The use of **peanut oil** is questionable for use by Ashkenazim on Pesach.

**Cottonseed oil** with Passover certification is permitted by Ashkenazim and Sefardim alike.

**Tahini** (made from sesame seeds) and **Humus** (made from chickpeas & tahini) are both Kitniyos and should not be used by those who do not eat Kitniyos on Pesach.



O-U symbol for O-U certified Passover Kitniyos food items



Star-K symbol for Star-K certified Passover Kitniyos food items.



# Ashkenazim Beware!

There are many products on the market for Passover that contain Kitniyos, especially those imported from Israel, France and other European countries. Many of these products may also have Kitniyos certification from the O-U or the Star-S. However, it is possible that some imports may not have the Kitniyos symbol. Many of these products are candy and will say "**LeOchlay Kitniyos**" on the packaging. **Check the ingredients. Please note that dextrose and glucose are generally corn derivatives.**

# Passover Certified Kitniyos

The O-U and the Star-S (a division of the Star-K) each have *Kashrus symbols* (shown on this page) to mark those Passover products that may be used only by Kitniyos users during Pesach. Those who do not eat Kitniyos may own those products over Pesach, but should not eat from it until after Pesach. **Those who do not eat Kitniyos on Pesach that realize they accidentally purchased a Kitniyos product and discover it on Pesach do not need to throw it out. It's not Chametz, just put it away for the week.**

# Quinoa Notes

Many Rabbis have determined that Quinoa is not Kitniyos. The previous controversy existed because quinoa bears some distinct similarities to grains that are chametz or Kitniyos. Additionally, quinoa can often be found growing in close proximity to those chametz or kitniyos grains. However, under supervised conditions, the cRc, the Star-K, and the OU all agree that quinoa is acceptable for Pesach when bearing special Passover certification. Several different brands of Passover certified quinoa are available in the national marketplace.

The following article from the Star-K offers more details regarding how quinoa is prepared and what the problems in the past were all about:

[www.star-k.org/quinoa](http://www.star-k.org/quinoa).

IN APPRECIATE TO  
**Rabbi WENDER & Rabbi BUCHWALD**  
AND THEIR RESPECTIVE FAMILIES  
FOR ALL THE SERVICES THAT THEY  
PROVIDE TO THE COMMUNITY.

**The HIRSCH-GINSBERG-TAUSSIG**  
Family



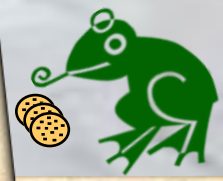
# Section 2 2024 Kosher for Passover Product lists

Every house contains hundreds of products that do not require Passover certification.  
However those products should be examined before being used on Pesach. Included now is a basic list to help you get started. **On the following pages we include many products that do not require Passover certification.**

Products that already have Passover certification on the packaging might not be listed here.



All PROCESSED products without SPECIAL PASSOVER SUPERVISION **MUST** BE PURCHASED PRIOR TO **PESACH**.



Section ii

- COSMETICS (13)
- MEDICINE LIST (14-16)
- Rabbi Bess' INGREDIENTS list (16)
- BASIC PRODUCTS LIST (17-34)
- EVERYTHING COCONUT (19)
  - COFFEE (19)
  - FISH (22)
  - MEAT (25)
  - MILK (25)
- EVERYTHING NUTS (26)
  - OIL NOTES (27)
- PAPER GOODS (28)
- SODA/WATER NOTE (32)
- VEGETABLES (33)



# 2024 Cosmetics

The following is a basic list of cosmetics that may be used on **Pesach**, unless otherwise noted. **Other makeup** may also be acceptable. This is NOT a complete list of all makeup products.



Many cosmetics contain ethyl alcohol, which is *chametz*. (Isopropyl alcohol is not *chametz*.) Though most of these products are inedible, it is preferable not to use them on *Pesach*. A detailed list of those products which do not contain *chametz* is available in *shul*. Check the *Product Guide* in this issue. Some are listed.

**⇒ Blush / Rouge / Face Powder**

- All Powders are acceptable.

**⇒ Eye Liner** - any brand without grain ingredients.

**⇒ Eye Shadow** - any brand without grain ingredients.

**⇒ Hair Remover** - All are acceptable.

**⇒ Hair Mousse & Gel**- May be used for *Pesach*. *Erev Yom Tov* and *Chol Hamoed* use **only** (not to be applied on *Shabbos* or *Yom Tov*).

**⇒ Hairspray** - Any brand that does not contain alcohol or wheat protein.

↳ **Aveda** Control Force Firm Hold Hair Spray

↳ **Pantene** Flexible Hold Alcohol Free Air Spray

↳ **Pantene** Lightweight Finish Alcohol Free Hair Spray

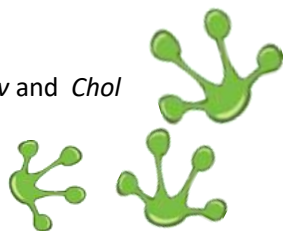
**⇒ Lipstick / Lip makeup** — Also see *Lip Therapy* in our *Basic Product List*.

— **Lipstick should only be used on Pesach if known to be chametz free.**

**The following list of lipsticks do not contain chametz ingredients.**

**Clinique** - Almost Lipstick; Butter Shine Lipstick; Cartridge Pencil for Lips Refill; Chubby (Plump & Shine Liquid Lip Plumping Gloss; Stick Baby Tint; Stick Intense Moisturizing Lip Colour Balm; Stick Moisturizing Lip Color Balm); Different lipstick; Dramatically Different Lipstick Shaping Lip Colour; Even Better Pop Lip Colour Foundation; High Impact Lip Colour; High Impact Lip Colour Spf 15; **Long Last** [Glosswear; Glosswear SPF 15; Soft Matte Lipstick]; Moisture Surge Lip Hydro-Pump

The cRc offers an online search engine for checking lipsticks for Pesach. Click here for more information:  
[www.crc kosher.org/lipstick](http://www.crc kosher.org/lipstick)



Treatment; Quickliner For Lips. **Estee Lauder** - All-Day Lipstick; Automatic Lip Pencil Duo; Gloss Lip Liner; Peony Lipstick Pot Trio; **Pure Color** Crystal Lipstick; **Pure Color Envy** [Crystal Sculpting Lipstick; Lip Volumizer; Liquid Lip Potion; Matte Sculpting Lipstick; Metallic Matte Sculpting Lipstick; Nighttime Rescue Lip Oil-Serum; Oil-Infused Lip Shine; Paint-On Liquid Lipcolor; Vinyl Lipcolor]; High Gloss; Lipshine; Long Lasting Lipstick; Color Sheer Rush Lipshine]; **The Estee Edit** [Cocobalm Coconut Oil Infused/Lips; Mattfield Lipstick; The Barest Contour Lip Liner]; **Victoria Beckham** Lip Gloss / Lip Pencil. **Mac** - Dazzle Lipstick; Dazzleglass; Dazzleglass Crème; **Mac Lipmix** [Black; Blue; Burgundy; Clear Gloss; Clear Satin; Crimson; Cyan; Deep-Tone; Nude; Fuchsia; Magenta; Mid-Tone Nude; Orange; Red; White; Yellow]; **Mac Lip** (Erase Lip Balm, Pencil, Scrubtious); **Mac LipMix** (Black, Blue, Burgundy, Clear Gloss, Clear Satin, Crimson, Cyan, Deep-Tone Nude, Fuchsia, Magenta, Mid-Tone Nude, Orange, Red, White, Yellow); **Pro Longwear** ( Lipstain Marker; Lustre Lipcolour); Satin Lipstick. **Maybelline** - (Baby Lips Glow Balm; Baby Lips Moisturizing Lip Balm); **Color Sensational** [Color Elixir Lip Lacquer; Creams, Matte; Lip Liner; Powder Matte.); Great Wear Lipstick; Long Wear Lipstick; Long Wearing Lipstick; Super Stay 24 2-Step; SuperStay Matte Ink Liquid. **Revlon** - Colorstay Ultimate Liquid Lipstick.



**⇒ Mascara** - Any brand without grain ingredients.

**⇒ Nail Polish** - Any brand.

**⇒ Nail Polish Remover** - Any brand.

**⇒ Perfume/Fragrances** - *Should only be used if without any chametz ingredients.* Some acceptable fragrances include:

- **Clinique Aromatics Elixir** Perfume Stick;
- **Estee Lauder Beautiful Perfume** [Body Creme; Body Lotion; Body Powder; Belle Solid Perfume]; • **Estee Lauder Pleasures** [Loose Dusting Powder; Perfumed Body Lotion; Solid Perfume];
- **Mac Squirt Balm** Editions of 1,000; • **Tommy Hilfiger** [All Over Body Spray; Girl All Over Body Spray; Impact Energizing Body Spray].

↳ **Many of the Mary Kay products contain chametz, and should be avoided during Pesach, unless you know that it chametz free.**



Can't find what you are looking for?

See page 16 for Rabbi Bess' list of chametz ingredients in Toiletries..

# 2024 Medications

## NOTE REGARDING MEDICATIONS:

Many medicines can contain *chametz*. Almost all tablets contain starch, which generally is from corn. However, occasionally wheat starch is used. Liquid medicines often contain alcohol, which is sometimes *chametz*. Vitamins can also contain *chametz*. A detailed list of medicines will be available from the Rabbi. Check the Product Guide in this issue, some are listed here. **If anyone needs a medicine over Pesach and can't find an approved one, please speak with Rabbi Wender!** Please note that the following is just a basic medications list.

One should be aware that medications with flavorings may have possible chametz issues. This includes film coated pills that are swallowed whole (non-chewable). So whenever possible, it is preferred to use medications that are known to be chametz free.

See box on next page for more details...

Check out page 16 for Rabbi Bess' list of chametz Ingredients in Toiletries..



## Abdominal discomfort & Acid

• **Alka Seltzer** Original Effervescent Tablets; Extra Strength Effervescent Tablets may be used on *Pesach*.

↳ **Alka-Seltzer Gold and Alka Seltzer Plus Sever Cold Powerfast Fizz contain chametz.**

• **Benefiber Advanced Digestive Health Prebiotic Fiber + Probiotics (NOT other versions)** [manufactured by Glaxo] is gluten free and MAY BE used on *Pesach* without *Pesach* certification.

↳ **Benefiber - Other Benefiber products contain wheat dextrin, which is chametz.**

• **Dulcolax** - Laxative Tablets, Laxative Pink Tablets, Laxative Liquid, Stool Softener, and Pink Liquid Gels [gelatin] that are manufactured by "Chattem" are acceptable for use on *Pesach*;

• **Dulcolax** - Overnight Relief (Tablets) and Suppository are acceptable for use on *Pesach*.

• **Imodium AD** Multi-Symptom Relief Caplets) may be used on *Pesach*.

• **Imodium A-D** Oral Solution, (manufactured by McNeil) may be used on *Pesach*.

↳ **Loperamide HCl** (generic Imodium manufactured by Teva) may be used on *Pesach*.

• **Kaopectate** (Caplets; Liquid [All Flavors]) manufactured by Chattem) may be used on *Pesach*.

• **Metamucil** (3-in-1 Fiber Capsules [gelatin]; 4-in-1 Fiber Real Sugar Unflavored Course Powder) all may be used on *Pesach*.

⇒ **Metamucil 4-in-1 Fiber Sugar-Free Berry Powder, Metamucil 4-in-1 Fiber Sugar-Free Orange Smooth Powder, and Metamucil Premium Blend all contain Kitniyos, but may be used by those who need it.**

⇒ **Metamucil Fiber Thins Wafers (Apple, Cinnamon, Chocolate) all contain chametz (wheat) and is not recommended for use on Pesach.**

• **MiraLax** — is acceptable for use on *Pesach*.

• **Pepcid Generic** —

↳ **Famotidine for Oral Suspension** (manufactured by Zydus) and **Famotidine Tablets** (manufactured by Teva) may both be used on *Pesach*.

• **Pepto Bismol** — Original Liquid, may be used on *Pesach*.

• **Pepto Bismol 5 Symptom Relief Caplets** may be used on *Pesach*.

↳ **Pepto Bismol 5 Symptom Relief (chewable) may contain chametz.**

↳ **Pepto Bismol Kids Pepto (bubble gum flavor chewable tablets) may contain chametz.**

• **Phillips Milk of Magnesia** [Original; Liquid Original ; Caplets] are all acceptable for use on *Pesach*.

• **Prevacid Capsules** [manufactured by Takeda] — is acceptable for use on *Pesach*.

↳ **Prevacid Solutabs** [manufactured by Takeda] contains *chametz*.



**Benefiber Advanced Digestive Health (NOT other versions)**  
[manufactured by Glaxo]  
is gluten free and MAY BE used on *Pesach* without *Pesach* certification.



# More Meds...



- **Tums** — products [manufactured by Glaxco] contain *Kitniyos*.  
↳ While Tums products contain *Kitniyos*. There are also those of the opinion that in addition, Tums may also contain flavorings that are derived from *chametz*.  
⇒ Adwe produces “Heartburn Relief”, which is an alternative to Tums, that is Kosher for Passover.
- **Zantac 360** — is acceptable for use on *Pesach*.



## Acne & Facial Care

- **Clinique Acne Solutions** [Acne + Line Correcting Serum; BB Cream Broad Spectrum SPF 40; Clearing Concealer; Cleansing Foam; Cleansing Gel; Emergency Gel-Lotion; Oil-Control Cleansing Mask.]
- **Oxy** [Acne Treatment Lotion; Daily Defense Face Scrub; Daily Defense Face Cleanser; Detox Acne Wash; Max Action 10% BPO Face Wash; Maximum Action 10% BPO Treatment Lotion (Vanishing); On The Go Acne Stick; Sensitive 5% BPO Wash; Volcanic Ash Scrub.]

- ⇒ **Oxy Daily Cleansing Pads – Sensitive Skin contains chametz.**
- ⇒ **Oxy Maximum 3 in 1 Cleansing Pads — contains chametz.**
- ⇒ **Oxy Maximum Daily Cleansing Pads — contains chametz.**

## Allergy.....Cold.....F ever.....Pain....

- **Advil** (Advil Tablets; Advil Caplets; • Allergy Congestion & Relief; • Allergy Sinus Coated Caplets; • Cold & Sinus Caplets; • Dual Action; • Menstrual Pain; • Multi-Symptom Cold & Flu Tablets; • PM Caplets, Tablets; Sinus Congestion and Pain Tablets. ) [manufactured by Pfizer] **are all acceptable for use on Pesach.**

⇒ **Advil Junior Strength Chewable Tablets - contains chametz ingredients.**

⇒ **Also see Ibuprofen.**

- **Aleve** [Arthritis Pain Gel • Back & Muscle Pain • Caplets, Tablets • Headache Pain • Aleve PM ] ;

- **Aleve-D** [Sinus & Headache • Sinus & Cold].

⇒ **Also see “Naproxen”.**



## MEDICATION NOTES

### FLAVORINGS — FILM COATINGS

▶ One should be aware that medications with flavorings may have possible chametz issues. This includes film coated pills that are swallowed whole (non-chewable). So whenever possible, it is preferred to use medications that are known to be chametz free.

▶ A regular glaze that is not flavored does not pose a problem for *Pesach*. However, sometimes the coatings have an added flavoring, so it is best to check the ingredient panel to make sure there are no flavorings added to the coating.

▶ An example of a flavored coating would be Advil pills that are “film coated”, as opposed to just plain coated. The possible chametz issue would be in the “film” part of the coating because it may have some sort of flavor that is added to it, but by definition might not appear as an added flavor on the packaging.

- **Allegra Allergy** [manufactured by Sanofi] may be used on *Pesach*.
- **Allegra Allergy Children’s** [12 hr Tablets; Oral Suspension; Suspension; OD Tablet] are all acceptable for use on *Pesach*.
- **Allegra** [12 hr; 24 hr Tablets] may be used on *Pesach*.
- **Allegra-D** [12 hr; 24 hr Tablets] may be used on *Pesach*.
- **Allegra Hives** may be used on *Pesach*.
- **Amoxicillin** [Capsules; Chewable; Tablets; Oral Suspension] may all be used on *Pesach*.
- **Amoxicillin & Clavulanate Potassium:** [Chewable Tablets; Oral Suspension; Tablet] may all be used on *Pesach*.
- **Bayer Aspirin** [Back & Body; Children’s Aspirin; Genuine Aspirin; Chewable Low Dose Aspirin; Extra Strength; Low Dose Aspirin; Women’s] **may all be used on Pesach.**
- ↳ **Bayer Rapid Relief contains Chametz.**
- **Claritin** [Tablets] may be used on *Pesach*.
- **Claritin -D** [Tablets] may be used on *Pesach*.

- ↳ **Clarinex RediTab contains chametz.**
- ↳ **Claritin RediTabs contain chametz.**
- ↳ **Claritin Chewable Tablets contain chametz.**
- ↳ **Claritin Children’s Chewable (grape) contains possible chametz.**
- ↳ **Claritin Children’s Non-Drowsy Oral Solution (grape) liquid contains possible chametz.**



# ...Even More Meds

- **Ibuprofen**  
⇒ Signature Care Children's Ibuprofen Grape Flavor Chewable Tablets may be used on *Pesach*.  
⇒ Also see entries for *Advil*, *Midol*, and *Motrin*.
- **Midol Capsules; Midol Complete Caplets** may all be used on *Pesach*.
- **Motrin / Motrin IB** [caplets; coated caplets; Children's Liquid (all flavors); Infant Liquid (all flavors)].
- **Motrin PM** [coated caplets].  
⇒ Also see **Ibuprofen**.
- **Naproxen** [Tablets; Sodium Tablets; Delay; Sodium].
- **Nasal Spray** [Atrovent; Azelastine; Calcitonin-Salmon; Fluticasone Propionate; Nascobal; Neo-Synephrine; Zicam Cold Remedy].

The following Tylenol products may be used on *Pesach*:

- Tylenol Children's Cold + Flu Oral Suspension [All flavors].
- Tylenol Children's Pain + Fever Chewables [All Flavors].
- Tylenol Children's Suspension [All flavors].
- Tylenol Infant's Oral Suspension [All flavors]
- Tylenol Regular Strength [Tablets].
- Tylenol Regular 8 Hour Muscle Aches & Pain.
- Tylenol Extra Strength [Adult Liquid (Cherry); Caplets; PM Caplet; PM Liquid].
- Tylenol Extra Strength Cold & Flu Multi-Action [Daytime; Day & Night].
- Tylenol Sinus Severe Caplets.
- Tylenol Cold [+ Flu Severe Warming Liquid; + Head Congestion Severe; + Mucous Severe Liquid; + Sore Throat COOL BURST Liquid; Max Daytime Liquid; Max Nighttime Liquid].
- Tylenol Cough & Sore Throat [Daytime Liquid; Nighttime Liquid].

**Additional medications may appear in our Basic List on the following pages.**

**Keep Reading!**



Note: Adwe has a full line of Kosher l'Pesach medications and toiletries available online at [www.Koshervitamins.com](http://www.Koshervitamins.com)



In general, liquid medications are much more likely to present a problem on *Pesach*.

## Chametz Ingredients in Toiletries

- Always check for obvious suspicious ingredients like wheat germ oil.
  - One should be careful about products containing alcohol, since the source is unknown.
  - The following list of ingredients, compiled by Rabbi Bess of the Kollel Los Angeles, are derived from *chametz* and can often be found in cosmetics and toiletries.
- To get a full copy of the Medicine Guide from Rabbi Bess, call the Kollel LA office at 323-933-7193 and leave your name and address.

- Amino Peptide Complex
- Amp-Isostearoyl Hydrolyzed Wheat Protein
- Avena Sativa (Oat) Kernel Flour
- Avena Sativa Flour
- Avena Sativa Kernel Protein
- Barley Extract
- Beta Glucan
- Cyclodextrin
- Dextrin
- Dextrin Palmitate
- Disodium Wheatgermido Peg-2 Sulfosuccinate
- Hordeum Vulgare Extract
- Hydrolyzed Malt Extract
- Hydrolyzed Oat Flour
- Hydrolyzed Vegetable Protein
- Hydrolyzed Wheat Flour
- Hydrolyzed Wheat Gluten
- Hydrolyzed Wheat Protein
- Hydrolyzed Wheat Protein Pg-Propyl Silanetriol
- Hydrolyzed Wheat Protein/ PVP Crosspolymer
- Hydrolyzed Wheat Starch
- Hydroxypropyltrimonium Hydro Wheat Protein
- Malt Extract
- Maltodextrin
- Oat Beta Glucan
- Oat Extract
- Oat Flour
- Phytosphingosine Extract
- Prolamine
- Secale Cereal (Rye) Seed Flour
- Sodium C8-16 Isoalkylsuccinyl Wheat Protein Sulfonate
- Sodium Lauroyl Oat Amino Acids
- Stearyldimoniumhy.opyl Hydrolyzed Wheat Protein
- Triticum Vulgare (Wheat) Flour Lipids
- Triticum Vulgare (Wheat) Germ Extract
- Triticum Vulgare (Wheat) Germ Oil
- Triticum Vulgare (Wheat) Gluten
- Triticum Vulgare (Wheat) Starch
- Wheat Amino Acids
- Wheat Bran Extract
- Wheat Germ Extract
- Wheat Germ Glycerides
- Wheat Germ Oil
- Wheat Germamidopropyl Ethyldimonium Ethosulfate
- Wheat Germamidopropalkonium Chloride
- Wheat Germamidopropyldimonium Hydroxypropyl Hydrolyzed Wheat Protein
- Wheat Protein
- Wheat Sphingolipids
- Yeast Extract





# 2024 Basic Product List

ACCEPTABLE FOR USE ON PESACH, UNLESS OTHERWISE NOTED.

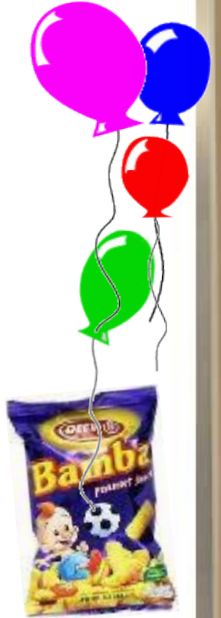
Our Basic Product List continues alphabetically on the following pages. Additional medications that didn't appear on the previous pages may be found on the pages to follow.

PLEASE NOTE THAT THE FOLLOWING IS JUST A BASIC LIST TO HELP GET YOU STARTED.

- ☞ **After Shave** - Aramis [Advanced Moisture After Shave Balm; Enriched Lather Shave; Lab Series Skincare for Men 3-in-1 Post Shave; Lab Series Skincare for Men Maximum Comfort Shave Gel; Men Pure-Formance Dual Action Aftershave; Men Pure-Formance Shave Cream]; Clinique For Men [Aloe Shave Gel; Cream Shave; Happy After Shave Balm]; Tommy Hilfiger Included In-After Shave Balm.
- ☞ **Air Freshener** - All are acceptable.
- ☞ **Alcohol** - All *Isopropyl* may be used.
- ☞ **Aluminum disposable containers & tins** -- See *Paper Goods*.
- ☞ **Aluminum foil** -- See *Paper Goods*.
- ☞ **Ammonia** - All are acceptable for *Pesach*.
- ☞ **Antibacterial Ointment & cream** - Neosporin original ointment; Neosporin cream.
  - ↳ **Neosporin Eczema Essentials** contains *Chametz* ingredients.
- ☞ **Antidepressant** - Sarafem [manufactured by Allergan].
- ☞ **Apple Juice** - All forms of Apple Juice (frozen, bottles and boxes) need special Passover supervision. *Also see Juices*.
- ☞ **Baby Formula** – the following baby formula may be used on *Pesach* (and all year long) without Passover certification, as long as they have OU Kosher certification on the label: 365 Everyday Value; Baby Basics; Being Well; Berkley & Jensen; Bright Beginnings; Careone; Comfort; Cottontails; Cozy Care; CVS; Daily Source; Earth's Best; Enfacare; Enfagrow; Enfamil [all liquids, all powders]; Enfaport; Equate; Gerber Good Start; H-E-B, Isomil [all liquids, all powders]; Home 360 Baby; Kirkland Signature; Member's Mark; Nestle Good Start; Next Step; Similac [all liquids, all powders]; Target; Top Care; Up & Up; Walgreens. *However, they should be served and prepared in separate utensils because they contain kitniyos, which is permitted only to children.*



- ☞ **Baby Food** - requires Passover certification.
- ☞ **Baby Oil** - Any brand is acceptable.
- ☞ **Baby Ointment** - A&D and Desitin do not contain *chametz* ingredients.
- ☞ **Baby Powder** - Johnson's Baby Powder. Also any pure talc, talcum powder, cornstarch, or other ingredients that do not contain pure *chametz* (such as Oat Flour) may be used on *Pesach*.
- ☞ **Baby Wipes** - any brand that is alcohol free.
- ☞ **Bagged Carrots** — See *Vegetables*.
- ☞ **Bagged Salad** — See *Vegetables*.
- ☞ **Bags, Paper / plastic** -- See *Paper Goods*.
- ☞ **Baking Powder** - Requires *Passover* supervision.
- ☞ **Baking Soda** - Arm & Hammer Baking Soda; also any other pure bicarbonate brands may be used on *Pesach*.
- ☞ **Balloons** - Should not be blown up over *Pesach*, as they may contain starch.
- ☞ **Bamba Snacks** from Osem with Passover certification may only be consumed by those who eat *Kitniyos* on *Pesach*. The OU Passover-Kitniyos symbol must appear on the label for those who eat *Kitniyos* on *Pesach*.



בסיסי

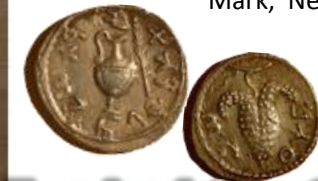
## "Houston Jewish Special Needs"

[www.HJSN.org](http://www.HJSN.org)

FREE Information & Networking  
to promote social activities  
and to share information for

*Jewish Families with  
Special Needs  
Children & Young Adults.*

*Houston Jewish Special Needs is a Parent driven advocacy group that is funded by the Katzenellenbogen family who are not affiliated or associated with any one group, organization or entity.*



- Band-aids - Any.
- Bleach - All are acceptable for Pesach.
- Braces, Bite Plates:
  - ↳ Clean thoroughly when finished eating last Chametz before Pesach.
  - ↳ Wax used for braces may be used on Pesach.
  - ↳ Orthodontic Rubber Bands: Elastics and rubber bands used with braces may be coated with corn starch (even though no mention may appear on packaging) and should be rinsed well under cold water before using on Pesach.
- Brita Water Filter / pitcher - A separate Brita pitcher and filter may be used on Pesach. Any brand of water filter may be used, but it should be a new filter.
- Broom & Dustpan - One should have a separate broom & dustpan for Pesach.

- Brown sugar - May have yeast; needs supervision.
  - ↳ The following brands of Brown Sugar **Granulated Only** may be used on Pesach with regular OU certification (no "P required") - Bowl & Basket; • Good & Gather; • Symple.
  - ↳ Domino usually has year-round KFP certification on the packaging from the OK. Check each label to be certain.

# INTEREST FREE MONEY

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NO INTEREST OR FEES

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OR CALL US AT 713-724-8997

- Butter - Needs Pesach supervision.
- Candles - Any (including scented).
- Canned fruit - Canned fruit, even in its own juice, needs certification for Pesach.
- Canned Vegetables - Needs Pesach supervision.
- Charcoal - All unflavored may be used on Pesach.
- Chinet paper products
  - See Paper Goods.
- Cleansers - See "Detergents (cleansers)".
- Club soda - Needs Passover supervision. Also see "soda".
- Cocoa - (1) Any new container of domestically produced 100% pure cocoa may be used. (2) Cocoa produced in Europe needs special Passover certification. (3) If the label states that it was processed in a plant that produces kitniyos or chametz, then Passover certification is also required.
  - ↳ **Hershey's Pure Cocoa Powder** (original regular 100% cocoa) is acceptable for use on Pesach with regular O-U certification.



↳ **Hershey's Special Dark is not the same as original regular and SHOULD NOT BE USED on Pesach unless it has special Passover certification on the label.**

Brown sugar: May have yeast; needs supervision.  
Domino usually has year-round KFP certification on the packaging from the OK. Check each label to be certain.





## Everything Coconut

⇒ **Coconut** — Whole in shell may be used on *Pesach*.

⇒ **Shredded Coconut**— requires Passover certification, unless otherwise noted.

↳ **Shredded Coconut [cRc]** — with regular cRc certification that is unsweetened &

unflavored may be used on *Pesach* without additional Passover certification. (However, any shredded coconut that is sweetened or flavored with cRc certification requires additional Passover certification.)



⇒ **Coconut Flour** — requires Passover certification.

↳ **Miditer Organic Coconut Flour and Miditer Organic Coconut Cake** with regular Star-K certification may be used on *Pesach* without additional Passover certification.

⇒ **Coconut Sugar** — requires Passover certification.

⇒ **Coconut oil** - Needs Passover certification.

↳ **Virgin Coconut Oil** — All virgin coconut oils with regular OU certification may be used on *Pesach*, even without Passover certification .

↳ **Extra Virgin Coconut Oil** that is sold under the **Trader Joes** label, bearing the BCK (or Kosher Check) Kashrus symbol, may be used on *Pesach* without additional Passover certification, provided it is purchased prior to *Pesach*.

↳ **Extra Virgin Coconut Oil - Kirkland Signature brand** with regular Star-K certification may be used on *Pesach* without additional Passover certification on the packaging, **HOWEVER, it must state that it is a product of Philippines.**

↳ **Miditer Organic Virgin Coconut Oil** - with regular Star-K certification may be used on *Pesach* without additional Passover certification on the packaging, **HOWEVER, it must state that it is a product of Philippines.**

⇒ **Coconut Milk** - Requires Passover certification.



## Coffee!

⇒ **Whole unflavored coffee beans** that are not decaffeinated do not need certification for *Pesach*.

↳ **Whole coffee beans** intended for *Pesach* should not be ground in a machine that has been used for grinding



flavored coffee, unless the machine has been thoroughly cleaned first.

⇒ All unflavored ground coffees are acceptable for *Passover* use when bearing an OU, including the following:

The following **Ground & Whole Bean (prepackaged) unflavored coffee that are not decaffeinated** may be used on *Pesach* without Passover certification:

**7-Eleven; Chock Full O’Nuts; Dunkin’ Donuts; Eight O’Clock; Essential Everyday; Folger’s; Great Value; Green Mountain Coffee; Hill Country Fare; Kirkland Signature; Kirkland Signature International; Kroger; Maxwell House; Nature’s Promise; Nescafe Reserva; Nescafe Taster’s Choice; Nestle; Newman’s Own Organic; Parade; Signature Select; Starbucks; Taster’s Choice; Trader Joe’s.**



⇒ **Decaf Coffee** - Requires Passover certification. Sanka and Maxwell House brands have some varieties with an *OK-P* for *Pesach*.

↳ **Folger’s Unflavored decaf** ground & whole bean coffee is acceptable for *Passover* use with an OU, even without special KFP certification.

⇒ **Instant coffee** requires KFP supervision.

↳ **Folgers (All unflavored Regular [including Classic Roast]; All unflavored Decaffeinated)** instant coffee are acceptable for use on *Pesach* without special KFP certification.

↳ **Nescafe Tasters Choice Regular Instant coffee** is acceptable for use on *Pesach* without special KFP certification.

↳ **VIA instant coffee (regular)** is acceptable for use on *Pesach* without special KFP certification.

⇒ **K-Cup coffees and teas** - The brewer machines may not be used on *Yom Tov* or *Shabbos*, and the brewer machine itself must be one that is only used for *Pesach*.

↳ **K-cups** require Passover certification.

↳ **The following unflavored not decaffeinated**

K-cups with an OU may be used on *Pesach* without any Passover certification from several brands including: **Chock Full O’Nuts • Dunkin’ Donuts • Eight O’Clock • Folgers • Great Value • Green Mountain Coffee • Kirkland Signature • Krispy Kreme Doughnuts • Kroger • Nescafe Taster’s Choice • Newman’s Own Organic • Starbucks • Tim Hortons.**

⇒ **Coffee filters** – Any brand.

⇒ **Coffee substitutes** — such as Postum & Teccino, often contain *chametz* and should not be used on *Pesach*.



⇒ **Confectioners sugar** - Real confectioners sugar may not be used because it contains corn starch. Imitation confectioners sugar, when available, *Needs reliable "non-Kitniyos" Passover certification.*

⇒ **Contact Lenses** - All contact lens solutions, cleansers, enzymers, etc. are acceptable for *Pesach*.

⇒ **Contact Paper** -- See *Paper Goods*.

⇒ **Copper & Silver Cleaner** - Hagerty and Goddard's brands may be used on *Pesach* with regular OU Kosher certification.

⇒ **Crock Pot Liners** -- See *Paper Goods*.

⇒ **Cupcake holders**-- See *Paper Goods*.

⇒ **Cups: Plastic, Styrofoam** , Paper-- See *Paper Goods*.

⇒ **Cutlery, Plastic**-- See *Paper Goods*.

⇒ **Dates** - Needs Passover supervision. *(Also see Dried Fruit.)*

↳ Dried fruit with a **Triangle-KP** is acceptable for use on *Pesach*.

⇒ **Dental Floss** - Any unflavored brand, including waxed.

⇒ **Denture care** -

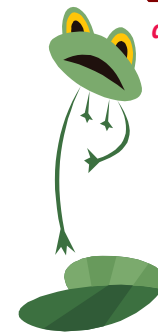
⇒ Clean dentures thoroughly when finished eating *Chametz* before *Pesach*.

⇒ **Denture Adhesive & Cleansers** - Denture-Fit Adhesive; **Fixodent** [Complete, Control, Cream; Denture Cleanser w/Proguard; Powder Adhesive; Complete Original; Ultra Max Hold]; **Polident** [Denture Cleaner Tablets; Overnight Denture Cleaner; Partials; Smokers Denture Cleaner]; **Super Poli-Grip** [Adhesive Cream, Ultra Fresh; Extra Care w/Poliseal Adhesive Cream; Strips].

⇒ **Deodorants** - **All powder and solid stick powders are acceptable.**

*The following sprays and roll-ons may also be used:*

**Aramis 24 Hour High Performance Antiperspirant** [Spray; Stick]. **Arm & Hammer Essentials** [ ]. **Arrid** [Aerosol, Solid; Antiperspirant Spray; Spray Deodorant]; **Irish Spring** Deodorant & Antiperspirant [all]; **Lady Speed Stick Deodorant** [all]; **Mennen Speed Stick** Antiperspirant [all varieties]; Deodorant [all varieties]; **Right Guard Sport** Antiperspirant/Deodorant [aerosol; stick]. **Secret Deodorant** [Powder Fresh; Spring Breeze]. **Sure** Deodorant. Antiperspirant [all]. **Tommy Hilfiger** Antiperspirant/Deodorant Stick.



**In honor of Rivkey Nimchinsky,  
for her many many years of  
dedication  
to YI and the  
Pesach Planner.  
And to our friendship.**

☺ **Janice Kusin**

⇒ **Detergents / Cleansers** - **All O-U are acceptable for Pesach when bearing a regular O-U or other reliable Kosher certification, without special Passover certification. Included is an additional list:** *(Note: all bleach are acceptable for use on Pesach)* Ajax; Clorox; Easyoff; Fantastik; Hagerty; Lysol; Melaleuca *(with a regular Star-K)*; Mr. Clean; Murphy's; Pine-Sol; Soft Scrub; Trader Joe's; Up & Up; Windex.

⇒ **Detergents (laundry)** - **All O-U are acceptable. Additionally, any powder with reliable Kosher certification may be used on Pesach. Included is an additional list that may be used on Pesach:** Ajax; Arm & Hammer; Cheer; Dreft; Era; Gain; Tide. *(Also see Fabric Softener.)*

⇒ **Detergents (dishes)** **All O-U are acceptable. Included is an additional list:** Ajax; Cascade; Dawn; Great Value; Ivory; Joy; Palmolive; Seventh Generation; Sunlight; Trader Joe's.

⇒ **Dramamine**- [Original Formula; Less Drowsy Tablets; Nausea; Nausea Long Lasting] *all may be used on Pesach.*

⇒ **Dramamine For Kids** (chewable, only from Prestige Brands) may be used on *Pesach*.





⇒ **Dried Fruit** - needs Passover supervision.  
 ⇒ Dried fruit with a Triangle-KP is acceptable.  
 (Also see Raisins.)  
 ↳ Kirkland [Costco] Dried Plums / Pitted Prunes usually has a Triangle-KP.



⇒ **Dried Fruit & Nuts locally purchased:**  
 Houston Pecan has a very large variety of HKA Passover certified dried fruits and nuts. HKA Passover certification must be on each package. Check out their Passover selections here:



<https://houstonpecan.com/pages/passover> .  
 (Also see Nuts.)  
 ⇒ **Eggs** - Should be purchased before Pesach when possible.

⇒ **Ensure** - All Shakes, all liquids, all powders, all flavors [with the exception of "bars"] may be used on Pesach.  
 ↳ Also see Glucerna.

⇒ **Fabric Softeners** - Any.  
 ⇒ **Fabric Protectors** - Any.

From the OU "A few – not all – of the Ensure, Glucerna, Pediasure and Jevity products contain oat fiber; the OU has determined that the fiber is not chametz, and the products are permitted to be consumed on Passover."

Look for our "updates page", to be used in conjunction with our Pesach Planner. Our updates page may be adjusted throughout Pesach. You can find the updates on our Pesach Planner website:  
<http://PesachPlanner.org>



Rabbi Asher Block



Diane Puschett

Join us in providing Passover Assistance to our community.

Alexander Jewish Family Service helps over 400 families each year with Passover Assistance.

This year's distribution of Passover Assistance will be dedicated to the memory of **Avrohm Perl**<sup>2d</sup> who served as Chair of this program for almost 30 years.

Please contribute, visit [alexanderjfs.org/donate](http://alexanderjfs.org/donate)

The Board and Staff of Alexander JFS wish you and your family a wonderful Passover!

Carolyn Mintz Kaplan, President, Alexander JFS  
 Carl E. Josehart, CEO, Alexander JFS

Rabbi Asher Block and Diane Puschett  
 Co-Chairs, Passover Assistance Program



Alexander JFS is a partner agency of Jewish Federation of Greater Houston and a United Way partner



## Fish FACTS:

### Fresh Fish:

⇒ If purchasing **fresh fish** for *Pesach* from the store, you must bring your own Kosher for Passover fish knife and cutting board, unless the fish area in the store has been *kashered* specifically for *Pesach*.

### Frozen Fish:

⇒ During the year raw frozen unseasoned fish without Kosher certification may be used only if you can see the skin and scales on each piece.

⇒ **Passover certification is required on frozen fish for Pesach, unless otherwise noted.**

### Frozen Salmon vs. all others:

⇒ Frozen Salmon should not be used on *Pesach* without proper Passover Certification because it may have been soaked in corn syrup or corn starch before being frozen. **This information will not appear on the package!**

### Exceptions:

The following Fish may also be used on *Pesach* with a regular OU on the label, and does not require additional Passover certification.

- ⇒ **Costco:** Tilapia
- ⇒ **Kirkland Signature:** Boneless Farmed Atlantic Salmon;
- ⇒ **Kirkland Signature:** Salmon Portions, Skinless;
- ⇒ **Kirkland Signature:** Skin-On Boneless Wild Sockeye;
- ⇒ **Kirkland Signature:** Tilapia Loins
- ⇒ **Members Mark:** All Natural Tilapia.



### Frozen Fish from the Kof-K

Unfortunately, due to a change in production methods in some companies in Chile involving citric acid (which is Kitniyos), the Kof-K can no longer make a blanket statement regarding fish for use on *Pesach* that is under their supervision. **Therefore, frozen fish under Kof-K supervision requires Passover certification on the packaging.**

**There are a few brands of Kof-K supervised frozen Whiting and Salmon that do not require special Passover certification.**

The following brands of frozen raw unseasoned Salmon with regular Kof-K certification, that comes from Chile (not the USA or China) with the plant codes 10810,8163,10064, 10664, 10067, 10-11-6, 12079 may be used on *Pesach* without special Passover supervision:

- Wegmans; • Mentas Members Mark; • Walmart; • Wellesley Farms • Kirkland

The following brands of frozen raw unseasoned Whiting with regular Kof-K certification, that comes from Chile (not the USA or China) with the plant code 8323, may be used on *Pesach* without special Passover supervision.

- The Great Fish Company • Bowl & Basket • Nafco

### Processed Fish:

⇒ Gefilte fish (frozen, jarred, etc.) requires Passover supervision.

⇒ Lox requires Passover supervision.

⇒ All prepared Fish & Fish Salads require Passover supervision.

### Kosher Fish locally purchased in Houston:

- All HKA certified Kosher fish must ALSO include Kosher for Passover indicators on the packaging in order to use on *Pesach*.



In loving memory of  
our dear friends

Avrohm Perl

and

Benita Cohen.

You are greatly missed.



~ The Hirsch-Ginsberg-Taussig family ~

- ☞ **Food Coloring** - Needs Passover certification.
- ☞ **Foot Care** - Aveda Foot Relief; Eucerin Advanced Repair Foot Cream; Gold Bond [Foot Cream; Healing Foot Cream; Healing & Hydrating Cream; Medicated Foot Powder].
- ☞ **Frozen fruit** - whole, sliced or formed frozen fruit may be used (without added syrup, ascorbic acid, citric acid, or vitamin C) without special KFP supervision. Frozen fruits that are prone to infestation (such as strawberries) requires a reliable Kashrus symbol year-round. (Also See Fruit.)
- ☞ **Frozen fruit juices** - all unsweetened frozen concentrate 100% orange and 100% white grapefruit juices with **no** sweeteners, additives, preservatives, or enrichments (such as calcium or Ascorbic acid) may be used on Pesach, even without regular Kosher certification. **They do not need to be "Grade A"**. All other Frozen juice requires Passover certification. (Also see Juices.)
- ☞ **Fruit** - All fresh fruit are acceptable.

(Also see Canned fruit, Frozen fruit & dried fruit.)



- ☞ **Fruit peeled or cut** - *As a general rule, all peeled or cut fresh fruits need to have Kosher for Passover certification.*
- ☞ **Furniture Polish** - Any.
- ☞ **Garbage bags** -- See *Paper Goods*.
- ☞ **Garlic** -
  - ↳ **Fresh garlic** should be purchased prior to *Pesach*.
  - ↳ **Peeled garlic** needs Passover supervision.
  - ↳ **The following Peeled Garlic may be used on Pesach with regular Star-K certification, no "P" required:**
    - ▶ 365 Organic Peeled Garlic;
    - ▶ First Street Peeled Garlic;
    - ▶ Little Salad Bar — Peeled Garlic
    - ▶ Spice World: Bulk Garlic, Whole | Fresh Chopped Garlic | Peeled Garlic;
    - ▶ West Creek: Bulk Garlic, Whole | Fresh Chopped Garlic | Peeled Garlic.



- ☞ **Gelatin** - Most "Kosher gelatin" is made from non-kosher animals and its *kashrus* is very questionable. Many products containing this questionable "kosher gelatin" have unacceptable supervision and therefore their purchase is strongly discouraged **all year**. Unless there is proper Kosher certification on the packaging, products containing Gelatin should be avoided and not considered to be *Kosher*.
  - ↳ Jell-o, "kosher marshmallows", and many brands of yogurt which carry a "K", contain gelatin and should not be used.
  - ↳ Joyva products are normally under the supervision of the KOF-K during the year. However, the KOF-K DOES NOT supervise any Joyva products for Passover because they may contain *Kitniyos*.
  - ↳ **Additionally, Joyva products are NOT recommended for Passover use even when marked K for P.**
  - ↳ Marshmallows with proper *Kosher* certification still need to have Passover certification in order to be used on *Pesach*.

- ☞ **Glass Cleaner** - See "*Detergents / Cleansers*".
  - ☞ **Glucerna** - *All Shakes, all powders, all flavors [with the exception of "bars"] may be used on Pesach. (Also see Ensure.)*
- Note from the OU "A few – not all – of the Ensure, Glucerna, Pediasure and Jevity products contain oat fiber; the OU has determined that the fiber is not chametz, and the products are permitted to be consumed on Passover."**



Whole Cranberries!



☞ **Glue** - All are acceptable for *Pesach*.

↳ All Elmer's Glue are *chametz free*.

↳ **Elmer's Finger Paints** contain *chametz*.

☞ **Hand Cream & Lotions** - **Aveda** Hand Relief; **Eucerin**

[ Advanced Repair Cream; Advanced Repair PM Scented Light Lotion; Daily Hydration; Intensive Repair Very Dry Skin Crème, Lotion; Original Healing Smoothing Repair Crème, Lotion; Professional Repair Extremely Dry Skin Lotion]; **Gold Bond** Healing & Hydrating Cream; **Pretty Feet & Hands** Rough Skin Remover.

↳ **Eucerin Advanced Repair lotion, and some of the Eucerin Eczema Relief treatments contain chametz ingredients.**

☞ **Hand Sanitizers** - Any without alcohol or ethanol. If the only alcohol it contains is isopropyl, then it may be used on *Pesach*.

↳ The following hand sanitizers are *chametz free* and may be used on *Pesach*:

**Purell** Advanced Hand Sanitizer [foam, gel, wipes, instant hand sanitizing foam].

☞ **Hand Soaps** - See *Soap (Body & Hand)*.

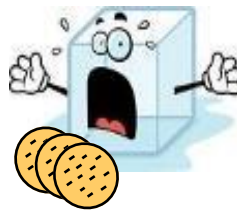
☞ **Honey** - Needs Passover supervision.

↳ Kirkland brand (Costco house-brand)  
Honey usually has an OU-P on the label.

☞ **Household Cleansers** - See "*Detergents (cleansers)*".

☞ **Hydrogen Peroxide** - Any brand.

☞ **Ice** - All plain water bagged ice may be used on *Pesach*.



☞ **Insect/Rodent Traps & Sprays** - Baits may contain *chametz* and should be put away with the *chametz* for *Pesach*.

↳ **All insecticide sprays may be used.**

☞ **Itch relief** – **Eucerin** Itch Relief Intensive Calming Lotion; **Itch-X** Spray/Gel; **Monistat** [Care Itch Relief Spray; Complete Care Gel, Chafing Relief]; **Tinactin** [Cream].

☞ **Joyva products** - See *Gelatin*.

☞ **Juices** - All juices in bottles, boxes, cans or containers need *Pesach* supervision. (Also see *Apple Juice, Orange Juice, Frozen Juices, Lemon & Lime Juice*.)

☞ **Lactaid** - See *Milk*.

☞ **Lemon & Lime Juice** - "*ReaLemon*" (Lemon Juice) and "*ReaLime*" (Lime Juice and Lime Juice Concentrate) may be used on *Pesach* with Regular OU Kosher certification. Other brands should have Passover certification. (Also see *Juices*.)



## The HKA Wishes You a Happy, Healthy, and Kosher Passover

For over 25 years, the Houston Kashruth Association has been a trusted name for the kosher consumers, visitors and vendors in Houston and across the state of Texas. The HKA provides reliable supervision of food establishments and manufacturers, as well as providing to the community:

- Annual Kosher Awareness Month
- Monthly newsletter with the latest local kosher news
- Kosher alerts via email
- Consumer and institutional seminars
- Rabbinical hotline to answer kosher related questions
- Expanded availability of kosher products in Houston

חג כשר ושמח!



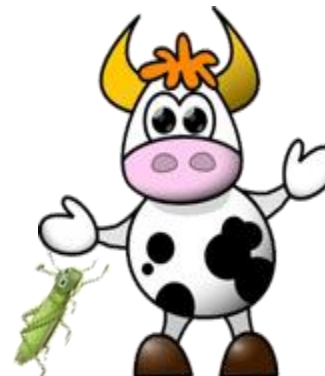
[www.kosherhouston.org](http://www.kosherhouston.org)

832-477-2406

☞ **Lip Therapy** - **Chapstick brand** Classic [Original, Strawberry Stick]; Chapstick.

☞ **Lysol** - All are acceptable on *Pesach*, including Disinfectant Spray.

☞ **Maple syrup** needs Passover certification.



### Got Milk?

TURN THE PAGE TO FIND OUT ABOUT MILK PURCHASING FOR PESACH.





## Meat and Poultry:



- ⇒ Ground meat & ground poultry requires Passover certification.
- ⇒ From the OU: unless otherwise noted, all unseasoned OU raw meat and poultry in their original OU packaging is *Kosher for Passover* all year round.

**However, ground beef and ground poultry that comes with an OU must have Passover certification.**

- ⇒ The OU also stated to us that nowadays liver is *Kashered* before being sold. The *Kashering* process for liver involves broiling. As such, liver requires Passover certification because it is a partially prepared food.
- ⇒ Turkey Burgers, corned beef, precooked meats, meats with sauce, frankfurters and deli all require Passover certification.

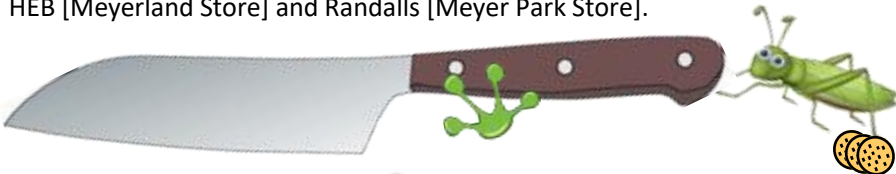
**The following products in their original manufacturer packaging, are Kosher for Passover all year, without any special notation.**

- ⇒ A. A. Rubashkin & Sons Beef & Poultry, raw unprocessed [including ground].
- ⇒ Aaron's Best Beef & Poultry, raw unprocessed [EXCLUDING ground].
- ⇒ Allie Beef, Lamb, Poultry & Veal, raw unprocessed [EXCLUDING ground].
- ⇒ David Elliot Poultry raw unprocessed.
- ⇒ Empire Poultry raw unprocessed [including ground **but EXCLUDING 10 lb tube**].
- ⇒ Shor Habor Beef & Poultry, raw unprocessed [EXCLUDING ground].
- ⇒ Solomon's Glatt Kosher Beef & Lamb raw unprocessed [EXCLUDING ground].
- ⇒ Teva Beef raw unprocessed [including ground].

### Meat & Poultry - locally produced in Houston:

The only meat and poultry certified as *Kosher l'Pesach* by the HKA is produced in the weeks leading up to Pesach and labeled with a KFP sticker.

- ↳ Kosher for Passover meat, chicken, fish [with HKA KFP labels] are available at HEB [Meyerland Store] and Randalls [Meyer Park Store].



## Milk:



Kosher for Passover milk will not be produced in Texas this year.

↳ **The best option is to buy ALL the milk needed for the ten days of Passover before Monday, April 22<sup>nd</sup>, by 12:03 PM.**

↳ This option only applies to unflavored white milk (and not for chocolate milk or any flavored milks). The reason the purchase of milk is allowed before Passover is that any trace of *chametz* from the vitamins or equipment will become nullified **ONLY** prior to Passover. Therefore, buying white milk after that time is not considered approved for kosher for Passover use!

↳ Note: *You might want to freeze half of your milk for the later days of Pesach. A frozen gallon of milk takes about 20 hours to defrost at room temperature.*

- ⇒ **Vitamins added to milk may contain *chametz*.**
- ⇒ **Powdered milk** with an OU-D may be purchased prior to Passover and used on *Pesach*.
- ⇒ **Half & Half** needs *Pesach* certification.
- ⇒ In case of need, Lactaid Milk can be used but it must be purchased before *Pesach*.
- ⇒ **Lactaid Caplets** may contain *chometz* and may NOT be used on *Pesach*.
- ⇒ **Lactaid Drops** - For those who add Lactaid to their milk, the Lactaid drops should be added to their container(s) of milk before their *chametz* is sold on Monday morning, April 22<sup>nd</sup>. The rest of the unused Lactaid drops should be sold with their *chametz*.

- ⇒ **Mineral Oil** - All may be used.
- ⇒ **Mineral Water** - Any unflavored, non-carbonated, without added vitamins or other sensitive additives may be used on *Pesach*.





⇒ **Mouthwash** - **Arm & Hammer Truly Radiant** [Bright & Strong Mouth Rinse; Clean & Fresh Mouth Rinse]; **Crest** [Invigorating Rinse; Whitening Fresh Mint Rinse]; **Listerine** [Cool Mint Antiseptic; Cool Mint Zero Alcohol; Fluoride Defense Anti Cavity; Freshburst; Sensitivity Alcohol Free; Total Care Zero; Ultraclean Antiseptic Mouthwash]; **Orajel** [My Little Pony Anticavity Fluoride Mouth Rinse; SuperMario Anticavity Fluoride Mouth Rinse]; **Scope** [all].

⇒ **Nori** (seaweed sheets used for sushi) needs Kosher supervision all year long, and additional Passover certification for *Pesach*.

### Everything Nuts:

#### ⇒ Nuts - Raw and no longer in their shell:

⇒ **Walnuts, Almonds, Pine, etc:** Whole or chopped *raw* without any added preservatives or other additives [such as BHT or BHA] are approved for Passover.



*Please note that if the label states that the nuts were processed in a plant that processes kitniyos or chametz, then it requires a reliable KFP certification (unless on an approved list) .*

⇒ **Pecans:** Whole & half raw pecans that are no longer in their shell are similar to any raw nuts mentioned above as acceptable for use on *Pesach* if they are *raw* without any added preservatives or other additives [such as BHT or BHA].

↳ However, any pecan pieces, midgets, ground, meal, etc, must have KFP certification.

↳ The following OU certified raw whole Pecans and raw Pecans halves that do not contain any added ingredients or preservatives [such as BHA or BHT] may be used on *Pesach* if it has regular OU certification, without additional Passover certification— Great Value; Kirkland; Kirkland Signature; Kroger; Trader Joe's.

⇒ Nut Products with BHT or BHA should not be used on *Pesach*.

⇒ Nuts that are dry roasted, toasted, blanched, etc. require KFP certification.

#### ⇒ Still in shell:

⇒ All whole nuts (still in shell) that are not legumes (such as peanuts, which are *Kitniyos*), may be used on *Pesach* without any Kosher certification.

⇒ The following OU certified nuts that come in raw whole, raw pieces, and raw nut meal that do not contain any added



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*ingredients or preservatives* [such as BHA or BHT] may be used on *Pesach* if it has regular OU certification, without additional Passover certification— CVS ABOUND [Walnuts]; DIAMOND [Almonds]; GREAT VALUE [Almonds]; KIRKLAND SIGNATURE [Almonds, Walnuts]; TRADER JOE'S [Almonds, Cashews]; TRADER JOE'S ORGANIC [Almonds].

⇒ **Almond Milk** - Requires Passover certification.

⇒ **Almond Flour** requires Passover certification.

↳ **Kirkland Almond Flour** with either a Kof-K or KorcP on the label are both acceptable for use on *Pesach*, as per the AKC and cRc.

↳ **Barney Bakery Almond Flour** with regular OU certification, may be used on *Pesach* without additional Passover certification.

⇒ **Houston Pecan Company** has a large selection of Kosher for Passover nuts, dried fruit, and chocolates. HKA Passover stickers must be on each bag. All nuts are raw, except pistachios. <https://houstonpecan.com/pages/passover> . Their website may not reflect Kosher for Passover products this year. Call 713-772-6216 to place a Passover order.



**Also see COCONUT SECTION ON PAGE 19.**



### Oil Notes:

- ☞ **Regular Oil** - Needs *Pesach* supervision.
- ☞ **Avocado oil** - Needs Passover certification.
  - ↳ **Chosen Foods Avocado oil** and **Avocado Cooking Sprays** (with regular OU certification) may be used on *Pesach*, even without Passover certification.
- ☞ **Coconut oil** - Needs Passover certification.
  - ↳ **Virgin Coconut Oil** — All virgin coconut oils with regular OU certification may be used on *Pesach*, even without Passover certification.
  - ↳ **Kirkland Signature Extra Virgin Coconut Oil** — may be used on *Pesach* with regular **Star-K** certification on the label. Must state that it is a product of the Philippines.
  - ↳ **Extra Virgin Coconut Oil** that is sold under the Trader Joes label, bearing the BCK (or Kosher Check) Kashrus symbol, may be used on *Pesach* without additional Passover certification, provided it is purchased prior to *Pesach*.
- ☞ **Grapeseed Oil** requires Passover certification, unless otherwise noted.
  - ↳ **Pompeian Grapeseed Oil** and **Pompeian Grapeseed Oil Cooking Spray** with regular **Star-K** certification are permitted for use on *Pesach* without additional KFP certification.
- ☞ **Mineral Oil** - All may be used.
- ☞ **Olive Oil** - Regular olive oil requires KFP certification for use on *Pesach*.
  - ↳ **Extra Virgin Olive Oil** with Kosher Certification from the OU or cRc that is unflavored may be used on *Pesach* without additional KFP supervision.

↳ **Light Extra Virgin Olive Oil, Pure Olive Oil, and Olive Oil Sprays** need to have Passover certification for use on *Pesach*.

↳ **Pompeian Extra Virgin Olive Oil** [Robust, Smooth] and **Organic Pompeian Extra Virgin Olive Oil** with regular Star-K certification is permitted for use on *Pesach* without additional KFP certification.

↳ **Pompeian Olive Oil Cooking spray:** [Extra Virgin Olive Oil; and Organic Extra Virgin Olive Oil] Pompeian Cooking Spray may be used with regular star-K certification on *Pesach* without additional KFP certification.


☞ **Orange Juice** - *Fresh Orange Juice* needs to have Passover supervision. Some of the national brands that are available in Houston (for example, Tropicana and Minute Maid) will have Passover certification printed on some of their varieties shortly before *Pesach*. **Remember to check each container before purchasing.** (Also see *Frozen Fruit Juice*.)

☞ **Orthodontic Rubber Bands:** See *Braces & Bite Plates*.

☞ **Oral pain care** - See *Toothache / mouth-ache*..

☞ **Oven Cleaner** - See *Detergents / Cleansers*.





**From Star-K Kosher:**

**Pesach Shiurim for Matzah & Wine - For healthy individuals and for diabetics / those with food allergies.**

<https://www.star-k.org/articles/articles/seasonal/349/passover-guide-for-individuals-with-diabetes-and-food-allergies/>

**NOTE:**

**THE ONLY MEAT and poultry certified as Kosher l'Pesach by HKA is produced in the weeks leading up to Pesach and labeled with a KFP sticker.**



## Paper Goods:

⇒ **Aluminum disposable containers & tins** - Any brand, wash before using the first time.

⇒ **Aluminum foil** - All may be used on *Pesach*.

⇒ **Bags:**

⇒ **Paper bags** - Any, for cold use only.

⇒ **Plastic bags** - All may be used.

⇒ **Chinet paper products** - Often have an OK-P (for Passover) on the packaging.

⇒ **Coffee filters** – Any brand.

⇒ **Contact Paper** - All may be used.

⇒ **Crock Pot Liners** - All are acceptable. (Note: A separate crock pot unit is necessary for *Pesach*.)

⇒ **Cupcake holders:**

⇒ **Foil cupcake holders** - All are acceptable.

⇒ **Paper cupcake holders** - Require Kosher Passover certification because they may contain starch.



⇒ **Paperchef** with regular Star-K certification (no P required) may be used on *Pesach*.



⇒ **Cups:**

⇒ **Plastic & Styrofoam cups** - Any plastic or Styrofoam.

⇒ **Waxed Paper or Plastic Coated Paper** - For cold use only.



⇒ **Cutlery, Plastic** - All may be used.

⇒ **Garbage bags** - Any plastic can be used for food storage.

⇒ **Paper Napkins** - All may be used.

⇒ **Paper towel rolls** - Any brand may be used as follows: The first three sheets and the last sheet attached to the cardboard should not come into direct contact with food since a corn starch based glue may be used. The rest of the roll may be used with hot or cold.



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⇒ **Tablecloths:**

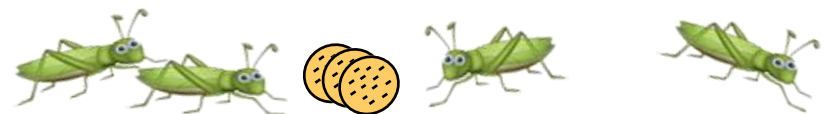
⇒ **Plastic tablecloths** - All clear plastic (non-powdered only) may be used. (For those that are pre-cut, ensure that the plastics are not attached to avoid *Shabbos* and *Yom Tov* problems.)

⇒ **Paper tablecloths** May be used as long as hot food is not placed directly on it.

⇒ Also see "Towels & tablecloths" in "*Kashering*" section.

⇒ **Wax Paper** - Should have *Kosher* certification all year, with additional Passover certification for *Pesach*. Check each label. Many already have the "P" next to the *hechsher*.

⇒ The following are *Kosher for Pesach* without KFP symbol, when bearing regular *Kosher* certification — Cut Rite; Essential Everyday; Reynolds.



⇒ **Parchment Paper** - Parchment paper needs year-round *Kosher* certification, and additional Passover certification for *Pesach* use, unless otherwise noted. Check each label. Many already have the "P" next to the *hechsher*.

⇒ The following parchment paper are *Kosher for Pesach* without KFP symbol, when bearing regular Star-K *Kosher* certification — Amber Paper, Carnation, Chef Elite, H-E-B, Kirkland Signature, Papechef.

⇒ **Geula & Gefen brands of parchment paper require OU-P for Passover.**

⇒ **Plastic wraps** - Any.

⇒ **Plates:**

⇒ **Paper plates** - May have starch, **must** have KFP supervision. ⇒ **Plastic coated paper plates**

– For cold use only.

⇒ **Plastic & Styrofoam plates** - All.

⇒ **Straws** - Any plastic.



כשרות



⇒ **Paste** - May be *chametz*. (Also see *Glue*.)

⇒ **Pet food** - Most pet foods contain *chametz* and cannot be owned or used during *Pesach*. Some canned foods are usable. Check the ingredients to make sure there are no grain by-products. Examples of Pet foods that would be considered to be *chametz* are those containing wheat (cracked, flour, germ, gluten, ground, grouts, middling, starch), barley (cracked, flour), oats (flour, grouts, hulled); pasta; rye; xanthan gum and brewer's dried yeast. Animal food with soy or corn and no *chametz* ingredients is acceptable for use on *Pesach*.



⇒ **Note: animal foods which contain both meat and milk should not be used all year.** To learn about *Kosher* pet food restrictions please see the following article from the Star-K: <http://www.star-k.org/articles/articles/seasonal/375/feeding-your-pet-barking-up-the-right-tree/>

⇒ The following link includes *Pesach* pet food information from the cRc: <https://consumer.crc kosher.org/wp-content/uploads/2024/03/Pesach-Foods-for-Your-Pets-2024.pdf>

⇒ The following link includes pet foods approved for 2024 from the Star-K: <https://www.star-k.org/articles/wp-content/uploads/pet-food-list.pdf>

⇒ **Petroleum Jelly - Vaseline Petroleum Jelly** (original).

⇒ **Plastic wraps** -- See *Paper Goods*.

⇒ **Plates, all kinds** -- See *Paper Goods*.

⇒ **Play-Doh** - Play-Doh is *chametz*. "Knock offs" of Play-Doh are probably also *chametz*.

⇒ **Postum** - See *Coffee substitutes*.

⇒ **Quinoa** – Requires *Passover* certification, unless otherwise noted.

⇒ Quinoa is neither *chametz* nor *kitniyos*. However, since it grows in close proximity to other grains that are not permissible for use on *Pesach*, it requires *Passover* certification for use on *Pesach*. (Also see page 11, "Quinoa Notes" in this guide.)

⇒ **Raisins require *Passover* certification.**

⇒ The following raisins may be used on *Pesach* with regular *Kosher* certification (KFP not required) **provided that it is not oil treated (or that oil does not appear in the ingredient panel):** Dole; Essential Everyday; Gefen; Glicks; Great Value; Green Giant Fresh; H-E-B; Kroger; Sun Valley; Trader Joe's.

⇒ Any raisins with a Triangle-KP are also acceptable for *Pesach* use. Also see *dried fruit*.



⇒ **Roach control** - See *Insect / Rodent traps*.

⇒ **Rubber Gloves** —

⇒ Any without inner powder coating may be used.

⇒ If packaging does not state whether there is a coating, then turn gloves inside out. If powder is not evident, then rub on dark fabric to confirm. If there is evidence of powder, then do not use near food.

⇒ Disposable hospital gloves may contain oatmeal. If the packaging states that it contains oatmeal, then it should be sold and put away with the *chametz*.

⇒ **Salad in bag** - See *Vegetables*.

⇒ **Salt** - Any brand **without** iodine, dextrose or polysorbates. Magnesium carbonate or sodium silicate are fine for use on *Pesach*.

↳ The following brands of salt may be used on *Pesach* with regular *Kosher* certification (KFP not required) **if it is Non-Iodized:** • Artisan Salt Co. • Badia; • Kirkland Signature; • Morton; • Remarkable.

⇒ **Scouring pads & Sponges:**

⇒ Any plain steel wool (without added soap) may be used.

⇒ Any Scouring Pads & Sponges without soap may be used.

⇒ Any OU certified Scouring Pads and powders may be used without additional *Passover* certification.

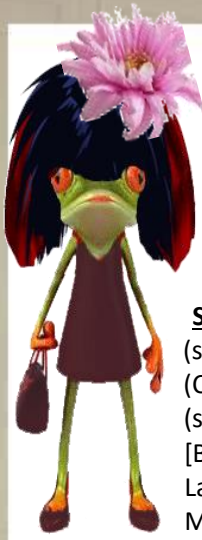
⇒ Sponges should not be used on *Shabbos* or *Yom Tov*, but may be used on *Chol Hamoed*.

⇒ **Seltzer** - Unflavored seltzer does not require any *Kosher* certification during the entire year. On *Pesach*, any unflavored seltzer that does not list citrates as an ingredient may be used. All flavored seltzer requires KFP certification.



Some Raisins are treated with oils that are not permissible on *Pesach*. Only untreated raisins may be used without KFP certification. You must check the raisins on the adjacent list to make sure it is not treated with oils.





☞ **Shampoo & Conditioner**—The following list of Shampoos & Conditioners do not contain *Chametz* ingredients:

**Aveda** Many Aveda products, including [Rosemary Mint Aroma Blend; Scalp Health (shampoo, conditioner)]; **Head & Shoulders** [Active Sport; Classic Clean 2-in-1 (shampoo; conditioner); Deep Clean (Conditioner, Shampoo); Dry Scalp Care 2 in 1 (shampoo; conditioner)]; **Johnson's** [Baby Shampoo— Claming Shampoo; Calming Lavender; No More Tangles Conditioner; No More Tangles Detangling Shampoo];

**Pantene Pro-V** Classic Clean (shampoo, conditioner); Daily Moisture Renewal (shampoo, conditioner); Dry Shampoo Foam; Miracle Moisture Boost (Conditioner, Shampoo); Repaor & Protect ( Conditioner, Shampoo).]; **Prell** — Classic Clean; **Selsun Blue** Full & Thick Shampoo; 2-in-1 Shampoo; Moisturizing Shampoo; Medicated Shampoo; **Suave** Almond & Shea Deep Moisture Hydrating Shampoo; Tropical Coconut Shampoo; **Suave Kids**— 3 in 1 Watermelon Wonder [shampoo, conditioner, body wash]; Almond & Shea Butter Moisturizing Shampoo; Deep Moisture Hydrating Shampoo; Essentials Tropical Coconut (Conditioner, shampoo); Kids Watermelon Wonder.

**Tresemme** Rich Rich Moisture Hyaluronic Plex shampoo.

☞ **Shoe Polish** - Any brand.

☞ **Silver Polish** - Any brand. (Also See "Copper & Silver Cleaner".)

☞ **Soap (body & hand)** —The following list of body & hand soaps do not contain *Chametz* ingredients: **Aveda** Rosemary Mint [Bath Bar; Hand & Body Wash Invigorating Aroma]; **Dial** Bar Soap (all); **Dove** [Bar Soap (all); Deep Moisture Body Wash]; **Irish Spring** [Bar Soap (all); Body Wash (all)]; **Palmolive** bar soap (all); **Softsoap** (bar soap; liquid soap).



Remember to periodically check [PesachPlanner.org](http://PesachPlanner.org) for updates to this guide.

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☞ **Soda** - All soda, diet soda and seltzer needs to have Passover supervision, and should be noted on each bottle or cap.



☞ **Sodastream™** - Carbon dioxide cylinders and Carbon Dioxide Gas Filling may be used on *Pesach* without additional Passover certification. See "Appliances" in section 1 of this guide for more infor on Sodastream™.

☞ **Spices** - All ground spices need Passover supervision. Any whole (unground) spices do not need KFP supervision. Ashkenazim should be mindful of whole spices that are *Kitniyos*, such as mustard. Please see our "Kitniyos" page in section 1 of this guide for a more complete list.



Any plain STEEL WOOL, SCOURING PADS AND SPONGES WITHOUT SOAP MAY BE USED ON PESACH.



## White Granulated Sugar & Brown Sugar with OU certification:

Due to the increasingly common use of Passover questionable processing aids used in the manufacture of sugar, OU Kosher has decided to limit the brands recommended for Pesach use, to those with the OUP symbol.

Rest assured, if any OU certified granulated sugar was used in a *Pesach* product, (post-facto) those foods may still be considered kosher for Passover.



☞ **Suntan Lotion & Sunscreen** - Bobbi Brown Beach Body (lotion, oil, scrub); Clinique Self Sun Body (Airbrush spray; Self Tanning lotion; Tinted lotion [Light/Medium, Medium/Deep]); Clinique Self Sun Face Tinted Lotion; Clinique SPF (35 Targeted Protection Stick; 45 PA+++ Targeted Protection Stick); Eucerin (age Defense SPF 50; Baby Sensitive Mineral SPF 50; Oil-Control SPF 50; Sensitive Mineral Lotion SPF 50); Mary Kay (After-Sun Replenishing Gel; CC Cream Broad Spectrum SPF 15).



☞ **Tablecloths, paper & plastic** -- See *Paper Goods*.

☞ Also See "Towels & tablecloths" in "Kashering" section.

☞ **Tea** - *Flavored Tea Bags*, *Instant Teas* and *Herbal Teas* need special Passover supervision.

☞ All unflavored regular tea bags (not decaf) are acceptable for *Pesach* without special Passover supervision.

☞ All unflavored regular Pure black, green & white tea bags (not decaf) are acceptable for *Pesach* without special Passover supervision.

☞ **Lipton Decaffeinated teabags are no longer Kosher for Passover.**

☞ **Lipton Black Teabags and English Black Teabags are usable for Passover without a "P".**

☞ Instant tea requires Passover certification, unless otherwise noted.

☞ **Swee-Touch-Nee** makes a 97% caffeine free tea and an herbal tea for *Pesach*. Look for Passover certification.

☞ **Sponges** - Any without added soap. Also see "Scouring pads & Sponges".

☞ **Straws** -- See *Paper Goods*.

☞ **Sugar** - Sugar - White Granulated:

↳ The following White Granulated Sugar may be used on *Pesach* with regular OU certification: 365 Whole Foods Market; H-E-B Organics; Kirkland Signature; Trader Joe's; Whole Foods—Bulk Goods.

↳ Any brand of regular granulated sugar without additives that carries the CRC symbol, may be used on *Pesach* without a special Passover marking.

↳ Any brand of pure cane or beet sugar without added dextrose, that carries the Star-K symbol, may be used even without a special Passover marking.

↳ Domino sugar is usually *Kosher for Passover*, and has a Passover symbol on the packaging.

↳ *Brown Sugar and Confectioners Sugar* both require Passover certification. Please see those sections in this guide for more information.

☞ **Sweeteners** - Artificial and other sweeteners need *Pesach* supervision.

## Click here for Passover information from the Jewish Diabetes Association

[http://www.jewishdiabetes.org/article.asp?sivug\\_r=18&sivug\\_m=142](http://www.jewishdiabetes.org/article.asp?sivug_r=18&sivug_m=142)

## Click here for A Diabetic's Guide To Passover

<http://www.kashrut.com/Passover/pdf/FriendsWithDiabetes.pdf>

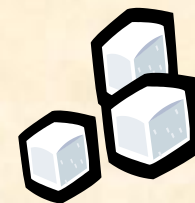
## Sugar on Pesach?

☞ **REGULAR GRANULATED SUGAR** without dextrose added may be used, even without a Passover symbol.

☞ **BROWN SUGAR** may have yeast so it needs supervision.

☞ **REAL CONFECTIONERY SUGAR** may not be used because it contains corn starch. It would need to have reliable "non-Kitniyos" Passover certification, if available.

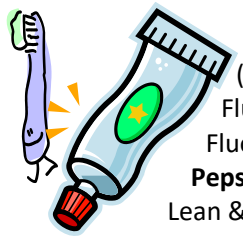
☞ **SWEETENERS** - Artificial and other sweeteners need *Pesach* supervision.



⇒ **Tonic water** - requires *Kosher* certification throughout the year, and additional Passover certification for use on *Pesach*.

⇒ **Toothache / mouth-ache** – **Baby Orajel** [Naturals Teething Gel, Nighttime; Naturals Teething Tablets; Teething Gel(all), tablets]; • **Orajel** Denture Pain relief Gel; • Orajel Cold Sore Cream; • Orajel Mouth Sore [Gel; Rinse (all); swab]; • Orajel Maximum Strength [Gel; Toothache Liquid]; • Orajel Severe Pain [Formula Cream; PM]; • Orajel Severe Toothache Cooling [Gel; liquid]; • Orajel Single Dose Cold Sore Treatment; • Orajel Teething Gel • Orajel Toothache Pain Relief, Max strength, Severe.

⇒ **Toothpaste**- • **Aim** (all); • **Aquafresh** (all); • **Arm & Hammer** Gel, Paste Toothpaste (All); • **Baby Orajel Tooth & Gum Cleanser** (all); • **Close Up** (all); • **Colgate** (all) **uses Vege Glycerin**; • **Mentadent** (all); • **Crest** ( Baking Soda Peroxide; Cavity Protection Gel & Paste; for Kids; Multicare; plus Scope); • **Mentadent** (all); • **Orajel** (Anticavity Fluoride; Elmo Tooth & Gum Cleanser [all]; Fluoride-Free Training; My Way Boys Fluoride; My Way Girls Fluoride; Toddler Training [All]; Toothpaste [All]); • **Pepsodent** (all); • **Sensodyne** [Pronamel; Sensitivity & Gum Lean & Fresh; Sensitivity & Gum Whitening]; • **Ultradent** (all).



### MUST BE A NEW TUBE OF TOOTHPASTE AND A NEW TOOTHBRUSH.



**Machon Tzomet: "Do Not Cover Your Hot Plate with Aluminum Foil" [Click here for more information.](#)**

Sometimes Kosher but not for Passover food items erroneously find their way onto the shelves in the "Kosher for Passover section" of the supermarket.

Remember to check each label carefully for the appropriate Passover certification !!



- ⇒ **Toothpicks** - Any Wood or Plastic that are unflavored and uncolored.
- ⇒ **Tuna** - needs *Pesach* supervision.
- ⇒ **Vaseline Petroleum Jelly** - Original.



**Notes Pertaining to Processed Water, Soda, etc.**

⇒ **BOTTLED WATER** - Unflavored spring or distilled water, without added citrates, may be used on *Pesach* including those with fluoride or minerals.  
 ↳ Water that lists any type of citrate (such as calcium citrate, sodium citrate, potassium citrate, etc.), or citric acid, are not recommended for *Pesach* use.

⇒ **Club soda** - Has additives so it must have Passover certification for use on *Pesach*, but does not need any Kosher certification during the rest of the year.

⇒ **MINERAL WATER** - Any unflavored, non-carbonated, without added vitamins may be used on *Pesach*.

⇒ **SELTZER** - Unflavored seltzer does not require any Kosher certification during the entire year. On *Pesach*, any unflavored seltzer that does not list citrates as an ingredient may be used. All flavored seltzer requires KFP certification.

⇒ **Soda** - All soda & diet soda needs Passover supervision.

⇒ **TONIC WATER** - Requires Kosher certification throughout the year, and additional Passover certification for use on *Pesach*.

⇒ **ENHANCED WATER** - Although the OU approves bottled and distilled water without Passover certification, when it comes to enhanced water, an OU-P is required. This is due to the fact that the enhanced water may contain sensitive ingredients such as citric acid, which may be derived from corn starch or amylase.





# VEGETABLES

- ⇒ All raw vegetables are acceptable.
- ⇒ Pre-peeled vegetables should not be used on Pesach without Passover supervision.

⇒ **Bagged salads** need Passover supervision. Look for Passover certification or a "P" on each bag. This usually appears next to the regular Kosher symbol.



↳ Look for the Star-K-P & OK-P symbols on bags of Dole & Fresh Express Salads.

- ⇒ Carrots do not need Passover supervision.
- ⇒ Baby carrots (raw in plastic bags without additives) also do not need special Passover supervision, but should be rinsed first before using on Pesach.
- ⇒ Precut bagged carrots need to have Passover certification.

⇒ **As a general rule, all peeled or cut fresh vegetables need to have Kosher for Passover certification.**

- ⇒ Canned vegetables need Pesach supervision.
- ⇒ When using romaine lettuce it must be checked thoroughly for insects.

**There are fewer salads available these days with a proper hechsher. If you are planning to use romaine lettuce, it must either have a hechsher or must be cleaned meticulously for insects.**

⇒ The cRc produced a very informative video entitled "How To Check Romaine Lettuce and Other Leafy Vegetables". It can be found in the cRc video library at <https://crckosher.org/videos/how-to-check-romaine-lettuce-and-other-leafy-vegetables/> or on youtube at: [https://www.youtube.com/watch?v=P\\_wobTUx4k0&t=343s](https://www.youtube.com/watch?v=P_wobTUx4k0&t=343s).

- ⇒ Frozen vegetables need Pesach supervision.
- ↳ Due to the proliferation of frozen pasta mixtures, frozen vegetables, which are produced on the same machinery, may not be used for Pesach. All frozen vegetables without Passover certification should be sold with your chametz.



## Peeled Garlic — Exceptions

The following Fresh Peeled Garlic with Star-K certification on the packaging may be used on Pesach 2024, even without Passover listed on the packaging.

- 365 — Organic Peeled Garlic
- First Street — Peeled Garlic
- Little Salad Bar — Peeled Garlic
- Spice World — Whole Bulk Garlic, — Fresh Chopped Garlic, — Peeled Garlic
- West Creek — Whole Bulk Garlic, — Fresh Chopped Garlic, — Peeled Garlic

The following Fresh Peeled Vegetables with Star-K certification on the packaging may be used for Pesach 2024, even without Passover listed on the packaging.

- Lancaster Foods — Carrots (fresh peeled), Acorn squash, Butternut squash, Eggplant; Potatoes, Yams, Yellow Squash, Zucchini.
- Nature's Promise — Organic Butternut Squash, — Organic Squash Medley
- Snow Fresh — Butternut Squash

⇒ Ashkenazic Jews do not eat vegetables that are Kitniyos. See

Kitniyos section on page 11 for a detailed list.

⇒ Vegetable Wash - Needs Passover certification.

↳ The cRc recommends using "Seventh Generation Non-Fragrance Natural Dish Liquid Soap for those who are concerned about a 'soapy aftertaste'."



⇒ Vinegar - Vinegar may be chametz. Kosher for Pesach vinegar is available. Mayonnaise, ketchup, pickles and horseradish, salad dressings and all products which contain vinegar also need special supervision.

⇒ Vitamins - Often are chametz Pesach supervision is needed.

↳ Please note that not all Freeda brand vitamins are Kosher For Pesach.



Note to self... Pesach cleaning is NOT Spring cleaning. Stay focused on the job at hand! Read page 39..



# INJURED?

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↳ The following brands of bottled water may be used on Pesach with an OU without additional Passover certification when it is unflavored and contains no added minerals: 365 By Whole Foods Market; 365 Everyday Value; Aquafina; Aquaviva; Arizona; Foodtown; Gerber; Great Value; Hill Country Fare; Kirkland Signature; Kroger; Member's Selection; Naked; Office Depot; Ozarka; Parade; Polar; Polar Spring; Polaris; Pure Life; Signature Select; Trader Joes.

↳ The following brands of Unflavored water, with minerals added, may be

☞ **Water** - Unflavored spring or distilled bottled water, without added citrate or zinc lactate, may be used on Pesach including those with fluoride or minerals.

↳ Water that lists any type of citrate (such as calcium citrate, sodium citrate, potassium citrate, etc.), or citric acid, are not recommended for Pesach use.

↳ One should try to buy all of their bottled water before Pesach.

↳ As per our continued discussion with the OU, Kirkland Purified Water (with minerals added for taste) is acceptable for use on Pesach this year (2024), provided that it is purchased before Pesach.



used on Pesach with regular OU certification (KFP not required): Dasani; Glaceau Smart Water.

- ☞ **Water Filters** any.
- ☞ **Wax Paper** See *Paper Goods*.
- ☞ **Wine** - Some Manischewitz wines are not Kosher for Passover. Check for **OU-P on EACH bottle**. The "blackberry wine" is not wine. It's bracha is Shehakol.
- ☞ **Yogurt** - Requires Passover certification.

↳ Due to the ongoing supply chain challenges, Dannon apologizes for not having a Passover yogurt run again this year (2024).

Most other products require special supervision. These include milk products, liquors, candy, spices and all canned and processed foods.



# Section 3

# Before & After Pesach The Final Moments



## Last minute Checklist



- Empty your purse & office of chametz snacks?
- Empty the garbage cans and vacuum bags?
- Send a Ma'os Chittim donation?
- Make the salt-water solution for your Seder?
- Check the Romaine for bugs?
- Prepare the Maror & Charoses?
- Make an Eruv Tavshillin so that you can cook for Shabbos?
- Feed your kids on Erev Pesach?
- Turn off the Fridge light & turn on your oven/stove?



### Section iii

- Shopping; selling; Searching (36)
  - Tevilas Kailim (36)
- LEAVING; CHAMETZ ORDERS (37)
  - MA'OS CHITTIM (21 & 37)
  - TA'ANIS BECHORIM (37)
  - BAKING SUBSTITUTES (38)
- EREV PESACH AND MATZOH (38)
  - YOM TOV COOKING (38)
  - ERUV TAVSHILLIN (38)
- BUYING AFTER PESACH (38)
  - SEFIRAS HAOMER (39)
  - CLEAN & ENJOY (40)
- SALE OF CHAMETZ FORM (41)
  - 2024 SCHEDULE (42)
- Paid advertisement / back page(43)

# Section iii: The Final Moments



## Buying For Pesach

When buying items for *Pesach*, please make sure the item is marked "Kosher for Passover" or "כשר לפסח". Some stores may erroneously display *non-Pesach* food as *Kosher* for the holiday.

## Mechiras Chametz

### Selling Chametz

In the past, before refrigeration and preservatives, it was natural to eliminate all *chametz* from one's home before *Pesach*. Today, with those food saving amenities, many people choose to retain their *chametz* for after *Pesach*. Accordingly, a legal mechanism has become popular that allows you to sell your *chametz* to a non-Jewish person for the duration of the holiday.

Rabbi Wender will be available for *Mechiras Chametz* most nights before *Mincha* and after *Maariv* during the two weeks before *Pesach* (except for Friday & Saturday nights). Please let the Rabbi know where your *chametz* will be stored.

For those planning on selling their *Chametz* through Rabbi Wender, **one should meet with the Rabbi in person at some point by Sunday morning, April 21<sup>st</sup>**. For your convenience, we've included a blank "Sale of *Chametz* Form" in this Planner that you can fill out in advance and bring with you when you arrange with the Rabbi to sell your *Chametz*.

All *chametz* which is sold must be stored away in cabinets or closets by the time of the sale, and tape should be applied there to remind us not to open them. The *chametz* should not be locked up. Food that is sold by Rabbi Wender must be in their designated locations by 12:03 PM on Monday, April 22<sup>nd</sup>.

**Chametz sold through Rabbi Wender can once again be used on Tuesday night April 30<sup>th</sup>, after 9:00 PM.**



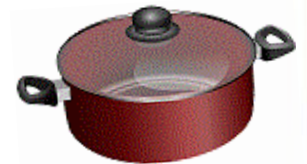
## Bedikas chametz

On Sunday night April 21<sup>st</sup> after 8:35 PM, *Bedikas chametz* is performed. After reciting the *bracha*, a candle or flashlight should be used to check the entire house. **This is not a symbolic search**

**or only a game to find the pieces of bread which were scattered around the house.** All areas which may have contained *chametz* should be searched. After the *bedika*, one should make a verbal nullification of *chametz* in a language that one understands.



## Tevilas Kailim



### Kosher Cook and similar companies:

Please be aware that utensils sold from companies [such as "Kosher Cook" etc.] that state on the packaging "*Ein Tzurich Tevila*" ("does not need to be *toveld*") is only relevant if purchased in a Jewish owned store. All utensils that are purchased in non-Jewish owned stores require *Tevilah*.

## Shopping Alert for 2024

*Hashgachah* agencies across the country are reporting a concerning trend: non-KFP items are mistakenly packaged alongside KFP products, often bearing striking resemblances to each other. Additionally, there's been a surge in new *kitniyos* products this year.



**It's crucial for consumers to exercise caution and thoroughly inspect everything they purchase for Pesach.**

# Going Away for Pesach

**If you are going away before Sunday night April 21<sup>st</sup> and nobody will be staying in your house over Pesach:**

- ▲ Pick one small room in your house for your *bedikah*.
- ▲ Make a *bedikah* the night before you leave, without a *bracha*.
- ▲ Note on your chametz form that you are going away early.

**If others will be staying in your house:**

- ▲ You must clean all of the rooms that will be used.
- ▲ Any room you did not clean must be closed off (with tape or closed doors).

**If you are going away on Sunday night April 21<sup>st</sup> OR during the day on Monday, April 22<sup>nd</sup>:**

- ▲ Make a *bedikah* with a *bracha* on Sunday night before you leave.
- ▲ Burn your *chametz* at the proper time by taking it with you to burn or giving it to somebody to burn for you.



## Chametz Orders



If you have an ongoing order that contains *chametz*, make sure to cancel or suspend it prior to *Pesach*.



One may not order *chametz* before *Pesach* or on *Chol Hamoed* to be delivered after *Pesach*.



### Thanks to

Mrs. Rivkey Nimchinsky and Rabbi Wender  
for all of the work  
they do for us.

The Hirsch-Ginsberg-Taussig family



## Ma'os Chittim

It is a custom to give *tzidaka* to the poor before *Pesach* to help prepare for the holiday. This *mitzvah* is referred to as *Ma'os Chittim*. **Jewish Family Service** collects money for their Passover Assistance Campaign to help local families make *Pesach*. Please see page 21 for more details.



## Ta'anis Bechorim



Ta'anis Bechorim takes place this year on Monday, April 22<sup>nd</sup>. All male firstborn or fathers of young male firstborn must fast or attend a *siyum*. The fast will begin at 5:36 AM. A *siyum* will take place at *Young Israel* immediately after *davening*, which starts at 6:10 AM for the first *minyán*, 7:15 AM for the second *minyán*, and 8:30 AM for the third *minyán*.

### Dietary / Nutritional Supplements

Please click here to read the OU policy regarding Nutritional and Dietary Supplements for Passover.



<http://oukosher.org/passover/guidelines/medicine-guidelines/nutritionals-and-dietary-supplements/>

## Erev Pesach

Chametz should not be eaten after 10:46 AM on Monday morning, April 22<sup>nd</sup>. All chametz must be disposed of by 12:03 PM. The process of destroying one's Chametz is called "Biyur Chametz". After burning the chametz the final nullification of the chametz is said. On Erev Pesach, no matzoh products or baked products made with matzoh meal should be eaten.

## Matzoh

Shmura Matzoh **must** be used for both sederim. Egg matzohs, grape matzohs, chocolate covered matzohs, and Passover Tam Tams are kneaded with "Mei Perot" (fruit juice) and may be used **only** by children or the elderly who cannot eat regular matzoh. Naturally all matzoh must have Pesach supervision, since regular matzohs are chametz.



## Buying Chametz After Pesach

We are fortunate because at this time in Houston there are no stores that present a problem for purchasing chametz right after Pesach. Additionally, bakeries & restaurants that are under HKA supervision, are also acceptable right after Pesach.



## Passover Baking Substitutes

copied from: <http://www.cor.ca/>

YEAR ROUND RECIPES:	FOR PASSOVER USE:
½ cup (125 mL) flour (all purpose)	2 tbsp (30 mL) Cake Meal + 6 tbsp (90 mL) potato starch
1 cup (250 mL) flour (all purpose)	½ cup (125 mL) Matzo Meal + ½ cup (125 mL) potato starch sifted together
1 cup (250 mL) flour (cake or pastry)	¼ cup (50 mL) Cake Meal + ¾ cup (175 ml) potato starch
1 tbsp (15 ml) flour	1½ tsp (7 ml) potato starch
1 tbsp (15 mL) corn starch	1 tbsp (15 mL) potato starch
1/3 cup (75 mL) icing sugar	1/3 cup (75 mL) granulated sugar + ½ tsp (2 mL) potato starch processed in blender or food processor
1 oz baking chocolate (unsweetened)	3 tbsp unsweetened coca powder + 1 tbsp oil or melted margarine
1 cup honey	1¼ cup granulated sugar + ¼ cup water
1 cup graham cracker crumbs	1 cup matzo meal
1 cup matzo meal	3 whole matzos ground in a processor
1 cup wine	13 tbsp water + 3 tbsp lemon juice + 1 tbsp sugar. Mix together and let set for 10 minutes.



## Cooking on Yom Tov

It is forbidden to prepare on one day of Yom Tov for the next day of Yom Tov. Therefore, no food preparations for the meal on Tuesday night April 23<sup>rd</sup> may take place **during the day on Tuesday** for the Tuesday night Yom Tov meal (and second Seder) until after lighting candles (at 8:39 PM) on Tuesday.

Similarly, the following week no preparations for the meal on Monday night April 29<sup>th</sup> may begin **during the day on Monday** for the Monday night Yom Tov meal, until after lighting candles after 8:43 PM in the evening.



## Eruv Tavshillin

We do not make an Eruv Tavshillin this year.

Wishing all our friends a very  
"CHAG PESACH KASHER V'SAMEACH"

Fondly,  
David & Darlene Schwartz



## 🕒 Sefiras HaOmer 🕒

There is a *Mitzvah* to count the *Omer* for seven weeks, beginning on the second night of *Pesach*. The *Mitzvah* is to count both weeks and days. One makes a *Bracha* each time they count. If a person forgot to count at night, they can count during the day the next day without a *Bracha*, and continue making the *Bracha* the following night. If a person omitted an entire day (night and day), they continue counting but without a *Bracha*.



There are many versions of this year's *Sefiras HaOmer* counting chart available. You may access some of them on our **Pesach Planner website** at <http://pesachplanner.org/>. Then scroll down to choose the *Sefiras HaOmer* link.

We've also posted an "updates page" to be used in conjunction with our **Pesach Planner**. Our updates page may be adjusted throughout *Pesach*. You can find the updates page on our **Pesach Planner website**: <http://PesachPlanner.org>.




Remember to periodically check [PesachPlanner.org](http://PesachPlanner.org) for updates!



SOME AFTER-SHOWER & baby powders MAY CONTAIN OAT FLOUR OR OTHER CHAMETZ INGREDIENTS. CHECK THE INGREDIENTS TO MAKE CERTAIN THAT YOU ARE USING POWDER THAT ONLY CONTAINS TALC, TALCUM POWDER, CORN STARCH, OR OTHER NON-CHAMETZ INGREDIENTS.



אג פסח  
כשר  
ועמך



# Notes:



Visit our Pesach website at <http://PesachPlanner.org>

And select our "updates" link for LATE BREAKING NEWS & ADDITIONS TO OUR 2024 PESACH PLANNER



## Clean For Pesach & Enjoy The Seder

Edited by Rabbi Moshe Finkelstein / Kiryat Matteredorf, Jerusalem  
This document may be copied and distributed freely.

These notes are based on the responsa of *Moreinu v'Rabbeinu HaGaon HaRav Chaim Pinchas Scheinberg, z"l*, former Rosh Yeshiva Torah Ore, to questions posed by women attending his regular *chizuk* talks. They have been compiled by a group of his *Talmidim*.

### Preface:

In former times, wealthy people who had large houses also had many servants who did their every bidding, while poor people, who could not afford servants, lived in small homes with one or two rooms. Understandably, the *pre-Pesach* chores of the rich were performed by the servants, while the poor, who had only their one or two rooms to clean, a few pieces of furniture, a minimum of utensils, and some clothing, took care of their needs themselves. In those days, the cleaning was hard. Tables were made of raw wood, requiring them to be scrubbed or even to be shaven to ensure that no pieces of food were hidden in the cracks. Earthen or wooden floors also needed to be thoroughly cleaned and scrubbed.

Today, we seem to be caught in a trap. The average modern home is larger



than formerly. Furniture, utensils and clothing are much more plentiful. The average home today could compare with the more affluent homes of previous generations. However, we do not have the servants that they had, so that, today, all the chores fall on the housewife. At the same time, she feels obligated to clean and scrub as they did formerly, even though she has laminated furniture and tiled floors, making this type of cleaning unnecessary.

As a result of this, the pressure of *pre-Pesach* cleaning has reached unnecessary and overwhelming levels. The housewife often becomes overly nervous, unable to enjoy the *Simchas Yom Tov* of *Pesach* and unable to perform the *mitzvahs* and obligations of the *Seder* night.

### Introduction:

*Pesach*, like every other *Yom Tov*, must be enjoyed by every member of the family, including women. This is an obligation clearly defined in the *Torah* as explained by *Chazal* *zt"l*. We can understand a person dreading *Tisha B'Av* but *Pesach* is to be looked forward to and anticipated with joy. Every woman should be well rested, relaxed, and alert at the *Seder* table so that she can fulfill all the *Torah* and *Rabbinical* obligations and follow the *Hagadah* with the rest of the family. Clearly, the performance of her *pre-Pesach* duties must be balanced against her *Pesach* obligations.

*Pre-Pesach* cleaning is required to avoid the danger of transgressing any *Torah* or *Rabbinical* prohibition of having *chometz* in the house on *Pesach*. It is evident from the responsa of the *Rosh HaYeshiva, shlita*, that this need not be excessive.





# Sale of Chametz Form



**Rabbi Wender will be available for Mechiras Chametz most nights before Mincha and after 9:00 PM Maariv, from April 10<sup>th</sup> to April 18<sup>th</sup> (except for Friday & Saturday nights).**

**For those planning on selling their Chametz through Rabbi Wender, one should meet with the Rabbi in person by Sunday morning, April 21<sup>st</sup>.**

**For your convenience, here is a blank "Sale of chametz Form" that you can fill out in advance and bring with you when you arrange with the Rabbi to sell your Chametz.**



*Note to Seller: Please remember to tape closed or otherwise delineate areas that contain your chametz*

## DELEGATION OF POWER OF ATTORNEY FOR SALE OF CHAMETZ

I, the undersigned, fully empower as my agent (shaliach) and permit Rabbi Yehoshua Wender and/or the "Beis Din of Houston" to act in my place and stead, and in my behalf to sell, trade, or give away all CHAMETZ possessed by me (knowingly or unknowingly) as defined by the Torah and Rabbinic Law (e.g. chametz, doubt of chametz, and all kinds of chametz mixtures), as well as chametz that tends to harden and to adhere to a surface of pans, pots and cooking and usable utensils, and to lease all places wherein the chametz owned by me may be found, especially (but not exclusively) in the premises indicated below, before the time when chametz becomes forbidden by halacha. I do, however, retain the right to walk through those leased areas.

Rabbi Yehoshua Wender and/or the Beis Din of Houston has the full right to dispose of my chametz in any way they see fit and to lease the areas where the chametz is located by transactions, (whether I own that area or rent it) as they deem fit and proper and for such time which they believe necessary. This right also extends to chametz that I might acquire between now (the time I sign this document) and the time of sale of chametz. I hereby give the said Rabbi Yehoshua Wender and the Beis Din full power and authority to appoint a substitute in their stead with full power to sell and lease as provided herein. The above given power is in conformity with all Torah, Rabbinical regulations and laws, and also in accordance with the laws of the State of Texas and of the United States.

Date: \_\_\_\_\_ Name: \_\_\_\_\_ (Please Print)

Signature: \_\_\_\_\_

Home Address: \_\_\_\_\_

City, State \_\_\_\_\_

Office Address:  
(if chametz in office) \_\_\_\_\_

I will be away from home /office during Pesach, and will be leaving before Sunday night, April 21<sup>st</sup> \_\_\_\_\_

The main general location of the chametz to be sold (but not to the exclusion of other locations):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# Houston, TX Pesach Schedule ~ Important Zmanim 2024 | 5784

בס"ד

<b>Rabbi Wender's pre-Pesach Class</b>	Wednesday, April 10 <sup>th</sup> @ 8:00 PM — YIH, in the small Beis Medrash
<b>Sale of Chametz</b>	Weekday evenings April 10 to April 18 before mincha and after 9 PM maariv
<b>HKA Pre-Pesach Kashering</b>	Sunday, April 14 <sup>th</sup> @ Torah VaChessed (5925 S. Braeswood Blvd.) / 11:00 AM—1:00 PM
<b>Rabbi Wender's Shabbos HaGadol Drasha @ YIH</b>	Shabbos afternoon, April 20 <sup>th</sup> / 6:15 PM
<b>Bedikas Chametz / Search for Chametz</b>	Sunday night, April 21 <sup>st</sup> after 8:35 PM
<b>Ta'anis Bechorim</b>	Monday, April 22 <sup>nd</sup> : Ta'anis Bechorim begins at 5:36 AM Minyanim: 6:10 AM, 7:15 AM, 8:30 AM // Siyumim after 6:10 and 7:05 Minyanin
<b>Finish Eating Chametz</b>	Monday, April 22 <sup>nd</sup> / by 10:46 AM
<b>Finish Burning Chametz</b>	Monday, April 22 <sup>nd</sup> / by 12:03 PM
<b>Sale of Chametz Binding</b>	Chametz sales done through Rabbi Wender will be binding by 12:03 pm on Monday, April 22 <sup>nd</sup> . All Chametz that you are selling must be in the designated spot by that time.
<b>Finish Kashering</b>	Monday, April 22 <sup>nd</sup> / by 12:03 PM
<b>Erev Yom Tov - Candle Lighting</b>	First Seder Night :: Monday, April 22 <sup>nd</sup> / 7:35 PM
<b>Candles &amp; Cooking (second Seder night)</b>	Tuesday night, April 23 <sup>rd</sup> / candles & cooking after 8:39 PM — Count #1 Sefira
<b>Chol Hamoed begins / Havdalla</b>	Wednesday, April 24 <sup>th</sup> / 8:40 PM
<b>Erev Shabbos Candle Lighting (Chol Hamoed)</b>	Friday, April 26 <sup>th</sup> / early Shabbos 6:33 / regular candle lighting 7:38 "
<b>Havdalla after Shabbos (still Chol Hamoed)</b>	Saturday night, April 27 <sup>th</sup> / 8:42 PM
<b>Erev Yom Tov Candles (second days)</b>	Sunday, April 28 <sup>th</sup> / 7:39 PM
<b>Candles &amp; Cooking (for last day of Pesach)</b>	Monday, April 29 <sup>th</sup> / candles & cooking after 8:43 PM
<b>Yizkor, last day of Yom Tov</b>	Tuesday morning, April 30 <sup>th</sup> / during morning services
<b>Yom Tov Ends</b>	Tuesday night, April 30 <sup>th</sup> / 8:44 PM
<b>Buying back Chametz</b>	If you sold your chametz through Rabbi Wender prior to Pesach, the Rabbi expects to purchase back any chametz sold by 9:00 PM on Tuesday night, April 30 <sup>th</sup> . If you do not hear from us, then you can assume the buy-back went through.





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